

Concerning The Philosophical Dissolution by Dr M

Dr. Moulton
(See 2nd part)

Metals are generated in the bowels of y^e Earth out
of Sulphur and Mercury as agent & patient fix and
volatile water and Earth.

For Sact gives y^e body and keeps y^e other in its bowels in
closed Spiritually and water gives light Tincture ponderos
ity and malleableness.

For the production of both our Mercurys and Terra
Foliata. We must dissolve y^e body very well prepared in
our water also well Rectified for by dissolving of y^e body
the soul takes it gives Light to it Revives it and brings
it being dead from power to action and Exalts it, and y^e
body again congeals y^e spirit and joyns it self with it inter
nally also that both are become one thing inseparably.

Several ways have been used by the philosophers for
to accomplish this dissolution. one did it by soborating a
long time the spirit upon the body and to by reiterate
labors, the aethereal essence of our water does operate
upon the body, and the body upon the water for being con
tinually kept in heat in this operation the dissolution is
accomplished. one by imbibition for a long time, for by such
an operation y^e soul is insensibly introduced into y^e body and y^e
body receives it also insensibly without doing much harme to
either for this is a natural way to produce our Mercurys and
the most philosophicall for We see that y^e Earth receives
its influences, impressions, and innovations from heaven not
all once but all several times for the production of its
fruits. also the philosophick Sact receives in this operation
the water not all once, but by several innovations. and

and imbibitions, for the production of the mercurys
and terra foliata, others did it by putrefaction and total
dissolution of y^e body att once, here by the meeting of y^e
salt and water so suddenly, there is an alteration
caused but this is not so natural for it is like the
fighting of 2 men, who being both att once suddenly
wounded, are a long time before the recover, also here
it wants a long time before the body and spirit operate
internally because by such a sudden conflict the operat-
ive powers of both are in a manner disturbeth. others
also did it by y^e force of fire, namely by saturating
or imbibing or Cohobating for some time, or totally dissol-
ving and abstracting, and then it is to be distilled by open
fire.

Nature y^e most perfect master of all production openly
shows to us mortals y^e way of dissolving philosophically
for y^e grain put in to y^e earth is insensibly dissolved by
y^e saltish moisture in the earth in which saltish moisture
lies hidden the heavenly power of Revivication and
production for if it was not dissolved the power could
not be brought to action, but Note that the earth is not
dissolved as being fœces & black heterogeneous substance
but y^e grain alone as being the material substance of
y^e fruit or vegetable, also in our earth there is onely
dissolved: be it be done by dissolving and putrefying, or
imbibing or Cohobating or other such methodes of the
Seminale or Spermatick, Living, Lucid Splendor, Residing
in the fœculent Body, which matter is onely the materia
efficiens of both mercurys and terra foliata for it is the

the congealed blood of the green Lyon closed up
there for fear of its enemy which is y^e water and here it
is to be noted that y^e blacknes / in y^e dissolution of the
body always appearing / is nothing else but the abundance
of superfluous & foculent matter—Who by former operations
was not separable, and which in this conflict of y^e water &
earth must separate itself as a leprous substance—in these
operations, the vessels must be perfectly closed because the power
of y^e water must not be lost as y^e most active part of these
2 namely Earth & water. and the water is y^e substance that
informs all actions in whom is inclosed a Solar Virtue and
Therefore all its offspring is Naturally Solar.

It is to be Observed that all these operations concerning y^e
dissolution described by Lully, Rypley, Bacon, Arnold, and
others, altho y^e are diverse in working, yett Turne & come to
one end, for the intention of the artist is to produce the mere-
curys, for which end there is first made a separation of the Crude
Chaos, and a ~~separate~~ purification of y^e separated parts, and
then a conjunction of those separated & purified parts for a more
noble generation then y^e first chaos, which noble generation
is only Performeth by dissolution philosophically for here they
are changed into a nobler thing then the Crude chaos was before
for their power of Returning to their Original is checked by art,
and if this not where there would be no Mercurys brought forth
nor terra foliata as things of a different nature from y^e Crude matter
and this is y^e chief reason for which we undertake this Herculean
labour of producing children far different from their parents
and this difficulty has Tired many persons in our dissolution
for not knowing y^e reasons and Operation they att the end of their

their labour produced nothing else but y^e crude matter again
without any change or operation, as being ignorant both of
y^e nature and art of this dissolution, and say altho the above
sayd philosophers. did divers operations as imbedding dissolving
distilling, Cohobating and many other labour, yett they all
att last by working diversely & Reasoning unanimously brought
forth not an old chaos or crude matter, but a more noble
Branch namely. y^e 2 mercurys & sulphur of nature.
note that all operations concerning dissolution be done in
Balneo, vaporis or maris, for this heat is more proper for it
as being of a putrefying, loosning, & fermenting nature
I say fermenting for here also is fermentation and that
a strong one wick is to be observed, for all things brought
into a ferment degenerate from their ancient & former
state both in Texture and state, as also in their nature
which is to be seen in things, in their beginning phlegm
-atick who by fermentation Turne into fiery and aethereal
spirts, also our body & water both in the beginning water
moist phlegmatick & dead, by philosophick fermentation
are Turned or rather changed into a dry, warm, and
Humid, living, airy & fiery liquor & glorious. Salts.
And consequently y^e most fittest place for this our
Dissolution for like a worm & insect is naturally pro
duced by y^e beams of y^e sun, or by an other heat, in
moist places, and out of moist & inanimate matters, also
our fiery dragons, are in Balneo Produced out of our liquid
broath, but not out of inanimated things, because they
have a heavenly. immortal soul wick is not discovered by
y^e vulgar ly in our dissolution, and hence it is that many

subtile men are deceived in philosophic operations more
Considering y^e outward appearance of y^e matter, then their internal
fiery heavenly soul, the power of all y^e work.

By Philosophicall Dissolution is not understood only dissolving
or bringing hard things into a Liquid forme by y^e help of
menstruums or Liquors, but also of coagulating some time these
Liquid substances into dry formes, for y^e splendor Residing in the
Salt of an Oake is not brought to light but by manifold and
many exhumations and diffusions of y^e said Oake in water
Recreating y^e same in humation oftentimes, also in our dissolut
ion secretly by several and divers operations the Salt which is the
Physical body is imbibed inorated dried digested and circulated
also that y^e inward form of y^e dead body be revived and brought
to light.

Generally it is to be observed that both y^e materials chosen
for the philosophicall dissolution, which are y^e salt paled and y^e
spirit Rectified be cleane & wel dephegmated. The body must be
dried and be without any external moisture. then grounded in a
warm glass mortar, into an impalpable powdre, for you must
know that y^e earth thus subtilized Receives with more ease the
splendid Lustre of y^e spirit, I mean y^e soul, which is the only
proper agent here in this Operation.

When blacknes appears, then Opene your Vessel: if the matter
be dry with Note, and imbibed it againe and inorate it with
fresh Rectified spirit, for here Laton is washed from all
Original Uncleanes, by y^e water of life, and purged, and
after you have thus inorated it, close y^e Vessel againe and
note, that when y^e matter grows white and gummy, or of a
colour like flesh then prepare it into a gummi as you know

and note, that the fiery ethereal soul as soon as she
enters the empty body, she is covered by this Lyon, but by y^e
outward heat, they made powerful to overcome and conquer that
is to dissolve the secret & Gordian knot with tyer of y^e blood
of this empty body I mean y^e splendor, and in all this time while
y^e soul is at work, all is quiet & nothing moving in y^e vessel
because the ethereal soul works insensibly, but when y^e
knot is broken then blackness appears as y^e signe of union
of both these substances and also their compleat dissol-
ution,

The artist must observe, that after these 2 substances are
mixed together, he puts them into a convenient vessel fit both
for rarefaction and Condensation namely that y^e ascending fumes
rarefied by y^e external heat may Condense, and so come down
again and if this be not so practised, the body would never
receive any alteration, therefore lett these sorts of vessels
be not very high, and sometimes these condensed vapors in y^e
upper part must be forced down wards, by applying to the
laid vessel a warm wollen cloath, and also Circulation is
performed lightly, with altho it seems easy yett it is difficult
for those that are unexpert, and if such a True Circulation be
not rightly performed, no alteration does follow which is
black like pitch.

If phlegme be predominant in the mixed matter, then
abstract it gently & keep it for y^e ganime

for the dissolution of our individual, note that the
permanent form be not destroyed by y^e force of y^e water in a
hadden, for this fire against nature which is y^e varpe and
mercurial part of our crude spirit has in it some destroying

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and Suffocating quality, by which the splendor or permanent
forme is destroyed, and to hinder this you must always take
care that you ad not too much water att once to yo body as also
that yo body and spirit, in the very act of mixture be well
grounded & Rubd, for by this work yo power of this water is
checked, and always it is to be noted that in such sort of
work, which belongs to dissolution, alteration, or, imbibit-
-ion such a rule is observed.

Dissolution is also purification, as Hermes says you must
separate the Thick from yo Thin gentle & with great vigency
for after yo fix is dissolved by yo volatile either by imbibition or
by plain dissolution, then separation follows, not done mechan-
ically or manually but only by nature itself which is the
Soul: whose office it is here to act upon yo body, change yo
dead & bring it to life, and purify it from those excrementy
whom rather fire aer or water or earth were able before
to separate with note for when yo blackness is over you may
/ when white / sublime it and you will see yo glorious being
rising from yo froth of our sea and you must know that this
Vile & Terrestrial body after this secret dissolution clothes it
self with a most noble Garment Hermaphroditical that is
betwixt Volatile & fixt.

When yo earth by yo help of our water is brought into a
Liquid form, then yo operation of yo Elementum aquae is over
for the first thing is to bring yo body into yo nature of yo water
by which its Tenuity is manifested, then by circulating, the
aer as yo next operates by purifying these particles of yo
body Homogeneous to yo Soul / Note yo Soul does enter nothing

but what is of its own pure nature, hence comes the great purity of our mercury & Terra foliata, because the are y^e purest parts or Essences rather of the spirit and body. / that y^e fire after y^e aer is Condensed, the fire I mean, which is y^e soul may enter y^e body, in which a natural sympathy is already introduced by the aer and unite itself per minima with its pure body and the signe of y^e truth of this operation is a viscosity manifestly black, to y^e tract like a putrified alkaline oleous salt of a piercing quality.

the fire of y^e first gradus, dissolves y^e mixture of both spirit and body, for here it needs to be strong, because the Temperament of them both is not perfectly performed, in y^e beginning and also y^e disposition of both is so that in a low heat, or could y^e congeale or thute, and then it is difficult to bring them again into adue Regimen, and such a Reincarnation is very dangerous, because of y^e close joining of y^e matter when it is entallered, for the dessein of this dissolution is to keep them both open so long till their interiora are are joined per minima, leaving of y^e original forces, but in the Reincarnation above said it happens, that both forces and purity for want of Circular digestion, are turned into their first beginning that is y^e rude chaos, when Blacknes appears, then y^e fire ought not to be so strong. because both comply with y^e inclination of y^e artist, when before Blacknes the are forced / like two Contraries /

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to agree, by force of external heat, here also it must
be observed, that although a heat, in y^e beginning Vertue by
work suffocates y^e soul in y^e phlegmatick water, and breaks
for want of space y^e vessel, therefore lett such heat be no stronger
then that you may keep y^e vessel in your hand. for y^e space
of $\frac{1}{4}$ of a minute

Then That which is hidden in y^e body is made manifest
by y^e water, & y^e soul of y^e spirit shews itself in the
manifested & Regenerated body Like a shining light
in a polished glass lantern. and so both these powers which
before were incarcerated in y^e Dungeon of excrement, are
sett att liberty and shining like Sol and Luna which are
our mercury & Terra foliata

it is to be noted, that when both are passed into blacky.
that then they are united, and y^e operation partly
ceases. which must be revived again by adding more water
because these powers, that are joined in the first operation
in their best quality are not powerful enough to free the
are pure if to free themselves from y^e excrement but by
y^e help of more water, which gives life and operation
to them and makes them elevate themselves into mercury
and Terra foliata

Of Cohobation - - -

The water after it is well purged by distillations and
also gently dephlegmed must be put into a Circulatory
vessel and there circulated for 5 or 6 days also that the
water be toward hott for then y^e fire against Nature

nature, or of destroying Varie mercurial substance is
not so much predominant in it, then when y^e water is cool and
so y^e body added to it, for note that y^e soul is powerful in a hott
state, for like its character & impression shew its delight
in fire, for its colour. heat & diaphanity as also its
most pure and essential spirituality. being a thing of an
individual nature and wholly sole in itself existent and
Vigor igneus et Origo selectis, this little thing must be offered
namely to Warm y^e water, to rise y^e power of y^e anima
which lies dead in y^e phlegmatick & mercurial watery
substance, and then when y^e water is hott put in y^e your
body f: first ground very finely and most impalpably
upon a glas table or mortar, in a warm place, it must be
finely for then y^e more safely it is to be dissolved in to y^e
water, and if y^e water be $2\frac{1}{2}$ tt take about half a
pound of y^e fixt salt and this proportion of y^e water altho it
is more then y^e proportion of y^e salt yett it is not
dangerous, because the Destroying quality which lies in y^e
mercurial part is checked by y^e predominancy of the
Aether, but if y^e water were could, it would infallibly
doe some hurt, and Note that when all the body is
dissolved clearly. then filter it hott through a Linnen
cloth, first dipt into distilled water & Made hott, if it
were not made hott, the body would presently be incrustate
and thate upon y^e very cloth and hinder filtration
when all now is filtered then put it into a hott place

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and digest it for 7 or 10 days, always keeping it well warm and
Note that in the dissolution of our body in our water and in all
operations whatsoever, y^e vessels with y^e matter within them
be kept always hott for not only to hinder Reincarnation
but also to excite y^e soul in them to be predominant over the
phlegmatick, and encrementing qualities so long till blackney
or corruption does appeare w^{ch} does sometime in solution and
something not happen.

When Digestion is over, of y^e 7 or 10 days then put an alembick
upon your vessel, and draw of your water gently, this water if it be
drawen of gently is most part phlegme, for y^e soul stays with
y^e body and in y^e bottom you will have a fine white salt
but note you may also draw of y^e 4 part of y^e water and
when that is done close y^e vessel again and digest for 4 or 6
days longer then ad an alembick again & draw of again an
other 4 part and digest y^e Remainder again and this is
a secure way having in its Operation a great deal of
Reason & philosophy and this Reiterate till drynes but before
it comes to a compleat drynes it will appeare only moody and of
a visceous Quality: & y^e water abstracted from y^e salt
keep by itself for it is fitt to purify y^e sixth body in place of
Distilled water and y^e salt being dry lett it be where it is
namely in y^e warm place, then take about 2 lb of fresh
strong spirit Dephlegme it, then make it warm by digestion
as afore is said and then pour this warm spirit upon the
warm salt w^{ch} did remaine in y^e same place where it was
before and when all y^e spirit is in y^e vessel, with y^e salt

then close it firmly, and by salt in 24 hours will be dissolved
then digest 5 or 6 days more, and so done put on an alembick
and begin to distill 3 parts from 4 and y^e fourth part with
Remaining is Liquid, because of y^e abundance of Spirit remaining
with y^e body. Take of y^e alembick close y^e vessel in with the
4th part is Remaining, and close also y^e vessel or Receiver in
with y^e 3 parts are of y^e spirit, Lett y^e vessel with y^e 4 part
in it stand where it is for 6 days But y^e vessel with y^e 3 other
parts in it put into an other warm place also for 6 days, then
Open both Vessels, and pour y^e 3 parts of y^e water quickly
Upon y^e 4 part, close y^e vessel, digest them both 5 or 6 days
then put on an alembick and distill as aforesaid 3 from 4
and proceed in all as aforesaid in abstracting digesting and
Distilling or cohobating.

When y^e Salt after several such Cohobations remains alfoin
y^e bottom that it will Not Rise into an Oyle or Sublimat.
but stand Liquid like into an Oyle then Take this oyle and put
it into a vessel with a wide mouth, and flatt in y^e bottom and
ad to it namely to 1st of this oleous Salt two of our fresh
but well Rectified and Dephlegmated spirit, and digest them
both for 25 days by which time y^e oily and greasy Salt will be
attenuated and dissolved, by y^e powerful ether of this our
water, when now the Time of Digestion is passed, then distill
and what distills keep warm, as also y^e Remaining oyle, and
digest every one by itself for 12 days then try y^e oyle by it
self if it will Rise or no, namely Take y^e vessel where is y^e

yourself, Take out of your ashes and put it into Sand well-
warmed before, and give fire by degree and if your self begins with
itself and not Rise. it is a signe that it is not enough attenuated and
dissolved and rarified. Note there are a abundance of forces adher-
ing as well to our spirit as to our well purified body which forces are
so closely United with these Substances that it is impossible to
separate them easily except you Take them Rarify them and
attenuate them, dissolve and forgeate them, and at last by more
force bring them to leave your pure Substances when you keep
imprisoned in their very inward bowels, and this is that Rerodion
work so much spoken of by your philosophers, and very rare
but a good and ingenious workman and that to with great
difficulty will attaine to it. Then Take and put the warm
spirit again upon it and digest it as before, and Rerodion again as
before Reiterating this so long till your pure part of this oily
Substance will Rise in your forme of a milky substance which
milky Liquor Under its opacity has hidden a Redd Saule and
a Transparent glorious Saule like a diamant.

The philosophers in that Operation of your physical Dissolu-
tion which is performed by solution of your spirit upon the
body or by your action of your male upon your body of your female
Did secretly observe, that your Saule of your masculine sperm
which is your ether of your water elsewhere called filius soli
your son of heaven does not enter its designed habitation
in a visible forme, that is to say in such a manner that
man could say now he did know it, but in such a manner

that no mortal eye can observe it, and this is one reason that
so few men are knowing in this dissolution and solution
but invisibly in y^e water like y^e soul in y^e blood he
works, this invisible agent as soon as he enters the
body he is killed by its horrible emptiness and fragility
but y^e outward agent helping the inward agent brings
y^e same by degree from power to act hence it is that many
are mistaken, who fancy that one dissolution is done when
it only begins.

The body is calcined by y^e water namely when y^e water is
abstracted from it y^e earth remains in y^e bottom with y^e
power of y^e calcinative water, and this calcination and
cohabitation is done so often till y^e body is freed from all
excrements by y^e help of y^e water and note that in this
secret calcination you must observe that after the abstraction
of y^e water you dry y^e body gentle, but not so much that
it may melt, for if it would melt its pores would be closed
to such a degree that it would be difficult to resolve it again
and note that to prevent y^e melting of your body you must
abstract it always in a Boiling Balneo for y^e same heat
is not so great as to melt y^e body and also y^e impression of
this heat is so that it is able to dispose y^e matter to a
quicker dissolution, attenuation, and putrefaction
to make quickly y^e mercury you must cohabit y^e spirit
upon y^e body, till y^e hidden is manifest and y^e elements are
related that is when all is liquid namely when in y^e beginning

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beginning the fact is dissolved in y^e spirit then y^e Element
of dead is predominant, namely water in whose bosom y^e other
all are confusedly hidden, y^e aer has no power to clean, the fire
nothing to illuminate, nor y^e earth any thing to Condense
but this devouring Element contains them all prisoners, and
when it is now all liquid then distill and y^e water, because of
y^e multitude of aer fire and earth goes first over, after it goes
y^e aer Rarified by y^e following fire which shows its angry
look by its yellow colour, but y^e earth y^e force of all
remaining in y^e bottom, and when y^e liquid Elements are
all poured again upon y^e earth then by degree y^e fire is
Condensed by y^e earth and y^e earth illuminated by y^e splendend
brighting of y^e fire and its force paleined, and by further con-
-densation the aer is subtilised by y^e fire and retained by them
namely by y^e earth & fire for both their Life and sustentation
and note also that before y^e aer is fixed that is before the
mercurial fire against nature is Refined by y^e fire and earth
that is by y^e soul and y^e salt, the fire has no total Union with
y^e earth for this namely y^e mercurial forme is y^e medium
to unite firmly y^e body with y^e soul and also serve them for a
Receptacle, for without y^e aer there would be no Blacknes in our
Dissolution nor a Trachy in Vinty nor a mercury with aer fire
& earth nor a tena foliata with fire & ~~but~~ aer, and you must
observe that in this operation your vessels are well luted or better
where if the whole all of one piece for y^e aer and fire are very
subtile and therefore y^e want good & close vessels.

Take 2 lb of our purified body grinde it ~~well~~ upon
a Marble or glass table or a Mortar; then put to it so
much of distilled Common water that it makes a soft paste
This paste rest for y^e space of 2 or 3 hours, also that all
y^e salt be excellently well diluted then put this matter
into a Large and Capacious vessel fix on y^e top of it
funnel into y^e funnel to y^e vessel s: you must ad water to
the body in the beginning and bring it into a Liquid
paste because when y^e spirit is poured upon y^e ~~body~~ ^{dry} body
there because of y^e vehement operation of y^e spirit a
vast quantity of y^e salt is lost, but now it is not so
for y^e dry spirits that cause y^e Vehemency of working
are clogged by y^e moist matter, and y^e salt has no liberty
of evaporating because of y^e density and humidity
of y^e matter. If then take this vessel also prepared and
put it upon a place of warm ashes but not so warm as
y^e Sun in June but a very little Remiser then take
8 lb of of well purified spirit, pour it by degree through
y^e funnel into y^e Capacious vessel perpendicularly upon the
moist matter, and there will arise a Mighty noise but
without coloration of the vessel s: note when y^e spirit is
poured in a close vessel upon y^e dry salt it makes a
great noise and y^e salt extend: itself through the
Vessel in a purple & yellow ^{ish} color: and when all the
spirit is put upon y^e body after this manner then let it
stand for half an hour, and after that time take of

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Eagle water

Take of y^e fucnel and Stir the Matter very well with a
wooden or glass instrument, Take y^e vessel close it, and put
it into ashes and make a good fire under it also that y^e vessel
growes pretty hott Lett it stand also for one night or 12 hours
then you will see some fozces settle to the bottom, and if the water
be very serene and clear then decant it into another vessel fitt
for circulation but this vessel must be first warmeth, but if the
water in y^e vessel be not clear enough to decant it, then Circulate
it for 8 or 10 hours Longer till it be fine and serene, this Liquor
Decanted and put into a vessel take and Circulate it for 8 days in a
middle fire, then opene it and put on an alembick and closing y^e
joints of y^e alembick very well ad to its nose a Receiver and distill
gently and there will distill first a phlegme, but when y^e acid spirit
comes change y^e Receiver and ad to it a new y^e phlegme you
may sling away and distill all into the receiver what will
distill and what is distilled warme a little and put it upon the
Remainder dissolve it and digest it for 8 hours then decant y^e
clear from y^e fozces as afore, distill presently as afore Receiving
first y^e phlegme and then changing y^e Receiver and Receiving
y^e spirit, wich put again upon y^e Remainder and decant it
after 8 hours digestion this Reiterate so for 10 or 12 times in
wich time you will have dephlegmed y^e matter also that no
acid spirit rises more but it then rises in a viscus drish
form with y^e salt

This is y^e first degree of dissolution of our green Lyon in ity
Eagle water but to procede further doe also

N^o. fifty six days

Take this matter and digest it for ⁵⁶ days in a Balneo in a good strong heat and you will see it alterate sometime to a blew sometime to a green and sometime to an asch colour. but att ye end of 56 days it will be of a livid colour and much altered.

Then take and if it be $2\frac{1}{2}$ ad to it 3 and $\frac{1}{2}$ lb of y^e highest and best Rectified spirit Lett it stand in Balneo for 12 days then distill and whatt distils will look a little yellow with Take y^e dephlegme it gently in Balneo maria, then powe it again upon y^e remaining matter digest it for 12 days more and then distill again as you did before and y^e spirit will come over more yellow as before and somewhat more oleag. with take and dephlegme it as before then put y^e dephlegmed spirit again upon the remainder, and digest and distill, and that which is distilled dephlegme as before, with destillate so often till your water rises as thick as blood thick and leaving your matter behind black like a cake of melted salt.

Take this black salish mass dissolve it in 2 parts of fresh crude spirit, stir it well, f^r Note you must powder the salt first very finely. then digest it for 6 days and that liquor which is clear decant leaving in y^e bottom a blackish sediment upon which put again 2 parts of its own weight of fresh spirit, digest it, as before and decant what is clear and what remains is a black insipid Terra Mortua, and this is an excellent way of washing y^e latons. Take y^e clear Liquors in which the salt is dissolved abstract them together in Balneo, and in the bottom

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Bottom will remain a fine white salt, which take dry it well and
pound it very finely and powder upon it the above said Red water
f. Note you must Rectify y^e above said red water 3 or 4 times in fresh
velvety before you put it upon the salt / Digest them both for 8 or 10
Days and part of y^e salt will be dissolved. then distill in the same
vessel gently and there comes up first a white and serene water which
keep by itself and when y^e liquor begins to grow yellowish then
change y^e same and apply an other and continue your distillation
and y^e head water rises clear as a Ruby and when there distilles
no more of y^e said red water, then Augment y^e fire, and by
Augmentation of it there will rise a Volatile salt, keep it in
such a degree so long till you apprehend that there rises no more
of that salt Then augment y^e fire and so long continue it till
y^e bottom of your vessel be red hott then lett it cool of it self &
Take out your sublimat keep it by it self but break y^e vessel
in which you will finde a cake of melted brittle matter powder
y^e same, and powder upon it finely powdered both y^e white &
Red Liquor, Digest them as before, and distill them as before
separately and also sublime as before Repeating this same
Operation so often till your salt is all deprived of y^e volatile
salt which you may see when it remains dry insipid and in
y^e forme of an impalpable powder which fling away then
take y^e white and red ~~red~~ Liquor, and keep them every
one by it self but y^e sublimat which were collected from
y^e several sublimations Take and mix them - and then
sublime them together once or twice more and then keep
it, for it is y^e sulphur of nature

Note that when y^e read and white liquor are poured
Upon y^e salt for to extract y^e Terna folata you must know
that so often as the are distilled so often the are rectified
and also acuated by some part of y^e volatile salt.

You must observe that in y^e sublimation your vessel be
coated very well with lute bearing y^e fire because it keeps
y^e vessels from breaking and if y^e should breake y^e sublimat
rich vifis in a spiritual forme would certainly be lost for
it is a most penetrating substance searching every corner
of y^e vessel for a place to escape but finding none it reasumes
its Corporal substance again in y^e forme of a white sublimat
Take one pound of y^e wel purified salt dissolve it over the
fire in a glass vessel rich must be pretty large with a close
mouth in 2 lb of distilled common water and if in this
dissolution appear y^e least visible substance of any facey
then filtre it, if not lett it stand in y^e same hott place
for 1 hour, then pour into the dissolution 4 degree 3 pound
of our wel rectified spirit and Note that in this pouring in
there will rise no yellow fumes, and so consequently none are
lost for y^e are condensing by y^e swamping quantity of
Common distilled water, and also y^e water be here predomin-
ant above any thing yett y^e soul mixes itself with the
body in y^e belly of y^e water, when now all the spirit is in
the vessel close it and lett it stand in a hott place for 3 or 4
Days in wick time there wil be settled abundance of white forces
Coming partly from y^e salt & partly from y^e water and spirit

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Then when that time is past, Take of y^e clear from the
foecy by decantation and with a boyling fire abstract all the
humid substance from y^e dry and you will finde in y^e bottom
of your vessel a fine and white Transparent massa, w^{ch} take
when it is cold and powdre it finely in a glas mortar or plate
and put it upon a flat glas dish having a hole in y^e middle
cover y^e same with a linnen cloath but also that y^e linnen
cloath does not tatch y^e salt lying upon y^e plate dispersed
put this plate in a moist cellar so long till all your salt
is dissolved into a liquid substance, and run throug the
hole in y^e middle of y^e plate into a vessel close joyning to
y^e sayd hole in y^e middle of y^e glas plate, when all is
dissolved take it and put it into a vessel well closed digest
it for 7 or 8 days, in a gentle heat, and in y^e bottom
of your vessel you will have a muddie sediment, but
y^e clear Liquor filter through a paper as also y^e muddie
sediment & y^e muddie sediment will remaine in y^e paper
in y^e forme of a viscus substance w^{ch} dry and it is
an insipid earth, but y^e clear Liquor take, and put
it into a vessel abstract all the liquid substance and
in the bottom you will have a fine white salt altered
in y^e first degree of dissolution, Rarefied and opened
by several operations and more fitt to enter into another
state then it was before

Take this altered body and if it be one pound ad
to it two of our well Rectified spirit put them both into
a

into a Balneo for y^e space of 120 days in such time the
matter wil be resolved into a liquid Brown substance then
opene the vessel and distill gently all y^e phlegme that
wil rise put y^e phlegme again upon it and distill again
after 4 or 5 days digestion, and y^e phlegme wil be acuated
with y^e substance of y^e water, put y^e acuated phlegme
again upon y^e remainder, and digest again for 4 or 5 days
this Operation continue till there rise with y^e phlegme
a penetrating spirit of a yellow colour, which take and
dephlegme it for y^e phlegme now has performeth its oper-
ation because by its Liquid nature it has resolved and
brought forth y^e hard Masse, also that it is now more
dividual then before and its nature more resolvable, take
y^e yellow water and after you have dephlegmed it put it
upon y^e remaining matter, digest it for 24 days and distill
gently in Balneo, and you wil have a serene water then put
your vessel into ashes, and by augmenting y^e fire there
wil rise a Red Liquor the red and white mix and so so-
-late them together so often upon y^e remaining Earth
till y^e Terra foliata Rises then separate in Balneo y^e
white from y^e Red

The dry Quality of y^e Earth wants y^e moist quality
of y^e water for by y^e moist and hott quality of y^e water
y^e dry and Cold Quality of y^e Earth is softened Warmeth
purified altered and with both these Substances y^e
Dissolution is performeth

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of Imbibition.

Our fix Salt must not be dissolved all at once but it must be imbibed with our water from day to day gently and casually for y^e power of y^e Earth in y^e beginning is weak & cold and therefore it must be used gently, that by y^e great quantity of y^e hott and moist water the Earth be not destroyed and its germinating & propagating quality extinguished.

In calcination of our body y^e Soul of y^e spirit is introduced into y^e body, and fixed with it in y^e fire, for that purpose that the body may be more fitt afterwards to imbite y^e spirit because the body is made more fiery more thirsty and y^e soul introduced into it longs for y^e conjunction of y^e volatile with its brother and when y^e body thus prepared is imbibed by degree with our water also that y^e volatile do not exceed y^e fix and when y^e same substance always remainy in a dry forme then no rekindation of both is to be feared and y^e operator worke secure without fearing any such thing

The body must be ground subtilly upon a glass stone or in a glass mortar and then imbibed with y^e 10 part of its weight of y^e spirit in a warm place grinding always in y^e very act of imbibition, for then you take y^e soul in a Redden and because there is powder enough the water is presently invisible then grinde your imbibed matter for 3 hours longer because y^e grinding & rubbing joynes them close together but you must asate y^e imbibed matter again that is you must take y^e same and put it into a vessel

and with a gentle heat drye matter and deprive it of all
the contracted phlegme for in y^e very time of imbibition
because of y^e preadon in a part of y^e body the body attracts
a moisture of y^e air which must be incorporated by assation, and
by this operation namely assation, the body is in a manner
calened and made more greedy of amplexing and imbibing
more water, and this is to be here observed that y^e desaigne
of introducing y^e soul into the body after this manner
of imbibition, is that by this operation a vast quantity
of soul is imbibed by y^e body: because in all other proce-
dure of dissolution the body is either weakened by addition
of more quantity of water then y^e body is, or either
plainly suffocated also that for y^e congelation of such a
quantity, as is then added, there requires a great subtilty
of operation, which here is no occasion for, and by con-
sequence there is but a little quantity of soul united with
y^e body: for as soon as it is assailed again it is able
to imbibe again and its inward forgoing quality is
more fortified for this to be noted also that y^e more soul
or ather is in y^e dissolved substance y^e more stronger
will be y^e mercury of Terna foliola. and when now y^e body
is assated or gently dried then imbibe it again as before
After imbibition you also always must dry it for 5 or 6 days
and this is very good because its inward heat is strength-
ned and fortified for all sudden operations of y^e water
and this is y^e desaigne of assation, and y^e body

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Being of a Rocky Saline nature is not easily altered
as by this manner of operation, for its inward bowels are
rotted by degree and y^e Soul as a friend introduced easily becomes
at last a Master & Commander.

This insensible and easy way of our dissolution must be
performed in a warm place, in close vessels, whose mouths are
wide also that you may take out your assated body with a
glass Ladle, or other instrument fitt for that purpose.

The phlegme must here absolutely be dephegmed and the
matter deprived of all extraneous humidity and moisture
for the are heterogeneous to y^e matter, hinder y^e operation
of y^e Soul, because it is always introduced into y^e body in a
very little quantity and by consequence the humidity or
heterogeneous moisture is always master in y^e beginning
when y^e matter or salt has imbibed enough then
Dephegme it well of all heterogeneous moisture, and dissol
ve it in y^e spirit also that it is total Liquid, and altho it be
now totally dissolved yett, because y^e Soul ~~has~~ has bin before
introduced into y^e body by degree; therefore this solution
does not suffocate it at all, for so much Soul as has bin
before introduced into it is double or Triple y^e quantity
as is in this dissolving water, which note, and hence it is
that y^e Soul introduced into y^e body before is always master
not in y^e beginning of imbibitions, but at y^e end of them
for then a sufficient quantity is there settled for to conquer
all other attempts both of spirit and body.

The imbibition of y^e salt must be continued gently from
time to time so long till y^e salt will imbibe or retaine no more
which you know when you assalt it if y^e water rises as strong
as it is powerd on, then you have y^e signe by which you know
that y^e earth has its due proportion of y^e water and
this is a most natural way, for we see that every Matrix
in Animals Receives as much of y^e masculine forme
as is sufficient for y^e formation of y^e Embrio and what
is Superfluous is Rejected by y^e Matrix as unfit for gene-
ration, and it is also to be observed / because y^e despoine
is y^e volatilisation, or dissolution, or sublimation of the
body / after y^e body has naturally imbibed its due pro-
portion, of y^e spirit, you must, after you have done
Dephlegmation, digest it a good while before you ad any
more of y^e spirit to bring it into a liquid forme because
such adigestion, termated y^e imbibed matter to a more
superior stronger Constitution, to beare naturally y^e other
water / and note that all things in this operation of
imbibition, are done by y^e Rule of Nature, ~~which is~~
~~this operation, where operation~~ to make our mercurys,
and because itself is not able to doe any such operation
for want of convenient place of purification of its several
Products therefore we ad art to perfect Nature as is
seen in this operation where assation and dephlegmation
and depuration are artificially introduced to bring nature
to her highest Degree of perfection / which is a great secret

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and known to fire, and hence is that some people after plain imbibition digest their matter without bringing it into a liquid matter, and so after a most tedious operation I dare last make their mercurys, which is a long & tedious way yett natural also, but to make a kind of abbreviation and to keep nature complicitly it must be brought into a liquid matter and it is true that all generative operations proceed from things reduced into a liquid substance either by art or by nature.

all things that are produced by nature abound with forces. which are true principles of dead and destruction where every thing abound, and nothing in this world is without these principles, gold itself, & most perfect creature in y^e mineral kingdom participales of them, and these are y^e substances, which render perfection, our body also contains them yett these either separated by calcination and a singular manuduction or after calcination by our sharp water.

Take three pound of our wel prepared body, which is porous fusible and without any forces, poude it very finely, then put it into a glas mortar sett y^e glas mortar in warm ashes, and grinde your poude there till you see it to be most impalpable, then ad to it y^e 10 part of our spirit red-dephlegmed, grinde it very well for 2 hours, in the same glas mortar then take it out of y^e mortar and put it into a cucurbit with a wide mouth ad to y^e fieurit a blind head digest it for 6 days then take of the blind head

it must be digested six days in a cucurbit with a blind head -

and put on an alembick, distill gently all humidity that
will distill and when you see that there distills no more liquid
matter, then take off your alembick and put upon your vessel
a blind head again, digest the dry matter for 8 or 10 days
in a moderate heat this is your physical calcination which
does not by fire but by our ardent water full of your aetherial
fire which burns your forces of phlegm, and turns your clean
purified body from a vile and abject state into a more
noble one. Hermes, generally describing this operation
in his Smaragdine Table hints only your purification
when he says. Separabis Venam ab igne. Subtile a Spisso
Suaviter & magno cum ingenio.

When your matter is now digested then take it out put it
into your warm mortar & grind it finely upon warm
ashes then add to it again the 10 part of your spirit &
grind it as long as you did before, then put it in to the
cucurbit add to it a blind head as before, and digest it
for your same time as you did before, and then distill off
all your humidity as before assate it again for your same time
then take it out again, and proceed with grinding in a
hott mortar, and imbibing and digesting, and dephlegming
and assating so long till you see that in dephlegmation
of your matter your imbibed spirit rises as strong as you
did put it to your body. then leave off take your matter out of
your vessel and grind the same in a hott mortar for 4
or 5 hours, but take care of the fumes of this intoxicated

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matter, then put it into a Vessel of glass and digest it there
by itself well enclosed for y^e space of 24 days then take it out and
grinde it as before in a glass warmed mortar for 3 or 4 hours and
then if y^e matter be 5 Pound ad to it drop hyd^rop of well d^eph^r
legmed spirit 2 pounds and you wil find y^e matter growe fatter
and greasy & tending to Liquidity then grinde it for half an
hour and put it into a Circulatory Vessel ad to it an alembick
and gently draw off so much of y^e phlegme as with an easy
fire wil Rise, then take off y^e alembick and put on a stopper
close it very firmly and digest it for 2 days and all wil
be liquid thick and oleous because of y^e abundance of fire
enclosed in this viscid matter then goe on till blacknes ap
peares as a compleat union of both spirit & body and a sep
aration of y^e heterogeneous from y^e homogeneous subst
ances

When Blacknes appears digest farther till your
matter growes whitish for then it is able to bear another
imbibition for its compleat perfection, for you must know that
both are in a weak state having undergone y^e chief
alteration, and of them selves they are not able to elevate
themselves into a better state, therefore when y^e matter
is whitish ad to it an 8 part of well d^ephlegmed spirit
! But note, this operation would succede better if to one pound
of our spirit were added 2 ounces of y^e y^etema foliata digested
for 24 days and then by solution brought into one water
which after it is d^ephlegmated must be Circulated for 10 or

12 days, to bring it into a vegetable quiescence able to
vegetate y^e dead body altered by y^e former Operations. /
and grinde it very well, put it into a cucurbit and digest it for
3 or 6 days, then dephlegme and when dephlegmed then digest
it again for 6 days, this operation of grinding imbebing, diges-
ting and dephlegming Reiterate so long and so often, always
nicely touching till your snatter will imbibe no more / nor it
is grown from a child to a man, and cannot contain itself
in its proper Bounds, but must exalt itself into a more
high & nobler nature. / then close y^e vessel and digest it
till it grows Liquid, this Liquid substance dephlegme
again and after it is well dephlegmed then digest it into
a viscous gummi like Sap or jelly with Take and dry
it into a powder, in an open vessel, and when it is dry

℞ eight times, dissolve it in 8 parts of phlegme, well rectified digest the
as much phlegme dissolution for 4 days in a warm place, then filter it and
as y^e gummi when filtered abstract y^e clear Liquor to a gummi with take
dry it and put it into a retort distill out of it Sol & Luna an y^e
Morning Star of Venus.

The body is dissolved by continual operation and y^e spirit
is created by y^e same operation, that is our body whose
outward substance and quality was hard fixed and white
is now made Liquid fiery and Red which is our Mercury
for he is y^e blood of y^e green Lyon, and y^e substance of
y^e spirit which was Liquid and fiery is turned or made dry
aereal & splendid which he was not before and this is the
True Manifestation of y^e fix and Volatile /

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Take 2 lb of salt well purifyed, and Calined to rednes grinde
it into an impalpable powder in a warm mortar, ad to it y^e 6th
part of well ephlegmed spirit, then take and grinde them, and
when they are grounded for 2 or 3 hours, Take it & put it into a
Crucible and dry it over a quick fire but Take care that it doe
not melte, and when it is dry digest it in a close vessel for the
space of 20 days, f: 13 here spirits are Calined and Turned from
their proper nature into another. namely into a Terrestrial
dead & viscious nature Those spirits I say whose Nature
before was Heavenly and aereal are now Terrestrial,
and you wil find y^e matter to be like lead Calined to rednes
but somewhat of a deeper colour Take this lead matter
and ad to it again by imbibing & grinding as afore said the
6th part of well ephlegmed spirit, dry them in a Crucible
as is sayd before then digest them again and when they are
digested for 20 days imbibe them again, and this reiterate
namely imbibing drying in Crucible and digesting for
8 several times, then Take y^e lead matter, and if it be
2 $\frac{1}{2}$ or 3 pounds. ad to it if it be 3 lb 2 $\frac{1}{2}$ lb of new spirit
put them in a Close vessel keep them in a boyling balneo
for 8 days, 13 y^e vessel must be very Large for it must
have space ~~of~~ for y^e vapours of y^e water to Circulate
and when y^e 8 days are Over then open y^e vessel
and gently distill off all y^e spirit w^{ch} spirit wil be
very weak then take 2 lb of new spirit ad the same
to y^e Remaining matter and closing y^e vessel put it into

into a Boiling Heat as you did before, then when the
8 days are over, take it out, off the balneo and put it
into ashes, and Circulate them there till you see them
perfectly altered, then Take y^e altered matter
and if it be 3 lb add to it $\frac{1}{2}$ lb of y^e spirit closing the
vessel digest it for 25 days and it will turne into a yelly
rich drinke into both. Mercurys & Terra foliata.

Like y^e ferment added to a paste also our spirit is added
to y^e body for his living power is y^e ferment Turning att
last all y^e pure part of y^e body into its own nature
and note that this fermenting spirit is added to y^e body
by little and little for y^e fermenting quality is so strong
in this spirit, that if all would be added att once to
y^e fermentable body or matter, the strength of it would
tear & smother and suffocate y^e body also that all would
be in a confusion.

Take 4 pound of our well Rectified spirit dephlegme
it gently in a warm Balneo then put it into a Circu-
lating vessel and Circulate it also gently for 3 weeks
in such a heat that no readnes of vapours may Rise
when done put upon y^e vessel an alembick and
closing y^e joints very well Distill gently all y^e spirit
over with spirit so done is very serene and in an excellent
perfection, and more fitt for any sort of imbection
because by such a digestion, the volatile soul or y^e Red
ether is made more Corporeal or fixed as it may be

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Called, and therefore, when such a digested Essential spirit
is brought upon y^e body by degree, or imbedded into the
body the same spirit does not worke upon y^e body as it did
before with violence, for y^e violence of operation proceed
from y^e varipeng of y^e mercurial fire against nature,
and from y^e Volatility of y^e Soul; with operating power
here is checked by Ripening in a little manner some of the
mercurial part, and fixing in some part y^e Soul, and this
alone makes y^e spirit not only fit but also its Penetraty and
clarity which digestion has introduced into it.

Take half a pound of w^hl Calvered Salt of y^e adrop
grind it very well in a warm mortar, then ad to it
one ounce of y^e prepared spirit, grind them, very well
then digest them, in a close vessel for 4 or 5 days, in which
time y^e spirit is w^hl joyned with y^e salt then draw off as
much phlegme as you can and digest y^e matter remaining
in y^e vessel for 6 days, then ad to it again one ounce of y^e
above prepared spirit, and proceed as you did before namely
by grinding digesting abstracting, and astringing so
long till y^e sayd 8 ounces of salt have imbeded 24
ounces of spirit for y^e spirit also prepared is more
inclined to Corporality and so subtle to worke with
y^e body also that y^e vehemence of y^e spirit w^hch self
hinders y^e body from apprehending y^e spirit is partly
Repared as above sayd. Now take this fermented and imbed-
ded matter affate it very well for 20 days also that

that it may be deprived of all humidity and phlegme
for if it was not well assated, and dried it would not
easily dissolve in y^e following Operation, and Note
That y^e assated matters doe not easily take any
exhalancy Corruptible and destroying matter for their
innate power is so closely worked together that it
admits of nothing that is heterogenious to its own
nature then take y^e matter dried and well assated, and
beate it into smal pieces and put it upon a glas flat
table with a pipe in y^e middle ad to y^e pipe a vessel
to receive y^e dissolving saltish Liquor, put your
Vessel into an open aeri place, where y^e sun or rain
or dust cannot reach it, cover it with a linnen
cloth also that y^e cloth does not touch y^e sayd
matter lying spread upon y^e sayd Table. Note that
one such a dissolution done in y^e airt is operatly more
forcey then 4 dissolutions could doe else, and it also
makes y^e matter very subtile and diaphanous, then take
all y^e Liquor digest them for 4 or 8 days, in a warm
place, and you wil finde a fine viscos settlement which
separate from y^e clear Liquor.

Take this clear Liquor and if it be one pound ad to it
half a pound of Rectified & well digested spirit, mixe
them wel and Lett them digest for 30 days moving and
stirring them every day once or twice, in a good heat
& and note that water mixt with water is not easily separa
ted as fast is in these Liquid Substances for y^e spirit Entering

Entering
Dissolved
y^e same
body, and
Time is
upon y^e V
Heterogen
= meaning
til it be
pouder it
into a cl
Vapors
Dissolved
must be
with a
power it
enter y^e
work,
opening
in a sau
Matter
when it
again in
Resolved
Congeale
Several

Entering y^e open body opened by several imbibitions and now by
dissolution and rarified and attenuated by y^e ac^r, percheate
y^e same per minima and joyn^g it self with y^e inward party of y^e
body, and this is an excellent way of mixing. / and when that
time is over, take y^e our phlegmatick matter, digested, and put
upon y^e vessel an alembick and draw off all y^e phlegmatick and
heterogeneous matters which fling away, but y^e substance re-
maining in y^e vessel Take and after closing y^e vessel digest it
til it be dry and of a brownish colour, this Take out and
pouder it finely in a glass mortar, and put it thus powdered
into a close vessel Luted very well, and sett y^e vessel in balneo
vapouris for 10 days, or longer till you see all y^e matter
dissolved by y^e vaporous heat of y^e balneum but you
must cover y^e place of y^e vessel where it is Luted
with a glass cover also that y^e vapours of y^e water whose
power it is to resolve, doe not resolve y^e Lute and also
enter y^e matter, and this accident would spoyle all the
work, when y^e matter is dissolved Take it out without
opening y^e vessel, and put it into y^e same degree of heat
in a sand furnace for 10 or 12 days, in which time y^e our
matter will congeale and be finer then it was before
when it is now congealed take out y^e vessel and sett it
again in Balneum, and lett it be resolved again by y^e
resolving vapours of y^e balneum and when resolved
congeale again and you will see y^e our matter appear in
several shapes & Colours some Like a Ruby Emerald and

and Saphyr, then dissolve it again as before, reiterat-
ing this dissolution and Coagulation so often till your
matter does not coagulate at all but Remains Like a jelly
of y^e Colour of Red Amber/. and note that this is one
way of dissolving y^e body and spirit after y^e physical
way and here you see that always and in every dissolution
there appeare some forces in y^e matter which afterwards are
separated.

Take your Matter which is Like amber, and cut it into pic-
ces with a knife of Ivory or glass put it into a Vessel and pour
Upon it y^e phlegme abstracted in imbibitions and kept, and
2 or 4 times Rectified, and when it is dissolved digest it for 3
Days, then there will settle some foculent matter, now
Decant y^e clear dissolution from y^e forces, and abstract it
to y^e Consistence of a jelly as it was before with jelly like
and dry it in an open Vessel into a poudre, this poudre
distill in a retort, into y^e mercury and Terra foliata.

Of Alteration, Dissol- ution and Putrefact- ion, of the Body.

The body of itself being an empty thing without any
quality of motion can of itself bring forth no offspring
Nor it self is not able to be made a mercury of y^e Spirit
without y^e Spirit for it is y^e Spirit that brings y^e form and
action into y^e body and brings y^e dead and frozen quality
of y^e body from power to action hence it is that y^e acidity
of y^e body by philosophers is called Calor foemella

Take y^e
into a Ve
Take 2 lb
put it in
Take one
Spirit by
point of
as it com
Spirit is
when no
knife, a
salt is b
salt be
fire, an
from y^e
note tha
with y^e
y^e body
then it is
body for
the body
Take this
again a
spirit a
little an
matter
so often

Take y^e body wel prepared grinde it finely then put it
into a Vessel in a strong heat for 4 days, and in y^e mean time
take 2 lb of Spirit put y^e Spirit into a Vessel with a wide mouth
put it into very warm ashes, and when y^e Spirit is wholly warm
Take one pound of y^e warm salt, and put it into y^e warm
Spirit by degree namely Take as much as will ly upon the
point of a knife and put it into the Spirit w^h as soon
as it comes into the spirit, it makes a great noise and the
spirit is a boyl^{ing} Like aque fortis when it is dissolving silver
when now y^e boyl^{ing} is over, put in another pointful of a
knife, and this continue so long til y^e whole pound of y^e
salt is brought into y^e 2 pounds of the Spirit and if the
salt be congealed with y^e spirit then dry it with a gentle
fire, and if it be liquid, then abstract al y^e humidity
from y^e matter til y^e salt remains dry and very white, and
note that y^e salt is sometimes dry and sometimes Liquid
with y^e spirit and this proceeds, from y^e goodnes or badnes of
y^e body and spirit, for when y^e body is dryed with y^e spirit
then it is a signe of y^e goodnes of both but specially of the
body for it is a signe of abundance of splendor hidden in
the body.

Take this dry salt, and grinde it finely, make it hott
again as you did before, and take two pound of fresh
spirit and warm it as before, and put in your body by
little and little as before till all is in, then dry again your
matter and this operating with fresh spirit Reiterate
so often til in your drying of it y^e Lead spirit Rise.

Life, this is a signe, that y^e body has Spirit enough, but
Take care in al this dryings of y^e fumes of this our Saturnus
water, w^{ch} fumes in y^e drying Rise & Subtily without
perceiving them. the are noxious to y^e head and occasion
palps and Convulsions because of their fuming quality
When now your body is so prepared take it and if it be 2
pounds ad to it 2 pounds of wel dep^legmed Spirit mix them
very wel, and digest them for 6 days, then abstract y^e spirit
and what is abstracted cohobate again vpon it and
this Cohobation accelerate with y^e same water vpon the
body & time, but note that before every abstraction of
y^e spirit, the matter be wel digested for 1 or 2 days, when
now y^e Cohobations are over, keep y^e spirit by it self
wel closed, for he is acuated by y^e salt of y^e fix body, but
y^e remaining salt Take and dry it very wel and put it
into a crucible make it warm gently and so augment the
fire to that degree that y^e salt begins to melt, but when
you see the salt to begin to melt, then leave of and
Take it and grinde it very Subtily into an impalpable
poudre, ad to it fair distilled water and dissolve it, and
when it is dissolved digest y^e dissolution for two days
and in w^{ch} time there wil settle abundance of feces
filler y^e clear dissolution and abstract it in Balneo oz
ashes, to drynes, take y^e dry salt w^{ch} wil be white &
like Alabaster grinde it into a fine poudre and put
it into a dissolving vessel, and put vpon it the acuated

acuated
Digest for
and closing
all of and
before, dig
as before
Reiterate
ogle and
now y^e ac
also that
Volatile
that y^e s
both nat
orto Vol
and this
Take y^e
into a ve
y^e vessel
Vessel a
part of f
all the s
put on an
matter th
then close
in w^{ch} Ti
When y^e
= tile Sal

acuated spirit above referred, and sett it in a warm Balneo to
Digest for 4 days, then take it out of y^e balneo, and put it into ashes,
and closing y^e joyns of y^e vessel very well, distill your acuated spirit
all of and y^e salt Remains dry wick take and Calenst as you did
before, Dissolve it in new distilled common water separating y^e feces,
as before and then dissolve it again in y^e acuated spirit as before
Reiterating this so often till y^e salt is without feces. fusible as
oyle and Diaphanous.

now y^e acuated water must be fixed and congealed upon y^e body
also that y^e spiritual Soul may become Corporal in y^e forme of a
Volatile salt which is y^e proper habit of a soul, for w^hke know
that y^e soul as long as she is not in a most perfect state is between
both: namely fix & Volatile, Turning to both sides either to fixity
or to Volatility according as it happens in y^e order of production
and this state is y^e first step of plain fixation.

Take y^e fusible salt, grinde it and when grounded then put it
into a vessel and ad to it y^e 4 part of y^e acuated spirit close
y^e vessel quickly, and Digest them for 2 days, then opene the
Vessel and inorate y^e salt again with the fixt fourth
part of fresh spirit acuated, this inoration continue til
all the spirit is come to y^e body, then Take y^e vessel and
put on an alembick and distill of all y^e phlegme from the
matter that possible you can, and when that is so done
then close y^e vessel againe, and Digest them for 80 days
in wick Time y^e body and salt wil be turned into an other state
when you see it to be dry then distill from it a liquor and a Vol-
atile salt

The ball of our matter, which is your gold of your philosophers
is altered and brought from a vile nature into a noble one
by our spirit, by several ways, namely by dissolving your body
and by imbebing your same body without spirit by degree or by
Cohobating your spirit upon your body for several times, and by
all this operation your earthly dissolution is performed which dissolu-
tion is but a calcination or separation of your pure substa-
nce from your impure, for your pure substance of both is that
thing which your philosophers desire namely your mercurys and
Terra foliata, which substances, thus prepared are no more subject
to alteration, as you were before, for now they are glorified
and regenerated, and their bodies so purified that nothing
can hurt or touch them.

The gold of your philosophers is our saline body white without
and dead within, they our gold is dead without its mercury namely
its spirit and this revivication of your dead body is only per-
formed by your spirit, who by his moving and working quality
resolves calcining and destroys your foculent matter liberating
your golden Red and bloody Tincture from its prison which is our
mercury. and for so doing proceed and Take — —

4 pound of our well purified body grinde it finely in a warm
glass mortar then dissolve it in 8 pound of our spirit namely
Take you 8 pound of our spirit pour them upon your body in a
Large Vessel under a chimney by degree so long till all the
spirit is upon your body and note that there will be a great
effervescence and abundance of Red fumes doe rise

Then Take
Days close
Dissolve
into an
vesicle
more, a
Distill your
aid to it
that is a
that time
matter of
and your
Heat, a
is dissolved
powerful
mutual
Dead, a
When re-
open your
phlegma
Air and
with a
There, a
penetrates
Dried me

Then Take y^e mixture and Lett it in a warm place for 24
Days closing y^e vessel very well, in w^{ch} time you w^{ill} see it all
dissolved of a sea green colour, filter this sea green Liquor quickly
into another warm vessel and when it is filtered then close the
vessel very well in to w^{ch} it is also filtered and digest it for 24 Days
more, and then open y^e vessel, and Lett on alembick vpon it, and
Destill gently al y^e phlegme from it, and when that is done
add to it of y^e best and well Rectified Spirit 3 pounds and when
that is added close y^e vessel and digest them for 24 Days, when
that time is past open y^e vessel and Dephlegme y^e sayd
matter again as you did before and then close y^e vessel very well
and Circulate y^e matter for 110 Days, in a good putrefying
heat, and in this time the strong and firm body of our salt
is dissolved and attenuated by y^e water and its marvellous
power is Lett att Liberty by y^e soul of y^e water, for their
mutual union is now come, and in their Embrace they are
Dead, and this is y^e signe. Morning & Blacknes.

When now y^e matter is perfectly well putrefied then
open y^e vessel and abstract with a gentle fire all the
phlegme that will Rise from them and when that is done
Rise and Loosen y^e matter from y^e bottom of y^e vessel
with a Stick of Ivory or glass for it is apt to stick firm
There, and then y^e power of y^e adding water can not
penetrate so quickly this solid mass of y^e congealed and
Dried matter, when now y^e matter is loosened and well

well stirred, then ad to it, so much of well dephlegmeth
spirit, that it becomes like into a thin paste then dephlegne
it and when dephlegmeth close yo vessel very well and
digest yo matter so long til all is dry, then opene the
vessel again and stir your matter again with a glass or
Ivory spoon as before, and ad to it again as much spirit as
before, repeating this so often, till yo matter after con-
=pleat digestion remaining fatt and gummos, not Congealable
then Take it and dissolve it clean in our spirit and what
is dissolved separate from yo fozces settled in yo bottom and
when separated abstract it gently till yo matter is dry
This Matter is distilled into a white and read Mercury

Note that in all adding of yo spirit to yo matter putref=
=yed and brought to blacknes, you must not augment the
gradus of fire but rather lessen yo same, because the
brought of yo fire was used in yo beginning of dissolution
onely for to force by its Operations, the matter to a Conpl=
=ement & perfect mixture for yo are very stubborn and
raw, which after blacknes is not, and also then yo matter
being yett raw and full of excrements can not move but
by a strong external Agent, which is not in blacknes for
there the are digested and their fozces are no more
adhering to them for yo are parted from them.

Let yo vessels be Exceeding Strong and well shaped for the
Reperussion of yo spirit for use a hott cloath must be
used for yo due & reasonable supression of yo Elevated spirits

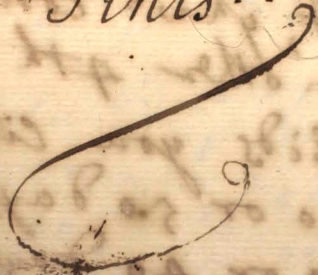
All
vapors,
for putref=
al putref=
haire
You may

All Dissolutions are to be done in Balneo maris or balneo
vapour, and al Congelation in Sand, al Circulation of Liquids
for purification ^{on} must be done in fine ashes, as y^e Quintessence
al putrefaction in Balneo (wherein are Sawdust and a little
raie)

- ~ -
All circulation of
Liquids -
for Purifications
must be done
in fine Ashes -
- ~ -

You must take y^e body and y^e spirit both clean

Finis . . .



Observations on the Spiritt

Dr Moulin The Spiritt must be digested 3 weeks
in Balneo twice filtered at least

Then Rectifyd gently in Ales
to be filtered
throw a fine soden or 8 times; but better in Balneo
linen cloth
in 3 folds Then dephlegmed in Balneo aioth

And also part at a time twice says Dr M
when you Parifionsy Bids you dephlegme
take ye mind
one 4th part, y^e co^ld dephlegm
again an other 4th part
Raymond Bids you circulate
ye Spiritt 40 or 50 days -
Dr M - 30 or 40 days -
and always bid you after ye
Rectifications to circulate
for ten or 12 days at least

when you add ye Spiritt to ye Body
is good to take of some of ye Spiritt
it has corrumpting sulphur
ye quality of ye phlegme wch
will make ye dissolution goe better
it must be very serord and warm
before putt on ye body

And then drop by drop grining
well and taking care of ye fusion of
To try ye strength and goodnesse of ye Spir
grind it with a little of ye body and if it
be soft as butter all is well.

Dr Moulin commends ye circulation of ye Spir
for 21 days after 8 rectifications & dephlegmation
then to Rectifye it once more & putt it upon
the Body -

Dr Moulin, ye gentler the crude
spirit is rectified or distilled the better
NB the great secret is to preserve the
tender vivifying tripping parts of ye
crude spirit, wch are ruined by any
force of fire, therefore be most cautious
to preserve em, by digesting in balneo
to gett of adustion, to in humate and
patify betwixt every rectification
for ye neglect of this causes many to
err as black Holes and inf obstructions will

Distill by way of Alembick in
balneo, at least in fine sand or Ashes
wth 2 parts of calind wch prepared
Virriott phyllos: to one of ye mindra and exced
not 3 pound of both in a distillation
choose yr mindra yr self and
trust none nor buy, clean and
purify it well in glass vessels bott
it ^{not} to boyle but evaporate, and be
sure to dry it well; then bott it
stand some time in ye vessels well
luted before distillation

Aristotle; to Alexander Bids you
be ware of too often Rectifying and
distilling for y^e matter will be
weakened wth over much doing
and if ye one of ye causes yt runn
persons into errors Thats chym-
And adds y^e spiritz and menstrums will
Rectify themselves by time. NB —

Dr Moulin. on you dophlegmo the
 crude Spirit lett it be done in
 an Alembick in Balneo taking
 a 10th part, then digest y^e remanent
 10 days and dophlegmo again
 lett ing y^e spirit grow cold — before
 digesting y^e 10 days —

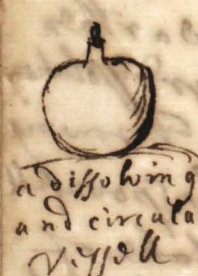
Dr Moulin distilled y^e first Eagle water
 thus he began wth dry gently y^e distillation
 increasning y^e heat wth wth till y^e red
 fume of can. & then he change y^e receiver
 lett ing y^e other wth y^e strongest of lute
 viz of honey & scales of iron bolus and
 glass and in increasning y^e fire wth
 gently took all y^e can. & in wth fume

Observations on The Body and Nicely Touching Dissolution

Dr Moulton Your Body must be freed from all forces
that can be got of by art, be clean
pores and fluid.
It must be kept hott aday or 2 then
beaten to a fine powder whilst warme
and ground well.

Your Crucible must be Luted wth clay
and charcole dust thinly to hinder
ye body wⁿ melted from running
thru and one Crucible putt in another
and well covered least smoke
flame of fire sh^d gett in ye body
being an agnet and draws in
heterogeneous substances to it, w^d would
spoyle y^e work.

like wise your vessels must be
well covered and use no farther
wand but glasse and lett yr dissolution
be large in warme water throwing
in y^e salt hott powder by Spoonfull
at a time, and wⁿ cold take of
a fatty substance wth will rib wth
a wood sh or glasse spoon wth holes
lett yr dissolved matter remain
six days - in warme ashes for 3 or 4 days
Better - To s^t the faces then filter thru
and g^raine gray paper double or treble fold
after thru Take care in distilling y^e water from
fin^d linnen y^e salt you suffer y^e matter not to boyl
wⁿ out down at y^e later end for y^e w^d carry of
Quare some of the salt over



in his gift
to answer
to the Pope

Let the water you use to cleane and
dissolve the body in be 3 or 4 times
distilled and 20 tyfied - 6 or 7 times better
will take 40 or 45 days to Rubifyd
the body wch may be done in fine sifted
sand in flatt glasses going day
for night 8 days increasing it till
comd to a subliming fire for 1 week
Note the Body is half full of forces do all
you can

Take care how the body when
purified gets airt for it will not
imbibe the quantity of spirit as it ought
Therefore keep it in a stone or dry place
You must use a glass mortar sitting
on a wooden in warme find sand to
operate in

You must change the water of Balneo
once a week and but once an eek
you must put sun dust and haire cut
to putrefy the matter with a heat
can not but just hot & vessel in hand
beginning with an easier heat and
abate wch blackness appears of
at 3 parts of the vessel should
be empty if more the better

Be empty if more the better
Arnold de Villa nova says you put
a linnen cloth about the vessel
is Absolutely necessary before you
go to purify the fix body to deprive it
of all its spirit or flegme wch may
be by putting it in a retort and forcing
out the remaining spirit if any be left
for 12 hours space when no more spirit
is found in the receiver leave of

Dr M - You may by cohobation wch the body is
Dr Taber - Rubified bring up the wet

Dr Moulin says in his Noty^e latter end of this
Book yt wⁿ you have imbibed y^e stone powder
time and after have putt new Spiritt upon
ye body you may after a few days putting
ye matter in Balneo to dissolve carry it
into Ashes and digest into a viscosity. NB—
Also wⁿ you find ye matter to become
obscure and to thicken ye affayre good wth on
ye salts shoud always cool of themselves
in ye Lardrall operations for if exposed
to aire wⁿ hott would attract so much
aire as woud be a damage to the Operation
You shoud putt ye spiritt warme drop by
dropp upon ye powdered warme body and
let some little time passe between each dropp
grinding well all ye time and 2 or 3 hours
after each imbibition digesting 8 days
then dephlegming and affate for 6 or 7
days more in a gentle heat after ye
have dephlegmed and to know wⁿ all
ye flegme is gott out try whether any
thing will prey upon a piece of polished
steel — some times try requinte 12 or 14 days —
some times 25 to 30 — and to fiftie
in Balneo Sand and Ashes —
You shoud not dephlegme till after
days 60 past because some of ye ripe
at first will go wth ye ran and this to be
observed in most operations —
you must be sure to lute well and keep
out all aine else ye matter will never
rip on into 3^d and 4th of Nature, for y^e living
fire getting in woud keep ye always ran and
to keep out aine and after to dephlegme
as occasion requir^t will bring on y^e dissolution
Besids ye best spirits will gott out and by al
be disappointed and if they be long atopp off
ye will y^e must reproduce em wth warme clothy filled
wth warme Ashes

you must account of so much Spirit only
as is upon sword. by weight congrad by ye Body
The Calidity and Viscosity of ye Body y^e great
Secret of ye Congelation and Dissolution —
The Body wⁿ lett runn per ddigium the 3^o or
4 times as much faces as any other way and
wⁿ ye dry ye Salt, it is and melts like Borax
you must lett ye Body be cots in ye glasse
retorts after Abstraction of ye Water then wⁿ
ye break ye Salt w^{ill} stick to ye glasse and do damage
wⁿ ye matter comes to be black thers a perfect
union of ye Soul and Body and the living
quality prevails and are loosed from ye
Dead ones, and this happens not but wth this
sign appears, then take it and dry it gently
in Balneo, and gett of a little flegme
to osning at ye sides and ty ready for a
new imbibition —
The Volatile must allways exceed & fix
and strive to hinder R^ein crudation wth
never happens in imbibition —
If it happens y^t you dry up ye matter too soon
and it appears R^eddish before Black put
em into Balneo Vaporis and wⁿ dissolved
digest easily and Blacknesse will come wth it
Dr Moalin All before. Some do after imbibition
and this of our Body assate in Balneo but
I think assation is better performed in Ashes or Salt
then in any R^esolving heat. —
The Body after ddphlegmation must be assate
in a close Vessel and wⁿ Assation is over lett
it grow cool then imbibe it heating it as before
again. Observe in the Dissolution of ye Spirit & Body
in order to make ye 2^o & 3^o and to bring ye matter to
Blacknesse; you keep ye matter allways in a viscous
Liquid

Liquidity, for in dry Matters, there's no generation
The Living fire of y^e Soul of y^e water is the
Key y^t unlocks y^e body and causy^g dissolution
wth is not performed all at once but by diverse
grindings imbibitions solutions congelation
etc till y^e body is brought into a viscus gum
that is reduced to its first matter.

The Body wⁿ abstracted must be beaten presently
in a hott mortar or else if it were beaten in a cold
one will beat into a mass and no pieces
you must observe always to stir y^e matter in drying
of it for will be better assayed and fitter for imbibition
for it sticks not so close together nor runs into a mass
The spirit that is often made a paste with y^e body
Totally dissolves it at last and this must be often redit
varied y^t y^e viscosity of y^e body be made most liquid
Blackness lasts 40 days at Longst and y^t it changes by
adding new water. this is our Albyfying water
removing all Blackness and introducing whiteness
Separate y^e phlegme before Blackness for y^e
sd phlegme settles it self in y^e topp of y^e vessel like
dew or Tears and y^e sp^t circulating. Thus it self also
in y^e dropps esd descends not upon his matter again
in order to its action if it so happens you must force it
down again wth warme cloths wth is tedious
When whiteness appears after Blackness in dissoluti
and youd know. wth y^e right time to distill our
ys take a little and putt upon a red iron and wⁿ
it flies all most all away in a dark fume leaving
behind Brownish faces y^t is ready for distillation
The s^d of our body is dried & congelated for
wth must be resolved and sett at liberty by our
sp^t, & wⁿ y^e sp^t is congelated wth y^e body yⁿ putrification
begins and after y^e y^e matter liquid close y^e
vessel and do not open it till all y^e black
He advises to throw in y^e salt powdered into
Boylng water.

113 To know when y^e Body has imbibed
enough of y^e Spirit y^e yellow fume will
rise in y^e head of y^e glasse being put on
for an assay or you'll find it by spirit
coming of a strong as wⁿ put on being
diphlegmed

113 in Moderate imbibition and diphlegmation
Lyes y^e secrett of y^e art -

113 This is an excellent sign wⁿ y^e dissolution appears
Blowish or
Take care y^e fire in dissolution be not so strong
to force y^e water or spirit up to y^e topp in
Havy dropps but lett it move in a subtile
Vapor who being so subtile to condense
all in y^e topp of y^e vessel do come down again
24 hrs and by such a circulation y^e said aere
is more and more subtilized -

Hollandius bids y^e be sure not to lett your
Balne be hotter yn you can endure
y^e hand in it.

Raimund Lully and Dr Moulin y^e body
must be made redd hott and after lett
coole and yn for 2 days kept in a warme
place before imbibition.

Dr Moulin you must work over y^e
juicy remaining, and they must be calcined
for 2 hours redd hott, for washing alone will not
All vessels must be kept close from aine y^e salt
being a great magnet. and use onely glasse vessels
Dr Moulin, wⁿ you diphlegme you may
lett y^e fire go a little stronger yn before -

Also he advys rather to separate by inclination
and decantation from y^e faces then by filtration
Dr Moulin. The sign of y^e body being well prepared is
yt in y^e dissolution of it in water it emits little or no faces
wⁿ y^e add any of y^e Volatile spirit to it nor disturbs y^e solution

And by a certaine signe the Body and
Spiritt are well prepared on ground
together they feel like Butter for w^h
ill prepared they feel gritty as if sand were
mixed wth it

When Blacknesse appears by a certaine
signe of Union, all naturall agreeing
the Air is fixed wth united y^e soul
and body, wth it done by a gentle
distillation arising from thier own
contrary qualities for y^e fire of y^e water
meeting wth y^e coldnesse of y^e earth -
they never cease distilling and mixing
for minims till they unite in Blacknesse

And you must imbibed first gently and
digest, & phlegme and Maste till y^e
Spiritt rises as strong as y^e putt on
then for a great space, Digest and
Maste after & phlegming 26 or 28
days, then y^e matter is fitt for another
imbibition in order to dissolution -
then w^h dissolved decant y^e cleere
from y^e faeces and & phlegme as
much as you can and putt it into

Athey and digest into Blacknesse ^{viscosity} or
13 if y^e water were not got of in
& phlegming two w^h stick in y^e topp
of y^e circulatory in wth y^e Spiritt went
in it and hind^{er} y^e operation
in 40 or 60 days y^e matter be come of black
and dry, an^d viscus or M - (thint) of & phlegme
in about 42 days after ty putt in Athey
the great space is to fix y^e air wth out
wth nothing can be done in this matter for
being ripend by y^e fire and body and its distillation
from y^e meeting of contrary causes y^e fixation &
union

Dr Moulin, Lett ye dissolution of ye
Body be large wth purged by ye spirit
for ye will be troublesome to filter, for it
will ye leave an infinite number of
little crystals in ye filter, fitting up y^e
pore of ye paper and hinder the
filtration, and a large dissolution if good
to settle ye most subtle ^{essential} face of ye
hinder ye operator and would never
settle well.

Take care w^h you make body of any
any metallic vessel

In Affation you may come up sometimes
wth ye boiling of a balneo, for no
doubt after some time ye hotter ty affates
wth out melting in fine sand ty ye
better, for ye body will not melt
even in a boiling Balneo Dr Moulin
But tis secured to go easily. — 1733

173 The grindings or Contrition should
increase wth the imbibitions, so should
increase measure ye Affations should —

Dr Moulin, In all manner of dissolution
of any corporall matter be it forge
salt or w^hea foliata w^h any face
settle you must filter or decant the
clear liquor, from one into a new clean
glass.

173 when you begin to melt ye body —
first putt it into two crasibles as before
and melt it in an iron cast pott and —
being betwixt y^e iron and ye pott — much
better y^e in a new laboratory upon w^hch y^e fire
comes wth will adhere to ye matter and
cause damage and if another error y^e —
hinders persons from attaining ye end of the
Work: —

Dr Moulin gives an account of a lute
made of minium or Redd Lead well
boyled in linsseed oyle for closing y^e Joynts
of all vessels in Balneo when y^e Capors of
water, may dissolve it

Dr Moulin, in his Notes on Ripps gats
touching y^e dissolution bids you imbibe
as long till y^e body is saturated, then
dephlegme and digest 28 days longer
to make it y^e more fitt to dissolve
then add a pound and $\frac{1}{2}$ of fresh spirit
to it & $\frac{1}{2}$ of y^e digested matter dropp
by dropp grinding well. w^{ch} by Lifford
by 15 days digesting in Balneo and
dephlegmed & decanted into a new
Vessel in Ashes digest further for 50
days then distill first gently y^e flegme
then y^e spirit or Ardent water in Balneo
to a honey like matter then leave of
digest on y^e Honey like matter in Balneo
till Blacknesse appears then having
ready y^e ardent water w^{ch} w^{ch} digested
and 4 or 5 times well R. & tyfied imbibed
y^e black matter wth y^e animated spirit
till ty whitens.

This is a good way till a man has some
of y^e Terra foliata wth wth y^e crud sp^t
ought to be made into a quintessence and
wth y^t according to all y^e best authors y^e
black matter ought to be imbibed wth or
w^{ch} you putt less of y^e sp^t to y^e body y^e may
also by Colubation wth y^e fermentation animated
sp^t draw out y^e Lincture Dr Moulin

113 y^e terra foliata, or either of y^e & mixed
wth y^e crude spiritt wonderfully promotes
putrefaction in the dissolution

Riply —

It is also good to digest y^e crude
spiritt some ^{time} before ty putt on y^e body
to take of y^e crudity and to ripen
it some measure, this will helpe with
113 Dr Moulin when you col obate the
spiritt upon y^e body, lett y^e salt be dryd
or affatid gently then putt on y^e spiritt
again and digest for 4 days y^e distill

Also you must take particular care
in y^e molting & affating y^e body it be
not vitryfyd for then it will not drink
one drop of y^e spiritt.

Dr Moulin in his Notes about y^e middle
of this Book —

113 for a secrett yt wⁿ you imbibe y^e
body by y^e spiritt, and affate & dispel
you never lett the Vessels and matter grow
cold, for it would hinder the working of
both considerably

Note also yt y^e ill smell of y^e spiritt
and body proceeds from y^e heterogenius
matters yt cleane and adhere to them
find by y^e Dr y^e body is olous and full
of heterogenius sulphuris wth by attracting
of any flamm^y in y^e reverberatory y^e augment
therefore my way of rectifying it is far
better in an iron pott also take care in
making y^e body you gett of as much as y^e can
of y^e olous matter; Also y^e way of distilling
by Alembick and slow fire y^e best for y^e purpose
y^e only rise from y^e clay, fixe salt wth so much wth
y^e volatile part

is very good to take care of your body
w^h Affected and if pretty hott you lett it
remaind some time in Ashes till y^e heat
is abated in some measure before you
imbibe again by reason w^h hott y^e
body being astrong magnet will attract
heterogeneous moystures w^h Note well
Dr Moulin when the body stands in dissolution
take ^{care} to cover it from all smoke and dust
in w^h and heterogeneous salts & sulphur
but tis better & securer to be done in close vessels

Dr Moulin in his Notes in this Book you
must distill common water seven times
for any considerable work and then lett
it circulate is days more to settle & settli
facey w^h are very closely united to it
Dr Moulin in all operations of imbibition
and cohobation & plinification you must
separate y^e phlegmatick matter for the
phlegmatick humidity is y^e sole cause of
miscarriage, for by y^e frigidity of y^e humid
flegme y^e acriall & vitall fiery actions
of y^e matters are choaked —

Dr Moulin in his Notes — When by
severall operations in dissolution y^e do bring
the Body with y^e Spiritt into a fatt matter
take Notice y^t you w^h phlegme it well
and w^h phlegm^d add to it new spiritt & so
proceed But note y^t neither such phlegmatick
be done so hard, y^e remaining matter be
quite dry but lett it be liquid for tis a great
deale better — ^{this for cohobating.}
Dr Moulin w^h you imbibe y^e Body grind
quick upon it y^e will runn into hard knobs
w^h will break y^e glasse mortar to soften & so
some of y^e glasse will stick to it w^h broke in w^h
are heterogeneous salts — a good hint NB —

Dr Moulin wth after imbibitions and you
come to dissolve y^e matter, and at last
settle you must decant or filter y^e clear
liquor into anew warme Vessel vide

Riplys gates

Dr moulin ibidem says blacknesse
lasts 90 days if there be a great part
of spirit and body, but sooner good if
wth there is 2 parts spirit to one of body
the spirit is y^e middle to joine y^e soul
and body, and y^e soul y^e middle to joine
spirit & body — and in blacknesse
y^e soul has joined y^e spirit and body
and there is perfect union

Aristotle and Riply whitenesse will
last a 100 days

and both wth Albertus magnus say no
congelation wth out imbibing y^e black
matter forty the water y^t congeals
and wth out y^t nothing can be done —

Dr Moulin when your matter is very
black & dry powder then open y^r vessel
stir y^e matter well y^t it sticks not to y^e sides
or bottom & phlegm and imbibes till
it become a paste

Ar. & de Villa Nova she
when you putt y^r vessels of glasse into Balneo
put double fine linen about 5m
Albertus magnus take care y^r glasse Vessell
be firme and not porous for he saw his
friends work spoyle y^e glasse being porous
let out y^e subtil spirit —

Dr Moulin in this Book where his Notes are
after you have imbibed y^e body so much
y^t y^e spirit rises as strong as wth putt on then
ground it well for 5 or 6 hours in affate for
24 days after dissolve y^e whole by pouring
on 2 fells drop by drop vide —

Dr Moulin on his Notes upon Riphys
gates bids you calcine y^r body mixed
wth y^e spirit for cleasing it 48 hours
and to putt 5 parts of spirit to one of y^e
body in a large dissolution of distilled
Rain water

Also to Assate y^r body for 5 days
before you imbibe it

if there be more spirit y^r body you
will have aliquant Blacknesse and
a ully way go ift y^t found out y^e way
to distill with y^e better y^e & Antient
way of distilling before it comes to it

Dr Moulin wth Riphys say also you
must bathe body and spirit be
about 40 days a dissolving in a gentle
heat and you must not lett the
solution be done in Aflay or Sand
but in a vapour Bath

And Basil Valentine advise to putt
y^r glasse vessel in a globe of Morn

[illegible]

Notes concerning Several Operations

The gummi of y^e body and spirit, is y^e first calx of the philosophers, for by dissolution of y^e body in the spirit the spirit is by degree inspissated and Turned into ashes with y^e body, distil these altered ashes of y^e gummi into a white and Serene spirit, and also into a red one, and what remains is y^e black raven, in which is hidden y^e white dove therefore take and grinde this black matter into a fine powder and when it is done put this powder in a vessel and digest it for 4 days gently also that y^e earth may be y^e better prepared to receive the mercurys. Take y^e red mercury put it into a vessel with a blind head of a pretty good Laegens, and closing the vessel very well, put it into a vaporous bath to circulate for 16 days, for in these digestion y^e mercury purges itself of all subtle foci, sticking to y^e same, and also by this resolution of y^e said mercury he is more subtle and penetrating and more fitt to extract y^e Terra foliata out of y^e black earth; the foci will settle to the bottom for the are terrestrial rendering all manner of ingees and union, and by y^e force of y^e fire in y^e distillation of y^e gummi the are forced over with y^e mercury, and hence it is that y^e mercury is unclean, these operation also performe with y^e white spirit then dephlegme both very well and being dephlegmed rectify every one 3 times, by himself and, with this dephlegmed Mercurys imbibe the black earth, and digest it for

it for 4 days, but put the white mercury first upon the
Earth and then y^e Lead, grinding them very wel, and when
now all is upon y^e Earth, then put it into a vessel, close the
vessel very wel and digest them in a warm place for 4 days,
then distill in Balneo gently, and y^e Liquor which distill put
upon y^e Remainder digesting it for 4 days again, then distill
again, and take first y^e White mercury and changing the
Receiver take y^e Lead, and when nothing wil distill more
then augment the fire by degree, then wil rise a volatile
Salt white Like Ivory but a little Transparent Solid and Very
Compact, which take by itself, Take y^e Remaining Earth, and
put it into a crucible, and with a gentle fire make it red
hot for one hour, then when cold worke it with the mer-
curys as you did before, namely, by imbibing, Digesting,
Distilling and Subliming y^e Terra foliata, and you wil
Leave y^e Earth at last void of all Saltnes and Like a dust
which fling away, but Take y^e Sublimed Salts together and
mixing them sublimate them for 7 times, always taking
new vessels and y^e Terra foliata wil be glorious Like a Starr
Transparent and of a glistening brightness, of which take
one ounce and fix it as you know to a yellow powder by
degree of fire, then imbibe it with apollo or the red
mercury for y^e Red & y^e white for y^e white and fix it
fermenting it in y^e same time with y^e oyle of gold to y^e Red
and with y^e oyle of silver to y^e white Elixir

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Take 3
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The ferment of gold brings the universal matter to a particular
circular quality, for the mercury and terra foliata are universal
and like protheus, convert themselves into every shape, and therefore
gold is added to them to bring them to that particular nature of fiber
to y^e white & gold to y^e Red, - -

In Multiplication You must ad to y^e fixt matter to 3 parts
one of the oyle of gold for y^e Red and oyle of silver to y^e white
and when added grind them, and put them into an lg and fix them
with a quick fire, for y^e are both of a fixt nature, therefore they
must have a fire convenient for their quality, and when fixed
imbibe them again with y^e oyle of gold or silver and fix and
this Reiterate so often, til y^e matter after compleat fixation
Remains Liquid Like an oyle then proceed thus, Take equal
parts of this oyle and Vulgar mercury precipitated per se mix
them very well, and put them into a vessel with a flatt bottom
Digest them for 20 days, and all is fix ad to it again one
part of y^e oyle of y^e Elixir, and digest them again for 20
days. this Reiterate 4 times with adding fresh oyle of the
Elixir, and after y^e 4 time all will be a fix oyle with
project upon an amalgama of mercury and gold for it
is of an easy fusion -

Aqua Temperata - -

Take 3 pounds of red mercury digest it in a Large vessel
by itself for 12 days. then Open y^e vessel and distil gently
of all the phlegme, and when al y^e phlegme is gone over
change y^e Receiver closing y^e joints very well and aug-
menting

or Vulgar
alone or m
#

augmenting the fire, distill also red mercury? Take this
dephlegmed mercury and put it into another circulatory vessel
put into it 10 ounces of 7 times sublimed Terra foliata not
fixed to citrinity, but finely powdered, and put your vessel with your
matter well closed into ashes, and digest for 12 days and then
cohabit the water so long upon your remainder till all is one
water, which circulate for 20 days by itself ^{because} for your Quintessence
of gold it is now fit.

Note that all medicines whatsoever, must be gummy or
fusible like wax also that they may enter mettals like
oyle into Leather and this fusible quality is introduced into
your medicines by your Temperate water mixed with your Essence
of gold as also by your mercurys both white and red, whose
frequent imbibitions, softene fix and dispose the Matter
to a gummy and oily nature.

The mercurys and terra foliata are the philosophical earth
into which Sol and Luna or gold and silver must be sown
for there they are multiplied and produce 100 fold Quantity
of new Seed, which imbibed again with your mercurys produces
in infinitum.

Take one pound of your Terra foliata calcined to Citrinity
add to it 3 ounces of gold prepared with cinnabar and
mercury and converted into a fine red powder mix them
very well, then add to them 10 ounces of well dephlegmed red
mercury and grind them very well, and put them into a vessel
of glass fute it very well and digest it for 30 days

in which
of your gold
heat ab
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in which time y^e sayd mercury softens and dissolves the mixture
of y^e gold and terna foliata, then opene y^e vessel and by a gentle
heat abstract al phlegmatick matter that wil rise, and note that
by no means you make y^e mercury rise in the dephlegmation of
the sayd matter then ad to it again 10 ounces of red mercury and
proceed as you did before, this reiterate also for 4 several times
and when now 40 ounces of mercury is added to y^e sayd matter
Then close y^e vessel very well and put it in a vaporous bath in a
strong heat for 20 days in which time y^e matter wil be all one
blood red liquor onely leaving or settling in y^e bottom some
gray fozes. then take it out of y^e vaporous bath and decant
y^e clear liquor from y^e gray fozes, and when decanted circulate
y^e same liquor with is oleous and deep red for 24 days in a
close vessel, then opene y^e vessel and put into it 8 ounces of calx
of gold prepared as before with mercury and Cinaber and
closing y^e vessel put it into a vaporous bath for 24 days to resolve
in which time it wil be all liquid, and very thick, Decant this
thick liquor from y^e fozes & circulate this clean liquor for 50
days in which time it wil be like a gumme with Take and
try if one part wil Tinge 50 of silver, if not Digest it
farther til fix enough.

The Terna foliata being a forgeald Natural fire Temperate
y^e fire against nature in y^e Liquid Mercurys and brings
them into a due Temperament and altho y^e Mercurys are
endowth with a dissolving power to dissolve metalls yett with
out y^e Terna foliata the are not able to Vegetate them

and hence it is, that y^e mercurys circulated with the
Terra foliata are called Vegetable waters, having power to
vegetate y^e dead bodies, of mettals, and to reduce them into
Mercurys. & Terra foliata, and like y^e Vulgar Salt armoniac
is able to putrify mettals, and to resolve them into a current
Mercury, also this our Terra foliata our secret Salt armo-
niack not only alterates the calxes of perfect mettals and
exalts them not into running Vulgar mercurys but into phisical
and Terras foliatas and note that when such a vegetable
Mercury is put vpon a calx of gold or silver either to y^e red
or white, you must p: after it is vpon it namely y^e calx/
Dephlegme it gently. and when Dephlegmed circulate them
for 20 days. in which time y^e calx is resolved in the vegetable
water, Distill y^e vegetable water gently from it in ashes, &

Dr on oulin.

betwixt during
Cohobation.

there must.

calx againe

to 3 or 4 days

Digestion.

##

Cohobating y^e said vegetable water again vpon y^e remaining
Solong til y^e Tincture is gone over, with the vegeta-
ble water, then our mercury is impragnated with y^e perfect
Sulphur of gold or silver, Circulate this Volatile Tincture
Water for 16 days, then abstract gently in Balneo half its
part from it leaving a thin oyle in y^e bottom, Circulate it for
20 days longer, for by such a circulation y^e Sulphur of the
mettal is attenuated, and perfectly joyned per Minima
with y^e vegetable water and made more subtile for all
manner of inceration

The Conjunction of apollo and Diana or y^e Red Mercury and

and Terra foliata; the two Children of Lalona, must be made of
3 parts of apollo and one of diana, then put them into a vessel of
imbibition, and closing yo joints of it very wel, digest them in Balneo
maria orassey for 28 days in which time alis Liquid of a pale redish
Colour will circulate til it is dry and Black, then augment the
fire for 86 days, and it becoms white like snow and in 90 days
red like blood /

The Terra foliata must be 7 times sublimed in a low vessel
before she is used, and when sublimed fix yo line to Cetrinity some
time by digestion and sometime by a fix of suppression as so that
yo sublimed part of it always is forced downwards so long till
it al Remains fix in yo bottom, in a yellow Colour, and this
yellow matter powder finely in a glass Mortar. /

Our Mercury is our Virgin Earth, in which gold is regenerated
like yo seed is in yo Earth, and this Regenerated gold is multi-
plied in infinitum /

Take one ounce of calx of gold, Terra foliata brought to Cetrinity
2 ounces, put them into a vessel with a flat bottom, first very
wel mixed and ground to gher, then set yo vessel in a strong
fire for 30 days, in which time yo Terra foliata will be fixed,
Then ad to this Matter, the 10 part of red mercury grind it
very wel, and being ground digest it for 2 days and then
opene yo vessel and evaporate al superfluous humidity
Then ad to yo matter again yo 10 part of freshed mercury
as you did before grind them as before Digest them for 2
Days as before and then opene yo vessel and evaporate

Evaporate al humidity, ~~close vessel~~ and thij imbibition with
ys 10 part of yoked Mercury Reiterate lillys matta be viscus
Like a paste then leave of and having evaporated al humidity
close y^e vessel and Digest them in sand til y^e are dry and fix
with you may try a little of it upon a red hot silver plate
and if it fumes, Digest it til it is quite fixt and bearing y^e
fire, then make this hard masse fusible with y^e red Mercury
namely by imbibing y^e said matter with y^e 10 part solong
til it be like a paste, observing al operations as above and
then fixing again, Reiterating this solong til your matter
is fusible as wax, This Finishes. -

All manner of fixations are done in close glasses Round
Like a globe, al imbibitions in vessels with flatt bottoms
and having a wide mouth al precipitations of mercury and gold
or silver in vessels also with a flatt bottom stopping y^e mouth
of them with Cotton, and adding to y^e amelma a few pebble stony
Take 4 ounces of terra foliata 4 ounces of calx of gold pre-
pared after y^e best methode for y^e Terra foliata must be calcined
to Citrinity and 8 ounces of red Mercury and one ounce of
fair distilled Common Water put this mixture in a vessel with
which is very large and very high closing it exceedingly well
with good lute, put the vessel into ashes giving first a gentle
fire for 2 days, then from day to day augment y^e fire til y^e
matter boyles, and keep it boiling. Note that your vessel
be very large and made of strong glass and excellently well
Luted

Luted, for if y^e vessel wil breake by y^e force of our mercury, who
wants a large space to extend himself, for 26 days in which time
al wil be congealed what is y^e substance of our mercury, then opene
y^e vessel, and evaporate y^e water added to it, and your matter being
dry wel Cook like into Vermilion, Take this Red Masse, and grind
it very wel, and ad to it again 8 ounces of red mercury, and one of
fair distilled water proceed with boyling in all things as before, &
your masse being more finer and redder, Take it then and being
very wel ground, put it into a vessel cut in y^e middle ad to it so
much of the red mercury as wil make it like a paste stir the
matter, with a glass instrument, and when done, close y^e vessel
very wel, and put it in ashes to digest for 20 days, then
augmenting y^e fire fixe y^e matter into a pou dre, with pou dre
Take and ad to it fresh mercury as you did before and fixing
it in y^e same degree as before reiterating this so often til y^e
matter be fusible as oyle, and fixe, with fixe matter take
and mix it with equal parts of calx of gold and digest it
for 26 days, then flux it and one part of this fluxed matter
Tinges 100 of Venus or Luna,

Fermentation of y^e white and red Stone is done in 3 several
ways, first when gold is mixed with y^e Tena foliata and so
y^e said Tena foliata mixed with y^e gold is resolved and
incorporated with our red mercury for y^e Red, and white for y^e
white and this is an easy and short way because it is presently
fixed but y^e Tincture goes not high by reason of y^e body of
gold which hindres y^e medicine from a compleat purity and

and perfection. Secondly when yd Elixir is incrated with
yd oyle of gold or silver for yd Red or White, for then yd sayd
Elixir is subtilised by yd Circulated Essence of gold fermented
with a spiritual Regenerated ferment, and Multiplied in a
permanent Tincture. This is yd True way Natural and most
artificial, for yd gold and mercury being United with the
quintessence spiritually compose a Wonderful Strong and penetrating
ferment, this ferment oftentimes incrated with Elixir brings yd
same att last to a fix, and most Tinging oyle, Thirdly when the
perfect fermented Elixir is projected upon gold for yd more easy
extension of its Tincture this is yd Corporal fermentation in quan-
tity and weight, and is done for yd more easy projection upon
mettals, as also Carriage, there are also more Operations who
might justly be called fermentations of yd mixture of
apollo and Diana.

Our Mercurys alterate and Exalte yd calxes of perfect mettals
that is of gold and silver into philosophical calxes of yd first
order, that is into *Terra foliata* by their purifying and
sulphureous natures, and yd help of yd *Terra foliata* and this
is one of yd most secret operations in philosophy.

One manner of fermentation is also Take 4 ounces of
fine calx of silver and 10 ounces of *Terra foliata* not strinied
mix them very wel, and when the are mixed, put them into a
vessel fit for sublimation, put yd vessel well closed into ashes
and give first a gentle fire, and by degree augmenting the
same so long till yd matter sublimes, and when nothing sublimes
more, then take yd sublimat, and put it again to the

Remaining m
into yd same v
sublimat upon
of earth rema
Terra foliata
along with it
with it that
now Take your
close yd vessel
bath for 26 da
Liquor, take
mercury put
ashes for 10 d
well mixed, the
and what desir
times digestin
one clear wat
abstract gent
ferment for yd
When Elixir is
then grind them
Lett yd vessels b
Humidity rich
and grinding,
hindes yd mat
Corruption into
Humidity is wa

Remaining matter, grinde it as you did before, and putting it again
into y^e same vessel, sublime it again, with sublimation of the same
Sublimat upon the Remainder continue so long til nothing but one ounce
of earth remains in y^e bottom rich fling away. Note that the
Tena foliata by this operation carries y^e pure part of the mettall
along with it by degree, Resolves it radically and unites itself also
with it that they are no more separable by any means whatsoever.
Now Take your Sublimat and put the same into a dissolving vessel
close y^e vessel very well and put y^e said vessel into a vaporous
bath for 26 days and it will be resolved into a fair white oily
Liquor, take out this Liquor, and ad to it 3 parts of the white
mercury, put them into a circulatory Vessel and putting them into
ashes for 10 days to circulate, in which time they are perfectly
well mixed, then open y^e vessel and putting on an alembick dish
and what distils cohobate gently upon y^e Remainder for 4 or 5
times digesting it each time for 3 or 4 days, and then all is
one clear water, circulate this water for 20 days and then
abstract gently one part from 4 and there remains the perfect
ferment for y^e white, subtle and penetrating.

When Elixirs are fermented with their spiritual ferments
then grind them very well, and putting them into their vessels
let y^e vessels be open for a little while for to evaporate some
Humidity which y^e matter attracts in y^e operation of incration
and grinding, and note that such a heterogeneous humidity
hinders y^e matter from fixation, and also introduces a sort of
Corruption into y^e matter and when you think that y^e said
Humidity is evaporated, close y^e vessel and fix your matter as you
know

To alterate y^e corporal body of gold and to sublime it into a
Terra foliata you must provide and take one pound of red mercury
7 times rectified and well ephlegmed put y^e same into a vessel
very well stopp'd put y^e vessel in ashes and circulate it there for
12 days then take 4 ounces of gold and 24 ounces of vulgar
mercury make of y^e sayd gold and mercury an amalgama
This amalgama being first well washed evaporate and your
calx of gold remains in y^e bottom of your vessel, which take
and ad to it double its weight of fine cinnaber grind them very
well togther, and put them into a cucurbit evaporating gently
your cinnaber and there remains a fine calx of gold and
exceedingly subtile and note that such a calx is more open and
more easily dissolved by a liquor then gold in a more solid
substance now take y^e calx of gold ad to it 3 ounces of things
sublimed Terra foliata, grind them well togther, and being
mixt put them both into y^e circulated red mercury Digest them
for 24 days, then take and decant y^e clear from y^e former settled
in y^e bottom, and put it into a cucurbit, and distil, and being
all distilled gently in Balneo, take y^e remaining earth ad to it
4 ounces of terra foliata and 2 ounces of red mercury never
before used, grind them togther & put them into a vessel,
Digest them in ashes for 28 days, then take it out and mix
y^e matter with 3 parts of embley powdered and very well washed
put this mixture in a vessel with a flatt bottom, and give first
a gentle fire, and then well distil some Liquid matter, when that
is over stop y^e vessel with a Linnen cloth and sublime by

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by degree a Red Sublimat with Sublimat you may fix and
incerate with y^e Red mercury into an Elixir - - - - -
Note that in y^e inceration of y^e Red Sublimat of gold first fixed you
ad but a Little of red mercury. for y^e degree of it is that y^e sayd
Sublimat be not onely dissolved per minima but also that the
incenerative mercury be fixed with it, for to make it fusible and
penetrating with quality and power is onely in y^e mercury because
of its Liquidly Sulphureousnes and tenacity, and when you have
incrated y^e same, then you also must keep y^e incrated matter
so long in y^e fire til you see it permanent and fix, then you
must incerate again so long til y^e matter be not onely fixed,
and Remaines also, but fusible also, because y^e fusibility is
not introduced by one inceration, but by many reiterated
incérations of y^e mercury upon y^e dry and not fusible matter
so long til y^e matter is like a gummi

The designe of al philosophers is to make their Tincture an
Stone fix and permanent in y^e fire and therefore they have incated
fixation first purifying y^e matter or matter exceedingly well
for it is known that impure things cannot bear y^e strength
and Operation of y^e fire, and their matters being now pure
and yet Volatile they put y^e same into a Vessel and give
first a gentle fire and so augmenting y^e fire by degree til
y^e matter thus by degree accustomed bears y^e utmost
Violence, and this is al done by degree and note that our
mercurys & terra foliate containe a certain Quality in them
themselves with quality or power is tending to perfection and

and therefore never quiet til perfect that is til fix for all
Purification consists in fixity?

When y^e Stone is prepared you must Take y^e same and imbebe him
y^e Red with y^e Red asple and y^e White with y^e White asple of y^e
Phosphorus two Luminaries from 6 to 8 days, so long til he wil
imbebe no more then you may fix it and imbebe it again til he
flows like Wax /

Take y^e Terra foliata fixed to thirty 1 ounce and imbebe the
same with y^e 8 part of its weight of Red Mercury grind them for
1 hour, then ad to y^e matter another 8 part again and grind
again for 1 hour, this accelerate namely grinding & imbebing
for 1 hour, so long til to one ounce of Terra foliata is added 2
ounces of Red mercury then put them into a vessel close the
same very well and digest y^e matter til it be dry, when Dry
opene y^e vessel and ad to it one ounce of Red mercury and
closing y^e vessel put it in Balneo marie for 40 days in
which time you wil see y^e matter Liquid and att the Super
ficies of it Round shining globes Reddish, then take y^e
Matter out of y^e Balneo and put it into ashes and digest
greatly til Blacknes appears then augment the fire till
White and til Ready

Take y^e Stone perfected and brought to Rednes powder it in
a glass mortar and ad to it y^e 6th part of y^e Red spiritual
ferment, which is y^e essence of gold made by y^e Temperate
water, grinde it very well and digest it for 6 days in sand
being pretty hot, then when 6 days are over ad to it again
y^e sixt part of ferment, grind it & digest it as before with

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Reiterate so often til y^e sayd matter is Like a fluid paste then close
y^e vessel very well and put it in sand digesting it so long til it be dry and
fix ~~with~~ which you must try upon a red hott plate of mettall: this is
one manner of fermentation by which y^e power as well of y^e ferment
as that of y^e Red mercury is joyned With the fermentable nature
and so not onely y^e matter receives y^e particular impressions of a
golden nature because of y^e essence of gold, but it also growes subtile
fusible and penetrating from y^e essence of y^e Red mercury which
is to be noted: if then when well fixed imbibe it again as before
and Reiterating y^e same imbibition so often til y^e matter is
only and fix and fusible Likewise/

The fumes and Vapours of our Mercurys are subtile, therefore the
are Temperated by y^e volatile salt which is y^e Sulphur of nature
and note that such a Temperate Liquor dissolves both gold &
silver, for by y^e Temperament introduced by y^e Tena foliata its
nature is Hermaphrodite, Liquors thus Temperated have many
more noble and excellent Qualities for when circulated and
Reduced into one Liquor, and y^e settlement separated the
exactest Tinctures of mettals and Convert them into fermenting
Essences, the Regenerate mettals, and subline them after the
same mettals have bin putrified With y^e Temperate water, the
also introduce into y^e Elixir a penetrating & searching
quality/

Like a light introduced into a dark roome illuminates it
also the Tincture projected upon vnclean and Crasse dark mettals
gives them y^e Sulphur of perfection Either white or Red

Take one ounce of y^e green Lyon wich y^e fix body grinde
it subtilly upon a glas table or Stone, and being very subtilly
grounded keep it in a Warm place, then make y^e Temperate
water of 1 lb of Red mercury and 3 ounces of Terra foliata namely
by adding y^e Terra foliata to y^e mercury and digesting and
cohabating til al is one Water, wich is Circulated for 24 days
and decanted from y^e settled forces, of this Temperate water
Take 4 ounces ad y^e same to y^e powdered body in a glass Vessel
and closing y^e same very wel put it in ashes to Circulate for 30
Days then take and put an alembick upon y^e vessel and distill
y^e 4th part from it and in y^e bottom Remains a Liquid oyle
wich Take and decant it from its forces. and putting it into
a vessel wel closed ad to it one ounce of culx of gold and fix it
into a poudre by digesting it in ashes for 30 or 35 days when
sixed ad to much of y^e abovesayd Temperate water as will make
a parte of it and so fix it again Continuing this Manner of
incarnation, so long til it flows and Rings

Projection is done y^e best upon Silver because y^e Tincture can
extend its force far better in a clean body then in a foul one
Sublimation or Rectification of y^e Terra foliata is done in a
low Cucurbit in sand also that y^e vessel by any meating of the
fire may at last become very hott and such vessels namely
their Lower part must be herased in every such Sublimation
Take 4 ounces of gold dissolved in aqua Regis made of y^e
spirit of salt and y^e spirit of Nitre, when y^e gold is dissolved,

put the vessel with y^e dissolution of y^e gold into hot ashes,
and when wel dissolved, drop into it y^e calcareous salt of Tartar
Resolved into a Liquor in a moist Cellar, so long til no noise is more
made, then take y^e precipitated powder, and decanting y^e Liquor dry
the powder in a Temperate place without any heat or fire, for it
fulminates when dry put it into 3 lb of Distilled Vinegar and boyle
it there for 12 hours in which time y^e fulminating quality of the
powder is Lost then Doulcorate it and dry it gently in a Warm place
This is a good preparation and y^e Tincture is exalted by the fulminan-
ting Sulphur of y^e nitre, then take y^e 4 ounces of this dry calx
and make it red hot under a muffle and lett it grow cold again
Then Take it and ad to it 4 ounces of Terra foliata grind it very
wel together and being wel ground ad to them in a large Vessel
one pound of red mercury close y^e vessel very wel, and put them
in a hott Balneum for 20 days in which time they are almost
Dissolved, for y^e Terra foliata acuates y^e water or Red Mercury
also that it is able to dissolve y^e calx of gold Radically with
preservation of its specific power which is y^e ferment of
our Elixir, when you see now all most dissolved and in a
glorious Red colour then decant y^e clear Liquor from y^e dross &
when so done Circulate y^e sayd Liquor for 40 days in Balneo
vapours also that the Sulphur of gold and y^e Terra foliata
may exactly wel joyn them selves in such a resolving heat
when now that is done opene y^e vessel and put on an alembick
and distil gently so long til y^e drops distilled begin to grow

grow yellow then change y^e receiver, and distil augmenting
y^e fire; al y^e Red Liquor Over, Leaving a black Earth in y^e
Bottom This Serene Red Liquor circulate for 12 days in aske
and Use it for y^e Red ferment.

There is no proportion of y^e ferment to y^e fermentable matter
for y^e ferment is added so long til al y^e fermentable matter
is converted in y^e nature of y^e ferment then y^e ferment also
loses of its converting quality for it can not worke upon itself.

The Exuberate mercury if there is a Quantity of it may
be used in place of y^e Temperate water Lixer to prepare
y^e ferment or to alterate y^e Calces of mettals because it
is acuated with some part of y^e Terra foliata in the prepara-
tion of y^e same.

Things reduced into only substances are easily fixed because
they come nearer to perfection for our Stone is first a water
then an oyle, and at last of all, a gummi fixe and permanent
in y^e fire.

Let y^e Tincture in projection Melta good while with the
mettals. and keep in flux with them for then y^e Tincture
goes further.

The Mercury acuated with the Terra foliata not onely
resolves mettals and Stones. but also take by y^e Length of
Time.

our Mercury joynes itself with no bodys radically but by
y^e help of a medium which Medium is y^e vegetable power
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or Sulphur of nature, and this is seen in y^e Temperate water the
ferment, and the alteration of the colours of mettals?

Take one pound of tina foliata not strained, powder it finely and put
it into a good and strong vessel fill y^e vessel halff full with y^e powdered sulphur
then close it exceedingly well and being well closed sett it in a vaporous
bath for 12 days, in which time it will be liquid, then take it out, and
put it in ashy so long til it is dry, take and carry it from thence again
to y^e balneo to resolve and from y^e Balneo to y^e ashy to congeale
Reiterating this so often til it will congeale no more but Remains
like a white and serene oyle ad to this oyle halfe a pound of white
mercury mix them very well and Circulate y^e said matter for 20 days
in ashy with a gentle heat, then Decant the clear & serene Liquor
from y^e forces and put it into a cucurbit with an alembick
and distil from it gently al y^e above sayd white mercury leaving
a very white and serene oyle in y^e bottom, which after closing the
Vessel Circulate it well for 20 days by itself.

By this oyle Mettals are Vegetated and brought from power to
action, and because it is made of our sublimed mercury therefore
it is also our Circulated Vegetable Mercury which partakes of
both extremes namely y^e fix and Volatile.

This oyle joyned with a qual parts of calx of silver and fixed
and when fixed then increate y^e fixed matter with fresh
oyle so long til it be fusible and also fix this matter also
prepared tinget Copper into silver.

When y^e calx of gold, silver, Copper, or Iron. are well prepared
then you may by y^e help of our Vegetable temperate water

in humate them and so by Cohobation bring them over y^e alembick
in y^e forme of an oyle w^{ch} oyle by y^e help of our tena foliata
is sublimed into a Sulphur and Salt of Nature, for know that
our tena foliata is y^e first mover in all operations

The gummi is y^e minera of our mercury, whence by a simple
Distillation and Sublimation he is extracted

Take y^e Gummi, put it into a vessel put y^e Vessel in ashes
and give first a gentle fire and distil gently y^e Serene Water
but when 20 drops begin to come Leave of and this is the
signe that y^e Aerdent water is dissolved and separated from
its Elemental Nature then continue this operation til the
Tenth Revolution, that is Cohobate the aerdent water 10 times
Upon y^e Remainder, and you will have y^e fiery Celestial, y^e rare
Substance of our Minera, also separated from its Elemental
Nature by y^e help of y^e aerdent water, take this mixed
Substance, and put it into a vessel, with an alembick and
gently abstract y^e 10 part of it w^{ch} keep, then lett it cool, and
when cool heate it again and abstract y^e 4th part then lett
it cool, and heate it again and abstract half y^e part, lett it cool
and in y^e bottom you will have y^e fire of our Stone, in y^e forme of
a Red oyle but y^e abstracted Substances keep togth or fory^e
are y^e Lae Virgins and Note that y^e application of heat and
Cold in a due manner is an excellent way of Rectifying of our
Mercury.

These are particular Transmutations done by mixing our Mercury

mercury with y^e calx of mettals and so fixing them, but note
That mettals are not Transmuted with great advantage except their
Species are Reduced into their first matter and such a Reduction is not
done but by y^e help of our terna foliata.

Thermentation of y^e Elixir Red as well as white must be done in a
glass vessel with a wide mouth and digested after incubation in ashey
for it is designed for fixation.

Back Hollander
bid y^e fix in
a wide mouth
glass - putting
a polished glass
over y^e stopp-

The proportion of y^e Terna foliata to y^e Red Mercury is one of the
Terna foliata to 3 or 4 of mercury, sometimes one to 2 of mercury
and then fixation is done sooner.

Let y^e External heat in this fixation not overpower the
internal heat of y^e matter for else it would be spoiled and
note that here are 2 fires the external and internal the
external is hott and dry but y^e internal is hott and moist whose
Living making Rays moisture and bring y^e matter to a
Compleat Perfection.

FINIS

1. The first of these is the fact that the
 2. second of these is the fact that the
 3. third of these is the fact that the
 4. fourth of these is the fact that the
 5. fifth of these is the fact that the
 6. sixth of these is the fact that the
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 9. ninth of these is the fact that the
 10. tenth of these is the fact that the

[Faint, illegible handwriting, likely bleed-through from the reverse side.]

1. The first is the *Principles of the Christian Religion*, which is a treatise on the nature and extent of the Christian faith, and the duties which it requires. It is a work of great importance, and one which every Christian should read and study.

25907

A Continuation of y^r former Notes

When Our Stone is brought to perfection, then he is y^e
elixir of y^e first order, y^e Stone of y^e philosophers. and
so exalted in its own clarity which sayd Stone is to be
imbibed with y^e ferment of gold, and Note that this imb
ibition be done not all at once but in several Times. for
y^e Stone is weak in its first order and therefore it wants a
little imbibition, when now y^e first imbibition is done of
y^e said Stone with y^e oyle of ferment of gold. then fix it
evaporating al Superfluous Humidity, and when fix imble
y^e fix Stone again with y^e ferment, so long til it be a
gummi/-

There is a secret way of Volatifying our Stone by y^e
help of a subtle ferment, for it is known that y^e ferment
converts y^e fermentable matter into its own substance so
does y^e subtle ferment with our Stone. Take y^e oyle of
gold. 1th, put it into a Circulatory Vessel and closing y^e
joints of y^e said Vessel exceedingly well, put it into a Balneo
to Resolve, Subtilise, and Digest for y^e space of 56 Days.
in which Time there will settle a Thick Viscous Sediment to
y^e bottom of y^e vessel to y^e sight like Thick blood. this
is that substance which hinders ingress, fusion and
fixation and hence it is that our Stone is imbibed so often
with y^e not subtilised ferment, to bring y^e said Stone to a
perfect fixation and an easy fusion which may be noted

When 56 days. are passed. and y^e sediment settled then decant
y^e same. clear Liquor. which is y^e ferment from y^e thick and
viscous fozes, put it into a clear Vessel and if it be $\frac{1}{2}$ a
pound ad to it 2 ounces of y^e red ^{stone} Elixir of y^e first fixation
which is not yet fermented, note that y^e sayd Elixir be wel
poudred whenal is in close y^e vessel and put it in y^e
former balneo. to circulate for 25 days. in which time y^e
matter is al one Liquor. which separate from y^e fozes settled
in y^e bottome and keep it for y^e fermentation of another
and note that this ferment is like fire because of y^e gold
and Elixir circulated into one Quintessence of ferment.

When y^e stone is not lastly fixed, but remains volatile and
fuming, then, after you have imbibed it and digested y^e imbibed
stone for 6 days, make a fire of suppression on y^e top of y^e vessel
argmenting y^e same. every 4 day but this is tedious
and full of danger.

and if y^e subtle spirit of y^e fermented stone ascend. from
it and settles in y^e top of y^e vessel. clear like y^e dew on y^e
leaves of Eys. garnishing y^e upper part of y^e vessel like
so many pearls. then you must force y^e subtle spirit
down ward. by y^e help of a linnen cloath. filled with warm
ashes. note that this spirit is y^e life of y^e stone.

Seal y^e vessels. very wel. also that y^e sayd spirit, by y^e action
of y^e external fire does not evaporate.

When y^e Sulphur of nature fixed and prepared is joyned with
y^e Red or white mercury, then You must have patience in y^e
boiling of y^e same, for this is a subtle work and easily destroyed by
impatience for in y^e first Resolution of y^e matter namely before
Blacknes, all is Liquid and Volatile and spermatick therefore it
must be gently and patiently handled for else y^e Spume burns.
y^e Life is destroyed and y^e Vital Spirit leaves its habitation.

When y^e Stone is brought to whitenes, then augment the
fire by degree so long til it be compleat Lead for Lead Lead
is brought to Leadnes. By y^e vehemency of y^e fire.

When y^e Stone is once fixed either before or after Incubation
then no fire cant hurt it for y^e water as y^e volatile
element of y^e Stone is become fixe & permanent.

See that Your glas vessels be made even & not in one
place thicker then in y^e other. for else one part of y^e matter
is more hott then y^e other. which would be a hindrance to y^e
work because y^e matter must be all in a Temperate equal
and Continuar heat.

When y^e Stone is fixed after y^e first imbibition, then open y^e
Vessel. Take y^e fixe Stone out grinde it subtilly and ad to it
again its due proportion of ferment then grinding them well
put it into a vessel and after a gentle evaporation of some
watery humidity close y^e vessel and fixe again as you did
before and this Reiterate so often til you Stone is fixe and like
gunni fusible.

Take 4 ounces of Tennafoliate, grind it then take 18
ounces of Lac Virginis 7 times Rectified make up, sayd lac
Virginis first warm, and when warm put into it the
powder Tennafoliate, then close y^e vessel. and Circulate the
same in Balneo Vaporis for 120 days. in each time you
will see swim upon y^e Top of y^e matter a fine serene and
crystalline Liquor. which part from y^e under water by
a separating Funnel. Then Take y^e serene oyle. and circulate
it for 10 days in ashes in a close vessel. Then Take it
and if it be 10 ounces. ad to it, 2 ounces. of fine filings
of silver, and closing y^e vessel Digest y^e matter for 25 days.
in each time most of y^e silver is dissolved. Decant y^e clear
Liquor. from y^e drosses. and ad to y^e clear Liquor. 24 ounces
of fresh Lac Virginis Digest them for 4 days. then Distill
and what it still exhalate upon y^e Remainder so often til the
are alone water, then Take y^e volatile Silver. Water and
abstract it half in Balneo with a gentle heat, and y^e
Remaining Ralf part Take for fermentation of y^e white
Silver stone.

The Tennafoliate after due calcination and mixed with
a good Quantity of Silver calx is Stripped by a strong fire
into a whitish and shining flak each glas Tinges Copper
into fine Silver.

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When y^e Terra foliata is mixed with y^e mercury. then with a gentle fire you must bring it into a liquid matter like pearly. and then to blacknes.

and when blacknes appears. then augment y^e fire till y^e matter is perfectly white.

Sometimes it does happen. that y^e matter namely y^e Terra foliata & y^e mercury are turned by fixation & imbecution into an oyle. not quite fix. but always smoking, which is a signe of y^e abundance of volatile mercury introduced in y^e beginning into y^e matter. to fix such oyles & Elixirs you must bury y^e sayd vessels with y^e asles in them into ashes and make at y^e top of them, a good fire of suppression in the making of y^e Temperate water, as also y^e asle of gold Take care that y^e Cohobations of y^e liquid substance upon y^e dry be done gently and easely. for then y^e sayd matters are. easier volatized.

When Elixirs are made by y^e fire of suppression then Try if they are fix enough. and when fix enough. then imbebe them with y^e ferment again and to fix them again by suppression, for so y^e medicines grow exceedingly strong.

When y^e mixture of y^e Terra foliata and white mercury is brought to perfect whiteness, then you may imbebe this white stone with y^e white ferment into a white Elixir.

our mercury. Read as before white must be Rectified 7 times
in Saluo maris always Taking fresh Pottery and note
that if before every Rectification y^e said mercury. are digested
for 6 days, that then by such a digestion the are extremely made
Subtile, and penetrating.

The Terra foliata after calcination of y^e same to Liberty may
be resolved in a cellar into a Liquor. With Liquor. With y^e Calc
of gold is fixed into a Red mass.

Take one part of y^e Terra foliata and 4 parts of mercury and
mix and grind them very well then put them into a vessel
to lie for y^e space of 10 months. When lie grind y^e matter
and Lett y^e matter resolve in a cellar or moist place into
a Red Liquor, This Red Liquor Circulate for 10 days in a
Vapour bath, then Decant y^e clear Red Liquor from y^e
Remaining Viscous Substance and put it into an open vessel
Evaporate then gently all humidity from y^e matter when most
dry. Lett it stand in y^e same hot place where it is and ad to it
Drop by drop of y^e oyle of gold so much that it becomes Liquid
then close y^e vessel Quickly. and fix it with another degree of
fire namely. First with a gentle and then with a strong, when
lie dissolve & digest & imbibe as before accelerating this so long
till y^e matter after solution & evaporation stand Liquid fix
and will imbibe no more, then it Rings every Copper into good
gold projecting of it one part upon 200 of copper.

Note that when y^e gumme is to be distilled you dry y^e same very
well so that you may grind it into an impalpable powder. and then
put it into a cucurbit and distill y^e white & red mercury. Every one
By itself

Before. The white mercury rises there distills a low watery phlegmatick
spirit, which sling away. for it is y^e phlegme of y^e stone.
Both mercurys before the are used must be cleansed very well
from y^e phlegme in a hott Balneo.

Note this
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of y^e best
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amistake
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fine
ye ignorant

Take Tenafoliata brought to bednes. and fixity put y^e same
first well grinded into a vessel with a large mouth & putt y^e
Vessel into hott ashes for 2 hours. when now al is well hott
pouer upon y^e sayd matter so much red mercury that it makes it
to be a liquid paste stirring y^e matter very well with a glass
instrument. Then close up y^e vessel without any delay and
Digest it til it grows black. then white & at last red. which read
Dlixir you may ferment with y^e oyle of gold.

in Circulating of y^e Temperate water Take care that y^e
vessel be well luted & strong, and also give not al to strong a fire
because you will lose it all.

after compleat Circulation of y^e Quintessence you must
Decant y^e same from y^e settled forces. But it is better if after
Circulation you put an alembick upon y^e vessel and gently
Distill of al y^e severe water leaving in y^e bottom of the
vessel a substance like a thin paste and Note that you doe
not

Distil y^e matter til drynes. for t^he y^e water wil receive a
a succulent & Tenetrial Impression from y^e earthy substance.

The black earth remaining after y^e distillation of y^e more w^{at}er
is Latona.

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Several Next Notes of JM

The fundament or Basis of our dissolution is that you well doe purifye y^e matter, namely y^e body and y^e spirit, the body is purified by a tedious & Long Labor, namely by dissolving the body after calcination in distilled water in a good & Large quantity also that in such a Large dissolution the body be quite attenuated then it wil settle its most subtle forces w^{ch} it would not doe if the dissolution were not Large and thin for then y^e dissolution of our Alchealms salt is thick and cleay also that y^e most subtle forces remaine in y^e bosom of this cleay matter, and for this Reason the dissolution must be thin & Large for then y^e forces settle to the bottom, Lett y^e dissolution be hott, then filter & when al is filtered Take y^e remaining forces, wasch them with fresh distilled water so long til no saltnes appears in y^e water w^{ch} you may Taste then filter it and put it to y^e former w^{ch} impregnated Liquor you must distill to drynes, and Take y^e dry body, dissolve and calcine it so often again til it be cleay Transparent & fusible / -

In Calcining of y^e body observe that y^e crucibles be covered with a good Cover also that y^e fumes of y^e fire doe not tutch ^{y^e covers & crucibles must be well luted} y^e salt, for note that our body is an Empty magnet able to attract in y^e middle of y^e flames itself every individual Sulphur and smoke and if this happens the body so prepared is not able to imbibeth half so much quantity of y^e Volatile spirit, as it would doe when it is prepared wel, for it is already half Saturated with a Strange and heterogeneous Sulphur w^{ch} kindes not exactly the working of our spirit, in the operation of Dissolution but it

it makes also after a long and tedious work the *Tena foliata*
not so gloriously white nor y^e Mercury so perfectly red.

The forces after separation from y^e clean body must be calmed
again for 1 or 2 hours red hott & then washed with fair water
for in separation they carry some of y^e good Salt along with
them. With by washing only is not all brought of.

And Our portick Water must be prepared for y^e work of Diss-
olution by digesting and filtering y^e same and then Rectifying
it 7 or 8 times in French Retort by which means the earthy
Saline and sulphureous Acid parts adhering to y^e said water
are absolutely separated and its inward virtue strenghtned
by this kind of Maturation and Note that y^e joints of this
Rectifying Vessel be well closed also that you doe not loose y^e
Red fumes for y^e are y^e Lifes Soul of y^e Operation.

The Rectification of y^e spirit must be done gently in ashes
or in Balneo.

Out of those two Substances of a different substance but of
one Essence and Nature by dissolution and putrefaction y^e made
y^e fiery substance called *Tena foliata* which y^e philosophicall
Silver this Silver or *Tena foliata* is y^e female, which added
to y^e male namely y^e Red Mercury is brought into a Red powder
which y^e gods made from y^e *Tena foliata* and the Red Mercury
it is also the store of y^e self fixation.

The alteration of our body is performed by y^e humid nature of our
spirit for al generation y^e performed out of Liquid Substances.

our body and spirit altho you are perfectly purged from all excrement
and impurities before they are mixed together yett there are internal
foci so close adhering to them that they are no way separable, but
by putrifying your body with your spirit, that is cohobate your spirit so
long upon your body till all foci are separated and both sublime
into a Mercury & Tennafoliate and note that when you cohobate
your water or our spirit upon your salt or our body that after every
Cohobation you lett your matter dry for 4 days gently for then
your salt is calcined by your remaining five fiery igneous souls of your
Cohobating water and when you put your water again upon
it and digest it for 4 days then you observe your said order of
Cohobating and note that sometimes you must remove your phlegme
and know that you longer you cohobate the more phlegm maketh your
Water grows with phlegme separate so long till there is no more
by it then all your ^{Air} fire & cohobate till you have your Mercury & Ten-
foliate.

Our Tennafoliate before it is mixed with your Red Mercury must
be ground in a warm mortar over your warm sand then add to it
Drop by drop so much Mercury that it becomes a paste &
grind this paste warm for 4 hours, also that it becomes
exceedingly subtile for if it be not subbly grounded it would
not be so easily dissolved by our Mercury: and this observe
in every operation where things dry are to be dissolved with
Volatile water and grounded hott for severall hours to pre-
serve your soul of your volatile water in a hott place and this

and this is done after this way namely by making y^e matter
first into a paste for if you should ad more then that it doe
become a paste, then that which added more wil fly away by
y^e grending of it in a warm place add this note for a secret
then put this paste into a Vessel ad to it its proper weight of
red mercury, close y^e Vessel very wel and put it in a sup-
pours bath for 2 days, and all wil be liquid and the Terra
foliata perfectly dissolved in y^e red Mercury with Liquid
Substance digest til it is fix /

This you must also observe in y^e white mercury and also
in y^e making of y^e Temperate water /

When y^e medicine is brought to a compleat perfection and
is like an oyle then put one part upon 10 of mercury
and if al be one red powder then one part of this Rings 1000
of Lead and Note that in projection you always doe use a
quick fire for to melt y^e projected medicine and melt it
quickly and the Stronger y^e fire is y^e more Liquid is the
mettal and the more Liquid it is the more it is open and when
open y^e medicine has easy ingress and goes further without
any Hindrance but be not a frayd of Burning our medicine
for it is a fire itself, and Note that al projections be done
in a Strong fire /

The first distillation of our Eagle Water is done in close vessels
with a gentle fire in y^e beginning augmenting y^e same by degree
till y^e fumes appear then change y^e Receiver and apply

apply another, closing ye joints exceedingly well with a lute of
sonny scales of iron glass & bole well mixed & boyled/so that nothing
of these vapours be lost till so long augmenting y^e fire til y^e Red
fumes are over/

When projection is to be done take and melt y^e metall in a strong
fire then take y^e medicine and put it into white wax put it upon
it and Aug meat y^e fire a little more for $\frac{1}{2}$ hour and then pour
it out/

The ferment of y^e Red Horc is gold and y^e white is fine silver
sometimes in powder and sometimes converted into a liquor &
Take one pound of Terra foliata ad to it one pound of scales of
silver, put them into a mortar and grind them finely then put
thys powder into a Vessel, close y^e said Vessel very well and
Digest them for 8 weeks giving a gentle fire y^e first week
ye next a stronger, augmenting y^e fire every week a little
when now it has bin for 8 weeks in y^e fire then Take it and
put it into a crucible and melt it with a Quick fire into a stone
grind thys Horc into a fine powder and Take of it and of the
white lixiv equal parts, mix it and ad to it so much of the
Lae Virginis that it becomes a paste then put it into a
Vessel to fix and when fix then grind it and ad to it again
so much Lae Virginis as before and thys Reclerate so often
til it is fix and fusible and Ringes/

You may also procede with gold and y^e Red mercury only
thys is y^e difference that you digest the Terra foliata with the
gold for 5 weeks/

Gold and Silver are added to our Stone and mercury for
to bring them from an Universal to a particular nature and
Note that y^e Stone for health is better without y^e addition
of a metal.

Aurum potable is gold Reduced into an oyle by y^e means
of our temperate water by dissolving digesting and fermenting
and this potable Gold is used also for a ferment for y^e Red.

The calcination or Cremation of the terra foliata must be
done in boxes of glass and not of earth, for y^e Earthen
Vessels altho y^e are compact yett like y^e are porous and because
our terra foliata is the most subtle and most penetrating
Substance Under heaven, therefore it penetrates such Earthen
Vessels, and such Vessels imbibe y^e subtle part of it and
this is a great loss to y^e operator, Note that y^e Terra foliata
gives y^e fusible quality to y^e Stone.

The ancient philosophers did not know the True methode of
fermenting y^e Stone nor of making y^e Terra foliata and
it was not for want of glass vessels, but they did not know
y^e exact purification of matter nor y^e Sublimation of the
Terra foliata and our mercury hence they could not ferment as
we doe.

amongst al y^e operations of our Stone the solution of our body in
the spirit is that work is most difficult for it contains y^e philosophy
of y^e Secret, because it thows not onely y^e purification and
absolute perfection of y^e body & spirit but also their Dead and

Regeneration and these are the Operations of a wise philosopher
with our fixe and Volatile Sulphur I mean ye Body & Spirit
When ye body is dissolved in ye spirit then it is ye first matter of the
mercurys then it is ye chaos and hyle out of which ye elements and our
members are to be separated for this Liquid matter containing all that is ne-
cessary for ye making of an elixir except ye ferment therefore when
now all is Liquid then circulate it til it be dry and of a black colour incorporate
this black substance again with ye Eagle water and bring it into a
gummi wich Distill

Before any imbibition either in dissolution or fermentation lett the
imbibed Matter be first gently calcined or apated in a close vessel
for 6 or 7 days for so it will imbibe more and by consequence it will
be far stronger when perfectly then if it did imbibe but little and
Note that all most all ye Secrets of our Stone consist in a moderate
imbibition and defecation

The Crude spirit by itself is reduced into an Essence like a blew in 4 months
or by a long and continual Circulation of ye sayd spirit in close this way both
vessels in a Balneo Maria such heat such Bands as tende the on way both
sayd Essence to ye phlegmatick part are dissolved. off the dross
and Annot

You must take care that in the calcination and Purification of our
body it possibly be preserved that is to say that by ye vehemency
of ye fire you doe not vitrify it for if it were vitrified it would
not drinck one drop of ye our spirit and Note that when the
Salt after calcination appears blew or green it is a good signe

The strength of ye spirit is tryed by dissolving in it a Copper
plate over warm sand and if it smelt continually abundance of red
fumes then ye spirit is perfect good

in Affation of y^e imbedded body take notice that your fire be
not so strong as to melt y^e affating matter for it would grow so
compact and close as not to imbibe any more of y^e spirit

The multiplication is done by adding not only to one that the
base ferment reduced into an oyle but also by dissolving the
ferment there in its mercury and again for sealing the said
mercury with y^e stone,

Vulgar mercury dissolved with y^e red mercury and then
Digested for 40 days in which dissolve equal parts of fresh
Vulgar mercury Digest again for 40 days and it is a Liquor
in which dissolve to ad infinitum fresh vulgar mercury and
Digesting it as before for 40 days this Liquor fix upon the
calx of gold and it tinges one part 30 but you must for to fix
it proceed also

Take one pound of calx of gold and two of this Liquor mix
it and fix it by degree in a dry powder then add to it 2 pound
of fresh mercurial liquor fix it again then take it and add
to it a 4th part of gold and melt it with y^e said gold in y^e
strong fire into a brittle matter one part of which tinges 3 of
Copper or Silver

By a secret way of calcination, the splendor of our first salt
is wonderfully augmented, namely when y^e fixed body is dissolved
in sweet distilled water then add to it y^e 4th part of y^e weight of y^e body
of rectified spirit, filter it and abstract y^e salt and your body is augmented
wonderfully in its internal splendor, for y^e red soul of y^e water joyns
with y^e splendor of y^e body also that no fire is able to separate it &

for y^e body is more powerful here then y^e water being but a 4th part
here happening also a notable separation, of y^e forces from y^e body because
our spirit is y^e spiritual separator dissolving onely y^e Homogeneous parts
of y^e body which are of his nature leaving y^e Heterogeneous Terrestrial
forces to settle to y^e bottom, and here must be noted that when
this salt is obtained it must not onely be red hott but also melt
continually for 40 or 48 hours, and by this melting y^e soul of the
added spirit is more firmly joyned with y^e spirit or of y^e body.
our body or our green gold contains a fix tincture red like a ruby
which once was a Volatile living fire but fixed & concentrated in our
matter By nature & note that in Resolution of this red tincture
of y^e body by our spirit consists y^e operation of y^e men way, and
Cinnabar done by several ways, but y^e best is that you imbibe
y^e body gently and by degree, by our water and so softening it
you will insensibly and gently according to nature open the hard
bands of y^e body and Loosen y^e red Tincture or sulphur from the
Terrestrial body and note as a secret, that from y^e beginning of
y^e imbibition of y^e body to y^e end namely to y^e bringing it to
the gummi you never lett vessels and matter be cold any way
for it will hinder y^e working of both Considerably.
Also our body be of a fiery caustick and biting taste and our
spirit of a corrosive nature yett when their inward salts are
become a Mercury and lena foliata, they are not of y^e same
taste as y^e body or spirit but of a more gentler not biting but
grateful fiery and not athermal Corrosive bitulious for note that al
y^e oil heat and smell of y^e body and spirit Proceeds from heterogeneous
vapours & Sulphurs adhering to them.

Take 4 or 5 pound of y^e best purified body ad to it 1 pound of
well rectified spirit, grind them very well, and when ground then
dissolve them in fair water. Common distilled water. / and when
dissolved filter them namely y^e cleard solution, and abstract
y^e same - untill dissolution, til y^e salt appears dry Take this
Salt and put it in a crucible, Lute on the top of this Crucible on
other and let y^e salt melt in a moderate fire for 36 hours in
which Time the spirit is very well mixed & fixed with y^e body and
take notice that y^e crucible be not glazed within or with
out and that y^e crucible where in y^e matter is into
another, for lfe the calcining fire by its power peeces the
Crucible and y^e salt run out when 36 hours are over take it
out, break y^e crucible and grind the salt with one pound of fresh
spirit again, and when ground dissolve it in water as before and
when filtered abstract it again as before and when abstract then
melt again as before and when melted grind the salt with fresh
spirit as before and this work reiterate att least 35 times when
it is now done 35 times then y^e salt is near fire in a Corrosive
Transparent stone take it and if it be halfe a pound ad to it half
a pound of terra foliata nolletruncid then and grind them
very well, then put them into a vessel well closed and digest
them for 4 days in a gentle fire in which time y^e terra foliata
is fixed by y^e fire of y^e Corrosive Stone then take y^e matter
and ad to it so much of y^e oyle of gold or oyle of silver made
by y^e Temperate water as to make it into a paste then put

put it into a close vessel to fix and when fix ed to it so much of the oyle
of gold or silver as before and fix it and note that the fixation is done
quickly by y^e fire of y^e Corrosive fix Salt and the addition of oyle
of gold or oyle of silver rectified along til it be fusible like oyle &
Tunges.

The longer the fix body is calcined and dissolved with the spirit the more
spirit it does congeale afterwards in y^e work of dissolution for the
Congealing power of y^e splendor is augmented by y^e addition of y^e spirit.

The Lac virginis and Red mercury may be mixed for y^e Red but then
you must digest them both for 25 days in a Temperate heat also
that y^e Lac virginis may come to y^e perfection of y^e Red mercury
and this is done when there is want of Red mercury for the multiplication
of y^e Red Stone.

By y^e help of y^e Temperate water there is extracted out of Copper
a red oyle which mixed with y^e oyle of gold, and with this mixed
oyle imbibe and fix the Terra foliata brought to subtility and
when fix imbibe again til fusible & fix, giving a fine texture to
y^e metall upon which it is projected.

When our body is prepared and stands in dissolution, then take care
that you cover it with something and let never y^e vessel stand
open for dust & smoke will fall upon it and note that all dust does
containe an acid salt Heterogeneous to our matter.

Our fix body either in dissolution, Liquid, or dry must be kept
in vessels close stopp'd that no aer can enter into y^e vessels for
our body is a strong Magnet and attracts strongly y^e aer if not

not prevented, by which attraction of y^e living fire of y^e aere he is
so saturated in time that it is able to Congeale but little spirit.

Let y^e vessels for dissolution and other operations be cleared with
distilled water /

for any extraordinary Operation as dissolving y^e Terra foliata, or
Dissolution made in our second dissolution of y^e body and spirit if
there be used any vulgar water, the said water must be 7 times
Rectified and then circulated for 10 days not to exalt its spirit
but to separate all Terrestrial matters from it, with Terrestrial
matter is very close united to y^e vulgar water and is a Hindrance
to any greater best Work.

The curiobity for subliming and Rectifying of y^e Terra foliata
must be less for tis not convenient, that y^e Terra foliata should
rise high for it is ~~not~~ only designed for fixation, except such
Terra foliata as is used for y^e Temperate water.

for Lining of vessels. mix with your lute in y^e place of hair fine
paper or Linnen beaten and Toren into fine racks with blades and
make y^e lute exceedingly fine /

To dephegmear spirit perfectly from all phlegmatick parts you
must take and put 4 or 8 pound of y^e spirit into a spatias flaurbit
put upon it an alembick well Luted, give a gentle fire and take
of y^e 10 part of y^e spirit which is phlegme then Lett y^e spirit
cool & when cold put the same into a circulatory and Circulate
it for 10 days then dephegmear as before y^e 10 part and then your
spirit is well dephegmear.

in al Operations of imbebekon and sobobation as also putrefaction
you must separate al y^e phlegmatick humidities from y^e matter for the
phlegmatick humidity is y^e sole cause of mischange for by the frigidity
of y^e humid phlegme the aerial & vital fiery actions of y^e matters are
checked

it is better to bring y^e body before dissolution to a deep red colour for it
is a signe of wel purification of it and of abundance of Tincture
and To make y^e body read you must take and digest it for 40 or
45 days in a close vessel with a good strong fire but Regulating
it so that y^e salt doe not melt for then it is spoiled for redness
Take 1 lb of *Terna foliata* not vitrified powder it finely ad to it
7 ounces of scale of silver Mix them very well then put upon
them 2 lb of Lac Virginis Set y^e matter in a vessel well
closed in a Vaporous Bath, for 24 days in which time al is dissol
ed except some foci of y^e silver then decant y^e clear Liquor
from y^e foci and put it in a cucurbit ad to y^e cucurbit an
alembick and distil in a gentle Balneo of al y^e Liquid Spirit
Leaving behind a dry matter composed of y^e *Terna foliata* calx
of silver and y^e soul of y^e lac virginis or white mercury Take
this matter and after it is ground put it into a close vessel well
luted att y^e mouth of it and put y^e vessel into a vapoury Bath
for 20 days in which time al is dissolved into a Liquid Substance
with Liquid Substance lett stand with y^e vessel in y^e same
place for 10 days longer in which time it will be clear and serene
Sitting at its foci to y^e bottom, when y^e foci are settled decant
y^e clear Liquor from y^e settlement and put it into a retort with

with a Hercur, and distil gently and what distills cohobate gently
upon y^e Remander, reiterating this 7 or 8 times and at last come
over into one serene & y^e Liquor with Liquoris y^e white ferment
for breeding that work is made by Cohobating of y^e Temperate water
Upon y^e calx of silver.

With this ferment you must imbebe and grind y^e stone to a paste and then
fix it with y^e same Reiterating this operation til y^e stone is a white fix
and fusible gummi.

The white Elixir is better prepared upon tin then any other mettall
for it goes farther upon it & does y^e Red Pincture upon fine silver.

The multiplication of y^e stone is but a fresh dissolution of y^e same in y^e
mercurys and is done several ways, namely, one is by imbebing the stone
with y^e ferment of silver & gold reduced into an oyle y^e other is by redolour
y^e stone mixt ^{with} gold in y^e Red mercury which is an excellent way and of
a quick preparation as follows Take 4 ounces of y^e stone of the
purification mix with it first powdered 4 ounces of calx of gold made
by dissolving and amalgamating it with common mercury and then
evaporating it, when wel ground ad to them 4 ounces of Red Mercury
mix it and it will be a liquid paste with paste fix by a fire of
suppression, in 10 or 20 days augmenting y^e fire by degree then
open y^e vessel grind y^e fixed matter and ad to it 4 ounces of fresh
red mercury and having mixt it fix it as before by a fire of
suppression, and this Reiterate 4 or 5 times til it flows like wax
and altho this Tincture be none of y^e highest, because of the
forces of y^e gold mixed with it which in some measure kindred its
power yet it is most excellent because of its last and quick

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quick making, and in it is no danger of feeding in incrusting or imbebung
The black matter, remaining in y^e Retort after y^e distillation of y^e mercury
may be resolved in ende but wel Rectified Spirit and when dissolved digest
y^e dissolution for 2 days then separate y^e clear from y^e fowce by inclination and
abstract it into a Brownish Salt which Salt imbibe with y^e mercury
and then sublime it as you know.

The Citrusation of y^e Sennafolcata is better done by a fire of suppression
Then by a digestion with a fire under it for know that a fire of suppress
ion working downwards does more quickly fix any thing whatsoever
is Volatile then y^e heat otherwise applyed but y^e application of y^e heat
of suppression is more dangerous for y^e breaking of vessels.
When y^e body is dissolved in fair distilled Water in a pretty large
Quantity then before you filter it Lett it stand for 2 or 3 days.
in warm sand in close vessels and there will settle abundance more of
Sediment to y^e Bottom, for Liquors How Limpid soever y^e are yett by
Digestion bring more fowce.

When y^e Spirit is Rectified take care that the same does not Boyle
in y^e Retorts by y^e violence of y^e external heat for know that if y^e
Spirit boyles that then by his Volatizing power he does carry some
of y^e Terrestrial matter along with him, which y^e self remains in the
Bottom.

When our Spirit and body are come to blacknes then y^e true union of
both is performeth and y^e Sand dissolved with kept y^e splendor of
y^e body, then when y^e black matter is dry open y^e vessel and ad
quickly some fresh Spirit to it, and close it again for note that
y^e Dead Bodys or matters have not now y^e power of themselves to
Come to whitenes except the are helped with y^e addition of more Soud

and when y^e body is brought to whiteness it must be brought by further
operation into a gummi which must be distilled into y^e new vessels.
When our Crude Spirit is rectified & tinged and dephlegmed then circulate
it in a close vessel for 4 or 8 days in a gentle heat because in all the
rectifications and dephlegmations y^e vapours of y^e spirit have bin sublimed
& made loose from y^e water which by such a gentle digestion are settled again.
When y^e body with y^e spirit is brought from blackness to be white
then you must try to sublime it as followeth. Take a cucurbit with
a flat bottom, put upon it an alembick & closing y^e joints very well
note you must put in our altered body mixed with equal parts
of fine and well washed white sand, then give a gentle fire first and
if any liquid matter comes over keep it but augmenting y^e fire
you will have a sublimat fine and white which when y^e vessels
are cold mix it with y^e remaining stuff & sublime again and
what sublines mix again with y^e remainder and thus Reiterate till
you have Terra foliata enough.

These Happenes. Sometime that people doe not bring their Stone
to fixity but find y^e same always Volatile and imperfect and
this brings them into Despairing of ever attaining y^e desired End
and such Mischiefe happens. When in increasing of y^e Stone the doe
add too much of y^e ferment to y^e Stone, for the too quantity of the
Volatile ferment not only brings immaturity into y^e Stone but also
volatilizes y^e same in y^e beginning, and therefore it needs a long
time for fixation which if there was added but a little of the
ferment, would never happene. Therefore to create our Stone Rightly
you must doe it with y^e 4th or 6th part of its own weight namely

namely when y^e stone is ground and he weighty Sounce ad to it 2 ounces
of y^e ferment or $1\frac{1}{2}$ grinding it very well and this is a true proportion for
y^e stone will never come to a Liquidity by it but always remains in
a dry paste and y^e fixacity of y^e stone overcomes y^e volatility of y^e ferment

The Gummi must be distilled in a Retort with a flat Bottom and a
wide neck well luted and with a gentle fire in y^e beginning and when y^e
Lae virginis is over the Red mercury appears sometimes like a red bottom
in y^e neck of y^e retort but soon resolves and drops down in a red oily liquor

The Red nor white mercury containe no Elemental Water at all if
they are perfectly Rectified for the Liquidity of their substance
proceeds from y^e abundance of y^e living fire which they containe

The focus of al Operations must be worked over again a little
for they containe sometimes a good quantity of their produced
matters.

Mix the Penafolcata with equal parts of Silver and when
they are well mixed put them into a close vessel with vessel put
into a Vaporous bath to Resolve for 40 days in which time y^e
Silver is most al dissolved Continue this Resolution til they are
both black then take them out of y^e vaporous bath and put them
into ashes and then into sand to fix, then take y^e fix matter &
imbibe it by Little and Little with lae virginis alone til it be a
paste, then fix it again as before and then imbibe again redolating
this 100 times til it flows like wax hanging a copper plate into
good Silver

Let al fixations of incoerated matters be done with a gentle
fire in y^e beginning to settle the Matter into a due Temperament

Take one pound of our first Body very well prepared powder of finely
and mix it with 4 pound of y^e best spirit also namely put the
spirit into a glass put y^e glass with y^e spirit upon warm ashes
and lett it stand there til y^e water be well warmeth, then put
your salt into it by little & little so long til al is in then put an
alembick upon y^e vessel and draw off al y^e Liquid substance
til y^e matter be dry, keep y^e water abstracted by itself and take
y^e remaining salt and put upon it 4 lb more of y^e best Rectified
spirit close y^e vessel and put it to digest for 8 days then distill
somuch til there be distilled 2 lb of y^e Liquid matter which put to
y^e former water but close y^e vessel with y^e remaining white &
Liquid salt, and put it into a balneo in a moderate heat for 150
Days in which time al will be a Liquid brownish masse then
open y^e vessel and put upon this matter y^e abovesayd phleg-
matick waters, with which kept and closing y^e vessel digest it
for 4 days in which time al is dissolved except y^e foci which are
settled in y^e bottom of y^e vessel then separate y^e clear Liquor
from y^e foci by inclination and abstract y^e clear Liquor
gently into a white brownish gummos salt add to this salt
if it be 2 lb two pound of y^e best spirit and digest it for 20
Days longer in which time y^e spirit will be yellow to w^h y^e
Dissolved Matter Distill y^e yellow water gently in Balneo
and when distilled dephlegme it and put it again upon the
Remainder Digest it for 5 or 6 days and y^e matter will be redder
than it was before dephleg-
ment

and put it again upon y^e Remainder digest as before and this
Cohobation & Dephlegmation reiterate so often til al the Tincture
of y^e salt is gone leaving y^e salt behind without any Pixture
then quench it very well and ad to it y^e red liquor att least 3 times
rectified and digest it for 10 days, then distil gently first a
phlegmatick water when that is over distil a Drawing White
water and when y^e yellow water appears change y^e receiver &
*this is the
mark of
added but
by according
to Dr Moulton
in the beginning
of the book ver*

Take y^e Red oyle, when al is over open y^e vessel and mix
with y^e Remaining matter a good Quantity of powdered Crucible
Earth when mixed sublime it by Degree of fire and you will
have a sublimat very white and subtle like arsenick.

in Resolution of y^e body in our spirit it be either by imbibition
Cohobation resolution or other operation y^e fire must be so
strong that you can hold y^e vessel with y^e matters in y^e your
hands without hurting them and such a fire being now of the
strongest nor of y^e weakest disposes y^e matters to a quick
Operation and alteration.

They are never quiet namely y^e body and spirit because of
their active Sulphureous power, til from one quality they
are turned into another and from one colour into another
and are brought att last into a mercury or red and white
Liquor and a volatile white transparent & penetrating salt.

The outward Crucibles wherein our salt is calcined: / No it
must be calcined in double crucibles: / must be Rubbed over

rubbed over, with a paste of clay and calcined Vitriol, for to keep
y^e crucible from breaking and also to preserve y^e heat the
better to them selves. /

The dissolution of y^e body in y^e spirit proceeds y^e alteration
for there is no alteration but in things dissolved into Liquidity
and Nature in all its productions first makes its matters Liquid
& Viscous. /

The *Tenaculata* has much ever the istubled and purged
yet she contains a Penetrical part which is easily perceived
in y^e making of y^e Temperate water when it settles to the
Bottom Like y^e excrements of urine. /

The Oyle of gold before use of incinerating may be Circulated
for 2 days and also dephlegmed. /

The Mercury Melt with y^e Sulphur of nature dissolves
Coral and Diamonds. /

Ortal dissolved in y^e white mercury and Circulated into an
essence is y^e sorely Remedy for y^e goat. /

Finis

Notes out of Gloria mundi

Our preparation or distillation is done out of one only thing in y^e whole world which one thing is our basis or matter, it is a True Stone, and it also is Like a Stone precious crystalline and white with matter containes y^e 4 Elements, and al what is Wanting in y^e preparation of y^e Stone.

The first body must be extracted out of our matter by dissolving and forgealing, and must be cleared from al its impurities and then sublimed by y^e help of our Spirit into a salt sublimatt which is our Sulphur of nature with Tinges after its due fixation. Three Things are to be observed 1 that y^e matter be well cleared and purified so long til she appears in y^e form of a purified salt and 2dly this purified matter must be divided into a spirit and a body, this spirit and body also must be made subtilty and pure, 3ly y^e body must be dissolved and forgealed with its own spirit, by several Repeated dissolutions so long til it be sublimed.

Know that to our art belong 2 things, one fix and y^e other Volatile, spirit and body, y^e body must be made Volatile and y^e spirit must be made fix, these too are extracted out of one body or matter, and note that the body is first turned into Water by y^e spirit, this spirit is y^e eagle, and when after a long digestion and cohobation the eagle roata is separated from y^e body, then y^e sayd body remains black and corrupted and to bring this to live again you must imbibe y^e black body
Corrupted

Corrupted, and with y^e Eagle Water again by degree from 8 to 8
Days imbibing so long, til it wel imbibe no more, and You wil
see how it devours one eagle after another, that is how it
imbibes one parcel of y^e spirit after another, when now it is
come from blacknes to whiteness by y^e help of digestion and
Dissolution and imbibition, then it is a signe that y^e Dead is
brought to life again, and note that then You must sublime
it for it wil loose all its impurities and Take also a new and
glorified body which is y^e Ternafolcata and y^e white Sulphur
of nature /

Take this one thing which is our matter, put it into a Vessel
of distillation, adding to it a sufficient quantity of clay to
hinder y^e fusion of our Drop, distil first gently and then
augmenting y^e fire by degree and you wil see our sulph-
urous spirit come from y^e matter, whose power flies through
y^e Receiver with purple Wings, when now distillation
is over Take y^e Remaining matter for it is our dead body
and after grinding it very well Take it and extract out of it
y^e Salt which is y^e body or our green Lyon, whom y^e fire
cannot destroy which purify by often calcining it, and note
that y^e more our body is calcined the more porous it is as also more
pure and fitt to receive its lost spirit, when now y^e salt or our
body is perfectly clean, then make out of it by y^e help of our secret
Dissolution y^e Ternafolcata,

The instrument of our art as also of our dissolution is our
Spirit

spout 7 times Re. liffyd in balneo, marie or ashes, and know that
its vapour, is of a fatt nature and in this fattenes is added a substance
more penetrant wch is y^e soul and by y^e help of this fatt water the
internal mercury of our body is extracted wch is called the incombustible
oyle & also gives light to y^e dead body and note that this matter
is forced by a great agent namely fire out of our crude matter
Drop with great ingenuity & Quickness

The Clearing of our Earth from the
Superfluous Earth

Take y^e wcl purified body and bring it by y^e help of our
Secret dissolution and our aqua Vita to putrefaction and when
this brought from blacknes to white then sublime it into a
crystalline Stone. this Stone wch is our Tena foliata is so often
incubated with our mercury til it flows like wax

Out of our matter are extracted 2 Substances, or too waters y^e
body and the spirit and altho the are too yett the are but one
thing for know that their Essence is one and this Essence is
that thing wch is bitter and cleare & covers y^e whole world
and this is y^e fire of our Stone namely y^e red fume of our
water

Take our crude matter powder it and mix it with a proportionable
quantity of clay and distil it by y^e gradies of fire, the spirit
such distilled Reckless 7 times, the Remaining caput mort take
and powder it and extract out of it y^e first salt wch purify
and after purification joynre them both together and worke out
of them by our dissolution both Mercurys & y^e Tena foliata

The body is dissolved into water by y^e spirit for water and spirit
it was before /

Our crude matter is not made by men, but composed by nature
which we take and part asunder that is we dissolve it into spirit
and body and these two we joyn again together, and note
that y^e body is by nothing else purified but by y^e spirit /

The solution of our body is done by y^e congelation of our spirit
and therefore as long as y^e spirit is yett volatile he can not operate
till he is fixed then he workes, and therefore doe like the
Baker does with y^e bread, Take of y^e spirit a little and give
it to y^e body by imbibition and continually grinding like the
Baker adds y^e ferment to the flower, and then the ferment
transmutes y^e whole substance into ferment, also does our
spirit worke as ferment, and you must ferment and add fresh
spirit to y^e body from 8 to 8 days grinding digesting and drying
y^e matter very well so often till y^e spirit will operate no more
and y^e body imbibe no more and this is y^e signe namely when y^e
spirit in abstraction rises as strong as it is put on, and here y^e spirit
cleanses y^e body that it becomes a spirit and so too are made one
and all this must be done with a gentle fire no stronger then the
heat of a hen when hatching of eggs.

Like y^e almighty God created every thing out of drynes and
humidity also like create y^e mercury out of the body and y^e
spirit /

our body must be oftentimes innorated by y^e water with liberal
imbibitions from time to time for our water like y^e dew from
heaven quicknes and refreshes y^e most dead and sick earth &

and Note that Without Humidity Nothing grows.

all Things in Our Work are done by y^e motion of y^e Red Spirit /
Let our Spirit and body be perfectly cleansed y^e body from all blacknes
and Vicious filthy Terrestrial matter who adhere to it most internally
and y^e spirit from al phlegme and Sulphureousnes, and also Terrestrial
foeces, and in cleaning of these two Substances Take care you loose not
their best Qualities, and when the are cleansed then we joyne them
again together, then our dead body Revives again and never dyes &
is made so Subtile and so excellently clarified that it penetrates al
hard bodies /

Our body is fix and Our Water is Volatile, and you see when a thing
is Burned y^e Volatile part goes away but y^e ashes Remaine that
is Calaine Our matter by y^e help of charcoar to a fix body void of
al manner of Spirituality then put upon these ashes Calined fresh
Distilled Common Water and Note that y^e power of y^e Calined
matter does goe into y^e water, and then clarify your Lixivium and
evaporate y^e water and a fine salt Remains in y^e bottom which
our green Lyon, our alcalious fix body /

Our matter is tempered equally With y^e power of y^e 4 Elements
and wants nothing, Take this matter powdre it finely and mix it
with 2 parts of clay, mix it very wel with y^e same clay and
put it into a Retort wel Luted Lett y^e Retort into a furnace of
a Naked fire and give first a gentle fire, but when you see y^e
Soul of our matter appeare then augment y^e fire by degree
Continuing y^e same so long til al is over observing that the
joints of y^e Receiver be very wel Luted to y^e neck of the
Retort

also that nothing of y^e soul may pas out, now you
have parted y^e humid from y^e dry, and y^e soul from the
body, Take y^e body, and clarify y^e same by Calcination &
several Dissolutions, and when clean dissolve it by itself in a
close vessel in a Vaporous bath, and when totally Liquid then
ad to it our spirit, well Rectified a little and a little
imbibing this Liquid matter so often and many times til
y^e vapours of our spirit rise consue from y^e sayd Liquid
matter, then close y^e imbibing Vessel and digest til blacking
and so with farther imbibitions of y^e sayd black matter
til whitens: here this matter cleary dissolves purifies
and Congeales it self and Note that y^e Rectified spirit
is y^e water wick giv^es Life to the dead body because
of y^e seed wick is here restored to y^e body and this water is
our wind for wind contains Life and motion wick is the
soul and y^e soul is cleary and always remains with the
body / When now it is brought to whitens by y^e length
of time, then you may sublime it into y^e glorious
Sulphur of nature.

Style is y^e first matter, y^e physical salt, a roth, and
the seed of all things, this is extracted out of y^e earth.

Our spirit well Rectified and also dephlegmed and depurged
from all superfluous Terrestrial and Sulphureous matters
is y^e seed wick is put into our body for it contains the life
and also the motion.

All things
The day
which is
means
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Two
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Earth
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Luna
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Solis
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form

All Substances and Sublimaneous minerals, as also all other things are brought to perfection by fire

The Earth receives y^e influence, heat and splendor from heaven which is warmeth by y^e Sun & Sublimaneous heats, and by means of such a heat vapours are generated in y^e Earth which vapours elevating are impregnated with y^e splendor or first Element, but finding all places close they are forced down again, and so these volatile impregnated vapours are ~~trans~~ transmitted into humidity & then into a viscerous matter and at last all is fixed and so metals are generated.

and when the vapours are subtle and clean in a good Earth then good metals are produced.

Two things operate and worke in our art namely Sol & Luna spirit and body, for what y^e spirit makes altho the Earth Temperates by its frigidity and what y^e Earth makes to cool y^e spirit temperates by its calor, by spirit always is taken for Sol, as man and y^e informing part of our Stone and Luna for y^e body as y^e passive and obedient part

Our Mercurys are made out of Sol and Luna, spirit and body Sol is hott and dry Luna is hott and moist, and note that in our body also y^e fire is hidden, and is hott and dry and in this fire y^e acc^{te} living which is our spirit when it comes to it therefore two principal parts here are seen, namely humidity and drynes that is Earth wind and water which wind is y^e soul of the water and libeal things have their original and increment from humidity and drynes also our mercury, for spirit and body

body being moved, distill and sublime into mercury and terra
foliata /

Humidity and Calidity is joyned in our art and these two are
joyned by heat for our matter generated and corrupted by heat
and humidity turns into y^e sulphur of nature in which both
fire and water is found. and in the Operation of this A
You must know that y^e vapour of our water elevates with
itself the most subtle, aer, earth, and fire of our earthly
body. And so a most equal Temperament is made of the
most subtlet Elements of our Matter, which is our Terra foliata

Our first Hyal matter is divided by distillation into 2
parts namely y^e spirit and body and note that in such a
separation of y^e crude matter as this is, there is no elevation
of y^e subtle earth, for y^e same remains fix in y^e bottom
and when both y^e separated water and remaining earth
are purified and joyned again then out of them comes a
Noble oyle which is our Mercury.

Above all things our first body or our alkalous salt of
Potash must be purified by several solutions and fermen-
tations also that it is able to receive y^e seed which is our
acid punkish and sulphureous water note this water also
must be well cleansed, and note that if y^e earth be not
well purified and deprived of all heterogeneous earthy our
water will not produce its fruits in y^e same, which the
Operator must observe /

our mercury white and red is nothing else but y^e product of
our spirit and body /

To make our dissolution you must take and dissolve y^e body into
water by y^e help of our spirit and when dissolved put them
into a warm place so long til al is black but you must take
one part of y^e body and 3 of y^e spirit /

Take our body grinde it very well and imbibe it with the 6th
part of our water Reiterating this imbibition so often til it
will imbibe no more, observing alwayes that after every imbibition
your matter be well dryed, then when it imbibes no more, then
digest it til blacknes, and then imbibe it again and digest it
to whitens, then sublime these Corrupted and altered substance

Take our magnesia or spirit put it into y^e body which is
the aqueous vessel and after y^e body or vessel of Hermes
has well Received y^e magnesia or spirit then digest them
til blacknes /

Take our argent vive, or spirit mix it with a equal party
of our body, grinde it very well and by such grinding al
is turned into water with water digest for 40 days, then
digest more til blacknes appears, but note that your vessel
be very well closed then after blacknes has appeared then digest
til whitens /

Our spirit is y^e magnet of our body, and digest y^e spirit
with y^e body so long, til al is one water, then digest it so long
til al y^e spirit is congealed by y^e body /

Take y^e head ^{man} w^hich is our Spirit, put it with its wife w^hich
is y^e body in balneo s^e long til y^e are one Liquid matter
Then lett them Turne into a dry substance by fuculation, and
when dry. then our dissolution of y^e body in its spirit is done
with a gentle fire as that of a hen Latching of lgs, and also
the spirit of y^e earth wil be sett att Liberty

out of y^e caput mortuum of our chaos, must be extracted a salt
and this salt by several operations must be made over these wayes
and note that this salened & well prepared salt congeals wth our spirit
with a perpetual Congelation.

Our mercury is made out of y^e body and spirit of our matter, and in
y^e spirit y^e aeris found and in y^e earth y^e fire that is in our body.
Our spirit ascends by distillation and therefore he is volatile and you must
know that our spirit has his feet in y^e aer, but what remaines in
the bottom after distillation is our body and has his head in the
earth and note that y^e feet carry y^e head and the head governe
y^e feet, and hence it is that y^e one cannot be without the other
for to performe our dissolution.

Our distilled and Rectified spirit is called sperma, this spirit must
be put to his earth again by little and little and to joynd with
the body by a continual coction, for our body is y^e receptacle of our
spirit, and y^e spirit purifies its own body and after y^e earth or
our body is well imbued with y^e spirit then digest it til black &
then til white by imbibing y^e black mafe again wth fresh spirit
The body is called Luna and y^e spirit is called sol for it contains y^e remant
of aer & Luna must be dissolved in sol as his own water w^hich is called

Called
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vinted
The co
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Refold
fair
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may
y^e spir
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Temp
This i
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it is f
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also b
Transm
and w

Called de le ypo dissolvi, for now you have two waters namely the
Distilled water & y^e dissolved body, and these by gentle coction are
vinted, and by y^e body becoms a spirit and y^e spirit becoms a body.

The conversion of y^e elements is, when y^e water is cohobated vpon y^e
earth several times for by such a continual revolution y^e elements of
both water and earth are loosend which are acce^{pt} fire.

Take our body and after having ground it finely put it into a close
glass vessel sett y^e vessel into a warm balneo vaporis also that by the
Resolving heat of this vaporous bath the body may be dissolved into a
fair Liquor. This Liquor is called lapis soliorum, when it is dissolved
then imbibe it with our spirit which is our sea water, also that it
may perfectly mixe and vint itself with it for this water containing
y^e spirit & soul of y^e body, when now y^e Liquor is imbibed enough
with y^e spirit, then digest them, for when y^e body is thus purified
grounded, boyled and imbibed with y^e spirit, then it transmutes it
self from a vile state into a very noble one, and note that this water
also is y^e ferment of y^e body.

Take our spirit, and imbibe with it our body gently by degree a little
and a little til y^e body reciev^e life and this must be done by a
Temperate heat Like that of y^e stomach.

This imbibing of y^e body with y^e spirit must be done so often
with adding, drying, grinding & sealeing, til y^e body is white, then
it is called magnesia for then y^e spirit and body is made one thing.

When our matter is parted namely y^e water by itself and our body
also by itself and acts these are two yett the are but one, and are again
transmuted into one thing for y^e body is a sulphur and y^e spirit is also a
and when y^e spirit is added to y^e body then one sulphur coms to y^e other.

and when our spirit is added to y^e first body orderly from time to time
then a y^e spirit is congealed into a body, and then it is that sulphur
added to sulphur is perfect.

and when sulphur is added to sulphur, and the water is joynd with
y^e earth, and y^e spirit with y^e body, and are brought to blacknes
by digestion and from blacknes to whitens, then note that y^e body
retaines y^e spirit also that it cannot fly away and by this manner
you have y^e philosophers white earth, which you may sublime.
When y^e dry is separated from y^e humid that is when our spirit
is distilled from y^e body, then our spirit is y^e man, and y^e remaining
earth our bod our body is y^e woman, then dissolve y^e body by it
self in a vaporous bath, and ad to it namely y^e woman or dissolved
body y^e spirit or y^e man gently and by degree and bring them to
a matrimony & close union, here y^e earth drinks its own water
from time to time til it will drink no more, then digest it til whitens
then ad to it again of our water by little and little and dry it up
again in a natural heat so often this doing til it be white and
sublimes.

The first crude matter of our mercurys is one thing but it is
divided into 2 parts namely y^e spirit and body. and when these 2
are joynd again after compleat purification then y^e spirit become
a body and y^e body a spirit.

all things upon earth are moved by y^e living fire which in
our art is y^e quintessence.

The earth receives y^e splendour of y^e sun and ~~the~~ moon, which
splendor is y^e living fire and a temperate calor, and gives it

it to
milk
When
stone
When
then a
and ou
& boyle
Water
cast of
Transm
into an
heaven
of nat
note h
body g
Our sp
brought
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of bra
spirit a
semen
spirit
inhibit
which
for the b

it to its children which are its products. Like a nurse giving
milk to infants which note?

When Our spirit is distilled, then y^e wind carries y^e soul of our
stone in its belly in this water is fire which is y^e soul.

When Our secret lark, our body assumes y^e splendor of our water
then a new body is generated like a child in y^e womb of its mother
and our body takes in it self y^e sulphur of our water and cherishes
it, and virtues it, and fruit from day to day with the imbibed
water til our splendor or fruit grows strong and note that then both
cast of blacking, and also their sticking quality and are also

transmuted from one nature into an other, and from one colour
into another, and note that the sulphur of our secret water by its
heavenly quality promotes perfection brings life and our sulphur
of nature is generated which is y^e infant of y^e philosophers.
note that y^e water is from day to day converted into y^e body and y^e
body grows like a child in y^e womb of its mother.

Our spirit as long as he is volatile works nothing but must be
brought into lark, and then he is exceedingly powerful, but if
you wil bring him to that you must doe like y^e baker in the making
of bread namely you must give a little of our very well rectified
spirit as y^e ferment to y^e body as y^e flour. then the whole
ferment converts y^e whole substance into ferment also does our
spirit for he transmutes the whole body into his substance and this
imbibition or fermentation you must continue til y^e body is one ferment
which is til y^e body be quite dissolved.

In the beginning of our work we separate the hum id from y^e
Dry

Dry that is y^e Earth. from y^e water, that is y^e spirit from
the body, and note that y^e soul rises along with y^e water which
soul if it be given to y^e body fills y^e pores of the sayd body again
et hoc significat Tenam ab igne separare subtile a duro, for
the water is subtile and y^e earth is hard & strong and this
must be done with a good heat.

These 2 as is sayd above must be made one again by a gentle
Decoction of y^e water or spirit with y^e earth or body which
Decoction must be continually but no stronger then y^e heat of
a hen sitting upon her eggs.

Nature is onely that which worke at things in our Magistral
but it is done by y^e help of art.

all our secret operations done in our dissolution Calcination
and degation are onely done by our spirit.

Our body in our dissolution is Runged with y^e constant
Tincture of y^e spirit which is y^e ferment, and also the
soul of al our most secret operations, and also the soul
and spirit are joyned together with y^e body, and are with
y^e body Transmuted into y^e colour of y^e ferment, that is
one thing which are our Mercurys & Tenafoliate.

Our Matter I mean y^e Rude chaos is Like Adam the
first Created man, who can of it self bring forth no fruit, &
of ever nature intends to absolv^e its course in our matter
then y^e inner part of our Matter must be separated from
it which is our spirit, and this spirit which is y^e women must
be given to y^e earth or first body again.

it is necessary that y^e Soul be joyned with y^e body, here our body naturally attracts our water, and y^e water or spirit dissolves y^e first body for our body is mortified by our spirit and our spirit is inspirituated by y^e earth.

The spirit is y^e strongest thing for it reviveth y^e dead and dark nature of y^e body.

When our spirit is cohobated upon y^e body you must observe that such a cohobation be done gently and in after repeating the sayd cohobation so often til y^e body becomes black then cohobate again til it becomes white and when blackness appears you must add fresh spirit to y^e body for to cohobate the fresh spirit upon y^e black body so long til it grows white.

Note that in our body is a first virgin salt indestructible it is like y^e sperme in man, which y^e spirit attracts in y^e operation of dissolution and y^e spirit as y^e woman is impregnated with it and this central salt you must extract from y^e body by our well rectified spirit also that y^e sayd central virgin salt may become volatile - for then the dead is revived and therefore it is called y^e living water from man for it is extracted from y^e male, and note that this subtle salty like y^e fruit inclosed up in y^e first body and when our water and our central salt are become one water then it is called Virgin Milk.

and also y^e water or our spirit is embraced by y^e body and the body operates into y^e spirit, for it dissolves y^e body and when it is cohobated upon y^e body it always takes a particle of y^e body along with it over, and by Reiterate Cohobation the water becomes.

Thicker & Thicker and hence it is that y^e water must be put
again upon y^e Remander, and digested also that y^e body may
be dissolved in it, and when dissolved, abstract again and y^e body
is coagulated again and by reiterating of this y^e body is
calculated, physically washed and purified, this Reiterate often
by solubating dissolving & digesting til al y^e power of our
first body be extracted with you may see when after blacking
it grows white & sublimed.

This Sublimate is our terra foliata in which gold is Seminated
to produce 1000 fold fruit.

FINIS

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by Mary
and says
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to after
w of an
Rachy
of Lennated

Handwritten text in cursive script, mostly illegible due to fading. The text appears to be a letter or a journal entry, possibly mentioning names and dates.

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Arbor Solaris.

Our Stone is made out of one thing alone which is our matter and also of two namely. y^e spirit and y^e body which two are of one nature.

all diligence must be used for y^e preparation of our Mercury for y^e are y^e earth in which gold is leminated.

Our body. y^e green gold of y^e philosophers is dissolved by y^e help of our spirit and living water, and by y^e same y^e body also is calcined & prepared, and by dissolution and putrefaction it is also disposed that keeping its vegetable power it is regenerated. The red Mercury is y^e earth in which gold is leminated and y^e lae virginis is y^e earth for y^e silver.

all y^e difficulty consists in y^e operating and making of y^e S^up^{er} Our fixt salt is cleansed from all superfluities and made subtle by several purifying washings and calcinations and Note that in y^e cleansing of our salt with y^e spirit a certain natural fatness is introduced into it which is y^e red spirit of our water.

Our matter is Sal Nithum Sapientum Vulgare Los soely et pinguido terra. The Superior & inferiour Sun.

out of this Subject is extracted Sulphur & Mercury. Sulphur is y^e Man or spirit and Mercury y^e salt or woman.

The Terra folcata is made out of y^e most subtle parts of both y^e spirit & body.

Which Terra folcata is called Sal Sapientum, Mercury, aqua viva, with which gold is prepared.

Out of our matter first must be distilled a Spirit, and out
of y^e Remainder must be made a Salt These two must be
work'd into y^e Terra foliata

Our body. it self. is not Turned into a Mercury for it has no
power of operating because it is a body. but y^e spirit only
whom y^e body possesses and this spirit can not work except
he be at liberty and freed from y^e hard body where it is
imprisoned

This spirit inclosed in y^e Center of our adumbrated body or
Earth must be extracted by y^e help of our Urine and
Whitelwater which is our 7 times Rectified spirit this
spirit makes y^e body spiritual and white, and convert it
into a wonderful spirit & soul. Idest Mercury et Terra foliata

The principal intent of our dissolution is, that the hard
dry body by y^e help of our spirit be reduced into a flexible
and spiritual substance

This is done by incorporating y^e spirit with y^e body
and the hard body is reduced into a spirit by imbibing and
dissolving y^e same in our 7 times Rectified spirit
and this body is prepared is, by y^e soul of y^e spirit which is
y^e fire of nature, brought into a water furnace and argent
Vive

The hard and solid substance of our body must be destroyed
by the spirit and reduced into a humid substance

The nature of y^e dissolving water is y^e same with y^e nature
of y^e dissolved body

They are brother and sister both of one original out of
one pitt from one Root or matter, hence is both their mutual
Love, and their union from y^e vneformity of nature, and after
this union it is our duplicat mercury.

The water is y^e cheif instrument in this art.

Our body is frigid outwardly. and hott and Viscous inwardly
and in this calidity and viscosity al y^e congelations of our
secret dissolution are hidden.

and Note that y^e body is Subject to our Spirit because it
has no certain forme without y^e Spirit therefore it takes the Spirit
Likewise that Receives y^e impression from a seed, and Like y^e
Vulgar Earth attracts y^e water for y^e production of vegetable
and is impregnated with y^e virtue of y^e water, as it is with
our Earth for when it Receives y^e Spirit of our matter it Receives
a heavenly nature, and this operation is Like that of man &
woman and not without a secret mixture which is a secret.

The Earth is y^e mercury or y^e woman and y^e Spirit is Sulphur
or y^e man, the Earth is safely impregnated by y^e Spirit
y^e Spirit innovates and fattens y^e body and prepares the
same into a Mercury.

The body absolutely depends from y^e Spirit.

Our Mercury & terra foliata are of no use without y^e ferment
of gold.

Our Terra foliata or y^e Sulphur of Nature sticks in y^e body
Like a precious Stone in a Rock, and our Spirit is tyed to break
y^e Rock or body to lett y^e A att Liberty.

in dissolution y^e Spirit & y^e body are y^e 2 instruments.

of Natural Calcination.

By this Operation we extract y^e mercury and y^e salt of Nature.

There are two Reasons. for this calcination is that y^e Corrupting salt Sulphureous part of our body be separated which Corrupting force doe Resist y^e fire, the other is that our Volatile aqueous Coagulable spirit which in y^e Root is joyned with y^e body, be deprived of all its heterogeneous phlegme, and so both will be Reduced into y^e Sulphur of nature and altho it is done in order to introduce Corruption Solution and alteration into y^e matter.

and I say, that y^e mixed matter must be gently dried, and Note that in y^e beginning of our dissolution the siccity must overcome y^e humidity of y^e spirit and because our spirit is of y^e quality and substance of y^e earth therefore it must by degree be Transmuted into y^e earth, and Note that the power of our fixed body be not destroyed by altho many imbibition of our spirit and Note that if y^e calcined body did always Remaine dissolved in our spirit, that then y^e spirit would never be Reduced into ashes or gummi for y^e quality of y^e body which should Congeale y^e spirit and humid part of our most secret Stone would be humid and Liquid and at last Congeale by a tedious long time into a weak matter of which we never could separate y^e forces but the same would perpetually Remaine in y^e belly of our mercury altho that it is never separable. and yett Resisting y^e fire.

for preventing of losing y^e innate calor of our green
lyon you must separate y^e aqueous humidity and y^e crump-
ing sulphureousnes from y^e body and al this only is done
by our physical Calcination or Secret Dissolution by whose ope-
rations our mixture is brought into a gummi.

This secret solution is done with a gentle fire which does not
destroy y^e seminal power of our matter, and note that al y^e
secret of this operation is, that our 7 times Rectified spirit
be killed and by y^e body be created into y^e Tenafoleata.

Of imbibition With y^e Living Water

Inhumation is contrary to calcination and is done by imbib-
ition and in this imbibition y^e drynes of our body is softened
moistened by y^e spirit and y^e body is made a spirit, y^e fix is made
volatile & y^e heavy Light.

two Things performe our dissolution namely calcination and
imbibition for one kills y^e body and y^e other makes y^e dead
body alive namely when y^e imbibition of our body is done with y^e
7 times Rectified spirit in a due measure not exceeding y^e 10 parts
and such imbibition must be done with a gentle heat according
to nature soe that our body may soe gentle gently y^e imbibed
water and note that after y^e sayd imbibition of y^e spirit upon
y^e body y^e phlegmatick excrements be removed with sayd
excrements hinder y^e matter from a due and natural union.

Note that y^e oftener and gentler y^e body is imbibed y^e bet-
ter it is and such a gentle and natural imbibition is like y^e dew
from heaven insinuating y^e dry earth.

and note that y^e Dissuccation of y^e imbibed matter is Very much necessary for y^e sayd Dissuccation gently performed y^e Earth is so Calcined that its appetite of Drinking is augmented so that y^e body may be abundantly impregnated with y^e Humidity of our Aqua Viva which is its Siler Mother & Nurse /

For when y^e Earth by such a Dissuccation looses its aqueous & Superfluous Humidity which was brought to it in y^e operation of imbibition then she fixe into it a fatter Humidity agreeable to its Nature which fatter Humidity is y^e Soil /

The better y^e sayd Matter is dried and Deprived from all Superfluous Humidity the more y^e sayd dried Earth longs to drink and is able to congeale y^e Sulphur of y^e spirit /

Note that when our Matter in y^e secret Operation of Dissolution is dried often & also often irrigated by a gentle Cotion also that y^e aqueous Humiditys may be evaporated and y^e Soul of them inspissated by often repeated imbibitions then I say y^e Natural Calor of y^e body is augmented and y^e fire of y^e body with multiplying it with y^e fire of y^e water day grows exceedingly /

For y^e Nutrition which we give to y^e body by Reiterate innovations of y^e spirit is nothing but motion or moving y^e body (commencing & proceeding from y^e Calor of y^e water /

The Substance of our body is irrigated washed & nourished and Augmented by things of its Like and it rejects all things that are Contrary to its Nature /

Al Superfluity of imbibing or diffusing y^e next matter is not
good but Noxious destroying y^e Tender-fabric of y^e body But moderation
in both Operations of imbibition & diffication which is contrary to all
Superfluity is y^e true way & measure of Nature and observe that
a moderate imbibition requires a moderate diffication /

As when y^e matter be too much diffused by y^e Violence of the
fire then you must strengthen y^e same by a proportionate innovation
with our Living Water and Note above all things that you doe
not innovate too much /

Therefore lett y^e imbibition be gentle and by degree from 8 to 8
days as also y^e diffication /

Our Earth Or green Lyon when calcined by y^e Violence of fire
then he is dead and therefore he wants resurrection which is not
done but by frequent washing of y^e same body in y^e flames of our
Living & heavenly Water for the water is y^e Living-father of all
things in y^e world /

and when by often Repeated imbibition our pretious body is washed
in y^e Living making rays of our Spirit then Certainly y^e dead are
Living glorified & Regenerated by y^e union of y^e Spirit With y^e
body /

Then y^e Terra foliata is sublimed which is impregnated with y^e
influences of y^e Living Sun of our water also that it is able
to receive y^e seed of gold /

When by often Repeated washings & imbibitions you see that
your matter grows white & gummy then sublime it /

in joyning y^e Tuna foliata with y^e red mercury and Calx of
gold put not to little nor to much into a vessel

But lett 3 parts of y^e vessel be empty and put not above one
or 2 ounces into one glass

and lett y^e external heat not master y^e internal for then there
would follow no train /

Finis

Sendivogius or Seton, De Sulphure.

Sulphur. y^e male and active part is our spirit and mercury y^e body and
out of both is made y^e physical mercury /

Sulphur or y^e spirit is y^e principal matter of y^e mercury /

This spirit Lyes hidden in y^e hidden pyre of our matter and is
there concealed Like fire in flint stones. and it lyes. for then to long
till it is forced from thence. by a great agent /

it is extracted out of y^e bowels of our Saturn /

our Red spirit y^e living fire workes every thing it is y^e heart of all
things, for it mends mettals, corrects minerals, gives and teaches
intellect to animals, makes flowers. upon Trees corrupts y^e aere
Corrects y^e same again he is y^e master of all odors. in y^e world and
y^e painter of all colours, this is our living fire /

The matter is our body. but our spirit digests & works upon it.

The body is y^e sister & mother of y^e spirit.

This Sulphur of our spirit and body which is y^e *Terra foliata* does by
its intrinsic virtue and rectitude Convert and forge y^e argent
Vive into perfect gold

The body or y^e salt, kills and forges y^e Sulphur, out of which
both growe y^e mercury & *Terra foliata* which is *Diana* /

our spirit & body are two substances diverse but of one Original
These are to be joined. and they are called two argent vives /

Finis.

Rechnung von Jahren, 16
Rechnung.

Das erste Jahr ist ein Jahr in dem ich
das zweite Jahr ist ein Jahr in dem ich
das dritte Jahr ist ein Jahr in dem ich
das vierte Jahr ist ein Jahr in dem ich
das fünfte Jahr ist ein Jahr in dem ich
das sechste Jahr ist ein Jahr in dem ich
das siebte Jahr ist ein Jahr in dem ich
das achte Jahr ist ein Jahr in dem ich
das neunte Jahr ist ein Jahr in dem ich
das zehnte Jahr ist ein Jahr in dem ich
das elfte Jahr ist ein Jahr in dem ich
das zwölfte Jahr ist ein Jahr in dem ich
das dreizehnte Jahr ist ein Jahr in dem ich
das vierzehnte Jahr ist ein Jahr in dem ich
das fünfzehnte Jahr ist ein Jahr in dem ich
das sechzehnte Jahr ist ein Jahr in dem ich
das siebenzehnte Jahr ist ein Jahr in dem ich
das achtzehnte Jahr ist ein Jahr in dem ich
das neunzehnte Jahr ist ein Jahr in dem ich
das zwanzigste Jahr ist ein Jahr in dem ich
das einundzwanzigste Jahr ist ein Jahr in dem ich
das zweiundzwanzigste Jahr ist ein Jahr in dem ich
das dreiundzwanzigste Jahr ist ein Jahr in dem ich
das vierundzwanzigste Jahr ist ein Jahr in dem ich
das fünfundzwanzigste Jahr ist ein Jahr in dem ich
das sechsundzwanzigste Jahr ist ein Jahr in dem ich
das siebenundzwanzigste Jahr ist ein Jahr in dem ich
das achtundzwanzigste Jahr ist ein Jahr in dem ich
das neunundzwanzigste Jahr ist ein Jahr in dem ich
das hundertste Jahr ist ein Jahr in dem ich

1611.

Further Notes of DM Concern ing Several Operations.

The feces after the extraction or distillation of our mercury
are black & heavy put them into a vessel with a flatt
bottom and closing the vessel very well put it into sand give
first a gentle fire for 1 day, then augment it for the next
and let the third the fire be high also that the vessel be
red hot and so continue the fire for 3 days in a brown red
heat and if there rises any white & impalpable powder a little
above the feces in the said time take it & mix it with our
mercury and being mixed with it pour it upon the remaining
Earth and extract the Terra foliata for this physical calcination
clarifies the Latona and burns abundance of terrestrial
forces and loosnes the salt in them, and the Terra foliata made
after this manner is very fine & transparent for she has
passed the Trial of fire in calcination.

The feces remaining after this Operation are of no value
and therefore not worth any more calcining.

The Spirit by a long digestion may be brought into a salt or
body alkalous and sulphurous. for note that the Spirit
contains al namely a red Sulphur a phlegme an aerial mercury
and a subtle Saline fluid body.

The Temperate water exactly purified from al Terrestrial
forces by 60 days circulation and put upon the calx of gold
mixed with a equal part of fixed lens foliata is congealed
into a gummi in 80 days. as one part of water to one of them
both

Our crude matter contains in itself the quintessence of all
Things and this quintessence is also the father of our matter and
Note then that it is impossible for the body alone to make the
mercury without the spirit, because the body is transmuted
and altered by the same quintessence by which it was formed
before in the bowels of the earth and such Transmutation is natural
and not violent for the matters making our mercury in essence
are one, but only differ that one is more ripe and the other
more raw, and Note that nature is not able to make the
mercurys in the bowels of the earth because the spiritual part
there always continues raw & crude, because of its continual
attracting of more of its like living fire with continual
attraction and motion of the matter makes the same raw for
ever without the help of an artist, but when the more raw
spirit is divided from the body by art and joined again with it
and kept in a close vessel from all attraction and Reincarnation
into its former shape, then a mercury will be made out of
them and else not, because all attraction of more raw and
spiritual fire is hindered here. and the matters are Ripened
by digestion to a perfect complement, which is the mercury
and this is the perfection of the first order, like ye flowers or
blossoms upon the trees and note all these things in the
Operation of dissolving the body in the spirit.

The best fermentation of a lixivore by ferment made of the
temperate water calx of gold and fixed Ternafoliate.

When the matter in dissolution comes to blacknes then you may
draw a liquor from it, and this liquor by cohobation carries
the tincture along with him but take notice that this be done in
a gentle Balneo.

The water distilled from the black putrified body, is weak
and yellow in the beginning but by cohobation it grows stronger
and is called aqua Viridis Leonis and also Aqua Ardens.

The blood of the body is also a natural fire as well as the spirit
and therefore it is consumed easily in putrefaction and here note that
if you work well by cohobation and strong digestion you may then
separate the mercuries from your black matter in 50 days.

All fusibility of our Elixir proceeds from the power of the ternafoliate
and if our Stone were not imbibed & fermented with the power of
this fusible sulphur it would never tinge vulgar mercury for it
would not be able to fuse.

If spirit and body were not crude both, there would be no way
to make the mercuries. for it is known that nothing is trans-
muted out of one shape into another but by corruption and in
things not crude there happens no corruption for corruption does
proceed from cruditie and rarities of matters and note that in
dissolution you must be cautious to preserve the tender and
crude spirits for these are the Life of the Compound.

in Dissolution the Soul and blood of the body is not only
dissolved. and loosened from y^e Bryson of Elements but also
it is Augmented by y^e volatile Soul with Note.

If you intend to boyle y^e body in a large quantity of spirit
into a dry matter then you must Note that the vessel be very large
and exceedingly well closed, putting on the top of it a cloath full of
hot sand for hindring of the subliming Vapors. then to settle.

The Temperate water the longer and oftener it is circulated the
better and stronger it is.

Take one body into which by a secret Calimation the Soul of y^e
spirit is most largely introduced, grind it very fine and when it is
grounded ad to it aequal parts of spirit brnde and Red mercury
grind them very well put them into a large vessel and closing y^e
Vessel very well put them into sand give first a gentle fire for 2
days opene the vessel, and Take out as much phlegme as you
can, then close the vessel again and by a strong fire make
the matter boyle and Continue this boyling so long til the
matter grow dry, then opene the vessel, and Take the dry matter
Beat it into powder very subtile and lett it resolve in the
aer or an other moist place into a Liquor, this Liquor
Circulate for 8 days, then dry it in an open vessel into a
viscous matter Note that the hard congealed matter is
resolved by y^e sharpnes of the aer Take this viscid matter &
Distill it into a Mercury & Sulphur of nature.

The Operations for the white Elixir Want not so long a
Digestion then for the red neither are the incinerations and
fermentations done so long and tedious. /

All manner of Dissolutions of any corporeal substance either in
Dissolution of the body or Permafoliata, Lett the said Dissolutions
be always filtered or decant y^e clear liquor from y^e feces. /

The Permafoliata brought from Citrinity to Rednes is better for y^e
Stone made of such a terra foliata imbibes a large quantity of
y^e ferment in incinerations. /

and when the Stone is made and fixed the first time then put the
same into a strong vessel closing it very well afoote the Stone for
8 days in a hott furnace and then incerate, for the Stone by such
an operation is more disposed to imbibe the ferment then before. /

If the Elixir by imbibing the same does not turne quick enough
into an oyle then you must Take the said Elixir and by Cohob
ating the mercury upon it aequal parts you bring it into a
fix and fusible gummi. /

There is a secret way of argmenting and multiplying our
red and white mercury after this manner.

Take one pound of y^e fixed body grind it very fine then put it
into a vessel of glass with a wide mouth, put upon it 4 ounces
of red mercury. / As the body used for this operation must by a
strong digestion be brought to rednes: close the vessel and digest
the matter for 4 days in such time the mercury has suffici-
ently /

enough penetrated the pores of our fixed Salt and note
that in mixing the body with the Red mercury that there is no
such an Effervescency nor noise as is when it is mixed with our
crude and well dephlegm'd Spirit, When 4 days are over, then
open the Vessel and evaporate gently in ashes all the Superfluous
phlegme, then take the remaining Earthly matter and grind
it in a glass vessel or mortar very well and if it be one pound and 3
ounces add to it gently and by degree 2 pound and 4 ounces of red
mercury and when all is mixed close the vessel very well into which
you doe put the matter, and put the vessel with the matter into a
vaporous bath for 12 days in which time all is dissolved and is
converted into a red and thickish Liquor which Liquor take
and having decanted it from its force put it into a cucurbit
with an alembick and distil gently all the phlegme then by
augmenting the fire you distil a red Liquor which red
Liquor cohobate twice upon the Remainders and what
Remainder will be about 3 or 4 ounces, which by a strong fire
also may be sublimed by mixing the said matter with a
Convenient Quantity of fine Earth.

Take one ounce of Calx of gold and one ounce of fixed
Ternafoliate mix it & put it into a glass crucible and
making it hott drop into it some of red mercury and
keeping it in a hott fire so long til as it is fluid & Liquid

for the Terna foliata and Calc of gold being hott & Liquid doe
melt and Condense yo but part of yo mercury Quickely, then
lett cool it will be a hard red masse breake this masse and
grind it very subtilly upon a Stone put it again into a Crucible
and Making the powdre hott melt it again with the mercury
alone so long til it is Liquid as before then lett it cool and
when cold powdre it & doe as before repeating this 4 or 5
times and your matter will be fusible with out adding any
more mercury & Fringe.

This is a Very subtille but quick way and some of yo mercury
is lost in adding it to the hott matter.

This fusible matter is safely reduced into a most penetrating
and fermenting oyle by adding to it a good Quantity of red
mercury and Circulating it for a good while.

The ardent water which is distilled from the black putrified body, if
it be mixed with fresh and well calmed fix body does by
Cohobation of the said water upon it Volatilize the body into
a Terna foliata in the space of 120 days or longer if the
Water be not Rectified.

The conversion of the Elements or the manifestation of the
hidden natures must be done by two ways either by dissolving the
body Totally in the spirit, or by imbibing the body with y^e spirit
and by this two only ways it is done for in the solution of the
body

body totally. The humid nature is predominant and in the
imbibition the dry is.

When it is brought to a gummi then it is viscous undigested
chaos, out of which y^e Red mercury & terra foliata is separated
but note that in the separation of these things you make not the
fire too big or go to fast.

The ferment is not only added to the Stone for to shorten the oper-
ation But it also makes y^e medicine 10000 times stronger if y^e
medicine be well incinerated fixed and digested.

The Philosophers say that y^e metall is reduced into their
first matter by y^e mercury and that happens when the calx
of gold is dissolved into a Liquid matter by y^e power of y^e
temperate water and this Liquid matter is y^e first matter &
note that gold calcined is more easily dissolved and more
quicker because y^e calcining fire has opened its pores also that
it imbrates itself presently with the added mercury and so
it is quickly dissolved, and know in all operations that things
calcined or assayed are of a more easy fusion then things
of a compact solid substance.

For fixation of y^e mercury either for y^e Red or the white
The Terra foliata extrinsec is far better then any calx of
metall for it congeals more ferment & also more mercury
in Purification of the fixt salt you must absolutely observe

That your matter be absolute fix and deprived of all its spirit or
elfe if there were any spirit left by your body you will never be able to
purifye the same. /

Let your Rectification of our Crude spirit be done gently for the gentler
the better and some did it in Balneo but that is to be doing. /

Note that when you dissolve your salt in water to purify the same
then Let the salt be hott for then it makes a great noise in the
Water and your oleous sulphureous & viscus matter will better
separate and swim upon the top of your dissolved matter like a salt
skin will separate from your liquor with a spoon. As you must not
separate them when the liquor is hott but when it is cold for these
are dissolved and doe unite again when cold. /

Let the dissolution of the body when it is purified with the spirit
be large. for else it will be troublesome to filter for it will line the
inside of your filter with an infinite number of little crystals, which
crystals filling up the pores of your paper, hinder filtration and a
large dissolution is also good for to settle the most subtle and
Terrestrial fogg of your body which also would never settle but always
under the operator. /

in the work of dissolution 3 things are to be observed namely that
first an introduction of humid parts into dry namely the imbibition
of your body with your spirit and dry into humid namely the dissolution
of your body in the spirit and this is done for to resolve the read

And Tinging Soul of y^e body such is the only thing that is able to
multiply vulgar gold and the only pearle we seek for and
Here y^e body is broken by y^e Razing red fumes and Vapours of
our Spirit.

Secondly the Corruption of the dissolved imbedded Salt which only
proceeds from the Soag.

Thirdly a Manifestation of Oyle Structures and meanings of the
philosophers. namely when after corruption the matter comes to
be a gummi fat & viscous and distilled into 2 new ways then the
Structure Splendore Soul are manifested.

When the matter of the Elixir is brought to that degree of
perfection that it is like unto an oyle then it unges mercury
precipitate into a medune and observe that when you will doe
this operation you must Take y^e oyle of y^e Elixir and
put it into a vessel with a wide mouth put y^e oyle upon a
warm furnace and when it is Warm put into it your
precipitate, by little & little stirring it with a glas instrument
then by such a methode you loose nothing in weight when
all is mixed then close the vessel and augment the fire by
Degrees so long til your matter wil melt then augment the
fire til it melts lett it cool and break the glass and melt it
in a Crucible for 2 hours in a strong fire.

in all operations where matters are imbedded either in

in incuration Dissolution or fermentation you must after
evaporation weigh your matter then you can see if your matter
congeals more or less of the ~~original~~ imbibed Liquor.

When the mercurys are distilled out of your altered body & spirit
then take them and put them severally into glass vessels very
well closed into a vaporous bath, lett them stand there for 12, 15,
or 20 days the longer the better to settle forces for by this
resolving heat the subtle forces of your mercury will leave them and
settle to the bottom then decant your clear & serene Liquor from them and
Rectify it.

When our crude spirit is exalted into a blew coloured oyle then this
oyle is sweet and no more corrosive for it is brought to ripeness from
immaturity.

After imbibition you must abate the saltish matter for by such
an abatement the matter is not onely disposed to a further imbibition
but the more close forces adhering to the matter are burned and
loosned with Note.

When blacknes appears and is in its full Perfection then you may
if you will dissolve the black matter in our spirit wholly and when
dissolved decant it from your forces and what is clear distill in
a glass vessel and when distilled cohobate it often gently upon
the Remainder til it rises yellow and att last Red then leave of
and separate the ardent water from your Red Oyle.

You may also dissolve the putrefied black matter in the
phlegme of our spirit and by boiling extract all the Red Tincture

Leaving behind all fumes and then separate the mercurys
from y^e phlegme w^{ch} is a gentle ^{short} ~~lapse~~ way.

Blacknes lastes 40 or 50 days before it comes to whitney but
for to hasten it you must ad spirit lost.

You may also dissolve y^e blackmatter wth a strong fire into a
fokid oyle w^{ch} Rectify upon the fix and crude body to bring
of the tracking quality and cleare it.

Take 4 ounces of terra foliata 2 of y^e fix'd body mix them very
wel and when mixed imbibe them wth our wel Rectified spirit
somuch til the become a paste then to aporate gently al superflui-
ties and digest the matter in a strong heat for 8 days but lett
the heat be not so hott, that the Terra foliata rises, or the spirit
of our Matter rise, when 8 days are over imbibe the matter again
first very wel grounded with fresh spirit and after evaporation
digest them as before in the same degree of heat and this reiterate
4 times then Take the matter and giving a good fire make all
what is Liquid Rise and when no more Liquid stuff rises mix the
Remainder with the powder of Crucibles and Sublime it into a
Terra foliata.

Let your medicine melt with equal parts of gold in a
Crucible for 4 hours, or longer, for the longer the better &
then project this Matter upon other impure mettals but clearefy them
by fusion as well as you can.

The Elixir or Stone of first fixation is volatilized by
our red mercury by fixating them for y^e space of 100 days
in a Vaporous bath.

The spiritual exalted ferment is the best for inceration of the
Stone into a fix and fusible oyle because it is more safely and
more perfectly joyned with the Stone, and gold also before its red-
uction into the ferment was fix and always retains a desire to fixation
again, and a more eager then such a body which was never fix before
and hence it is that the Stone mixed with the ferment of gold is
quickly fixed.

Take the Terra foliata and by a continual digestion and augmen-
tation of fire, bring the same to a perfect Redness then continue it in
a strong fire for 24 days longer and it will be fix and deprived of all
mercurial and sulphureous parts and if it be one ounce ad to it
 $\frac{1}{4}$ of an ounce of red mercury. Digest it for 4 days then ad again
and digest for 4 days then ad again e for 4 days digest, this doe
reiterate 24 or 25 times then take from the matter by gentle Evapor-
ation al phlegme or attracted humidity with being done put the same
into a globous Vessel and give a fire for 10 days first gentle then
strong in which time the matter will be pretty fix then ad to the top
of y^e Vessel a gentle fire and augmenting it by degree make y^e
matter melt in y^e glass into a cake then break the Vessel being
first well Couled and ad to the cake equal parts of calx of gold
melt it quickly in a strong fire and when melted continue them
for 1 hour then Take it out e it Ringes

There is a Secret for abbreviating al fixations & alterations in y^e
operation of y^e Terra foliata and red mercury as followeth.

When you have mixed the Terra foliata and mercury either red or
white to bring the same into a Stone then add to the mixture the 8th
part of ende but well dephlegmed spirit and closing y^e vessel
firmly digest it & blacknes will appear in half y^e time then if
the spirit was not added to it for know that al putrefaction
proceede from y^e fire against nature which is in our ende spirit
yet it vnripe but in y^e mercury it is ripe with rote but such
an abbreviation is to be done only for y^e mineral work.

Take and imbibe y^e body with the 10 part of our spirit from 8 to
8 days abstracting y^e phlegme and assateng it so long til it will
drinke no more which will be when 1 part of y^e body has imbibed
3 or 3½ parts of y^e spirit then take y^e snage and add to it
1½ tt more of y^e spirit rectified & well dephlegmed and closing
y^e vessel digest it in a vaporous bath for 10 days in which time all
will be Liquid, only some forcey settled to the bottom Decant the
clear Liquor from y^e forcey hott into another warm vessel and
closing & Circulate it for 50 days in which time it will be
Thickish & oily. then Open y^e Vessel and distil gently al the
Liquor but not to drynes & Lett the remaining matter be like
Lony. and y^e abstracted Liquor which is Soue and fiery
Rectify in Balnes 4 or 5 times and it will be so subtle like
spirit of wine this Liquor Cohobate vpon the Remaining Lony

Runny make and gently extract out of it the Recture and
volatile salts.

This is a Liquid and Liquid way and Note that such a gentle
Cohobation of the subtle spirit upon the remaining masse be done
in Balneo marie in a gentle heat.

Let the fire of Digestion to bring the above sayd Mixture to a Viscosity
and oleosity be pretty strong in ashes or fine sand so that you may
but laven hold y^e vessel in your hands for then by such a heat the
Spirits ascend and descend.

Our white and red mercury containe a combustible and terrestrial
Sulphur which is Separated from them and after digestion and
Rectification it remainy in y^e bottom of y^e Rectifying Vessel.

If it happens that your medicine by no means will be fusible
which comes from no good purification of y^e mercurys and terra
foliata as also from the bad fermentation and inceration then
you must Take and mix^{it} with 2 parts of calx of gold well prepa-
red by means of vulgar mercury or aqua regis put the mixture
into a box made of most pure and compact gold close it very well
put it under a muffle to be red hott by degree and when red hott
Continue it also for 3 or 4 hours then lett it cool and when could
Take it out and y^e box in which it has bin asated take and if it
be 2 ounces melt it and ad to it when in flux 2 ounces of your
assayed powder melt them for $\frac{1}{2}$ hour then cell it out and it
is brittle like antimony.

Take and project this medicine Upon Copper and when the
are to gheser in flux then ad to them a 10th part of sublimat
and also a 10 part of good Borax and keep it in flux for 2 or 3
hours then cast it out.

to know before purification if the fix body be well deprived of
al volatile spirits & Salt Take it and put it into a well Luted
retort put y^e Retort into a naked fire adding a receiver
give a strong fire for 12 hours and if there rises no Saline or
acid Liquor it is well, if does continue the fire til al is out
then break y^e Retort and your body or Salt will look purple
by y^e fire.

The Colours of al Vegetable products in the beginning are
Glees then green and att last white & red and these Colours
observe in al Operations of y^e Stone.

When Blacknes is in its highest degree then you may distill
from it a Humid Spirit by a gentle fire and when abstracted
rectify y^e same 3 times But the Remaining Blackmatter brings to
whiteness and when white you may safely extract out of this
white earth a Compleat Tena foliate by y^e help of the above
reserved Humid Spirit being first well rectified and dephleg
med.

all ways that are done quickly by strong fires and also by the
fire of suppression are dangerous. But they which are done by
gentle operations are the best and Safest.

in our matter are both red and white Tinctures which by a gentle
Resolution and Coagulation are made manifest The spirit is y^e
man & y^e body of Woman these two prepare for y^e work of
Dissolution. /

When the first body is to be dissolved in the aer or in a moist place
first elegerium in order to purify the same then you must put
it to dissolve in a place where is no smoke or dust or any strange
or noxious humidity for the salt wil attract the same by its
extractive power, and when dissolved put it into a vessel in a
Vaporous bath for 2 days in which time it wil settle abundance of
shiny forces then decant the Crystalline Liquor from y^e forces and
abstract it in an alembick into a dry salt which calcine again for 10
or 12 hours in a well covered & Luted Crucible when that is done
dissolve it again in a serene place as before and this Reiterate
so long til it is fine and clear. /

You may also put the body very finely powdered into a hogs
bladder well cleansed & binding y^e hole of y^e bladder very well
put the bladder into a Vaporous bath for 3 days. in which
time y^e salt is resolved into a Crystalline Liquor by y^e vapor
of y^e water Take out y^e Liquor and filter it through a paper
and abstract it to a skin lett it Crystallize Take y^e Crystals
& state them gently in a red hott crucible til the sal into a
poudre and the poudre be att Call Red hott take it and put
it into a fresh bladder resolve it in Saltes vapors as before
and Crystallize it with you may Reiterate so long til y^e Crystals
are like diamonds. /

The Remaining Forces of all these Operations you may work over again as before to deprive them of all their Saline and alkaline Substance.

Observe that always before you use the body you make the same red hott the powder it also hott in a warm mortar for lest it is apt to attract a heterogeneous moisture which is not only Superfluous but spoyleys your work.

In all dissolutions or imbibitions of your body with your spirit you must dephlegme the matter from all heterogeneous phlegme but when your phlegme is removed & your matter dry note that then you must abate and digest gently the said dry matter for a further imbibition or resolution of your adding Water or spirit.

When in the work of dissolution you doe observe that your matters that are liquid and subtile begin to inspissate and grow thick then know that your operation succeeds well.

and if in the operation of your said dissolution you intend to make your work stronger and more powerful, then dissolve your inspissated matters again in fresh spirit and so circulate them again to a thickness for by this Reiteration the Principle & spiritual power is mightily advanced which observe.

and if you intend to dissolve your matter over again never lett it be dry but always wet & viscous for when once congealed the solids more fast & firme then before.

When you abstract your and out water from your black and putrefied matter and have Rectified the said water 4 or 5 times and also

Dephlegmed then you ad to it $\frac{1}{2}$ part of *Terna foliata*
and Circulate it for 24 days then distill it by *soho* bason into
one water with water after you have dissolved as much of fine
silver in it you may afterwards fix it upon a fix *terra foliata*.

The *Terna foliata* may also be mixed with our crude spirit and degated
for the making of a ferment as followeth.

Take one pound of crude spirit ad to it 7 ounces of *Terna foliata* well
powdered then put the mixture into a glass vessel well closed and put
the closed Vessel into a Vaporous bath for 20 days then distill and
Cohobate the distilled Liquor upon the Remainder so long til it is alone
water with for their better union you may Take it and putt ing it
into a close vessel Circulate it for 40 days in a Balneo or ashes and it
will be gloriously Transparent.

When our Matter in dissolution is come from blacknes to be white then
Take this white Earth ad to it $\frac{1}{2}$ part of our crude spirit Lett it stand
in a warm place for 4 days and you will see upon top a thousand
Colours some Red, yellow, green, & white, then imbede again with
 $\frac{1}{2}$ part, and Reiterating this imbibition so often til your matter
be as salt & viscus as butter then leave off with imbeding: so that in
your Time of imbibition the matter Runs from one colour into another
and from one shape into another Sometimes it is like crystals Sometimes
like a Tree and more other Things: then take off by a gentle fire all
the superfluous phlegme and when also phlegme is over then augmen
t your fire and distill an ardent spirit with ardent spirit Rectify it
or 5 times then dephlegme it and when dephlegmed put it again

put it again Upon the Remander and Circulate it for 2 days then
Distill again, and put it again Upon the Remander So long til it will Come
over no more then dissolve this viscus and Corrupted masse in a
pretty Quantity of our crude and well Rectified Spirit and after
it is dissolved Lett it stand in Balneo to settle forces, then when the
forces are settled Decant yo Liquor which is clear and doe abstract it
to a hony like masse in Balneo wich masse you may distill into
a white and Red Mercury.

You may also after the white Earth is imbibed with yo spirit to
Opificity and the ardent spirit ~~abstracted~~ from it Rectify
the ardent spirit and Cohobate the same upon the Remaining matter
So long til from yellownes he grows Red and only by the Contin
uation of yo sayd Cohobation of the ardent spirit upon yo matter
Then also you may with the Red oyle extract yo Terra foliata out
of yo Remaining matter.

Then one part of Terra foliata fixed with 2 parts of gold & 2
parts of Red Mercury and one part of yo fixed body well purged
yed and when mixed fix them with a quick fire of Suppression
into a Brittle Stone.

The Temperate water After Circulation of 60 days and decant
ation from yo settled feces, may be Rectified again once or
twice and it will be very subtle for making yo ferment.

Nature in the production of its children in the Three severall
natural Kingdoms uses certain Ruly measures & Weights so that
all things may have a perfect End and be not abortive and this

and this whe also must follow in our operation for our crude matter
must be mixed with a certain Quantity of matter for to leaue it
inward soe, our Purified body must be mixed with certain quantity
of spirit to bring forth the mercury: our mercury must haue a certain
quantity of Terra foliata to make y^e Temperate water, the fixed
Terra foliata must be mixed with the due weight of mercury to be
fixed into the Stone, and the Stone must haue a certain proportion of
ferment, and the fermented and multiplyed Stone must be projected upon a
certain quantity of metal to make Transmutation and all this is done
by weight measure and proportion, and altho these ^{operations} ~~proportions~~ are not
always made with one and the same proportion of mixture yett these
different mixtures haue alwayes a certain natural weight & proportion
to bring them to a perfect & absolute End, yett these Diuers mixtures
& operations sometimes are different in that thing, that one is more
easier performed & quicker finished then the other, and it is to be
observed that in our work, the nature of one thing sometimes is streng-
-thned by y^e other mixed with it, and so that also strengthned may
bare a new mixture again with the other, and this is a piece of
ingenious art which nature is not able to performe and this is the Chief
Knowledge of all y^e Hermetical Philosophy.

Take y^e spirit and body and bring the same by several operations
into a black matter, with gently distill in Balneo, and what
distills cohobate gently 3 times upon the Remainder. If y^e Remainging
matter you may either with our crude spirit bring to wholeness and so
to a Mercury or by Cohobating gently extract its Red aske and

and Volatile Salty then Rectify this yellow water 3 times in
Balneo and when Rectified add to it a qual parts of our crude and
well Rectified Spirit when added Circulate them in a Large vessel for
10 or 12 days then gently phlegme and, with the Remaining
Liquor Operate upon our Crude body to bring it into mercury
and this Operation is quicker performed for the yellow water
has a powerful soul To bring the dead Splendor again to life.

You may also abbreviate the work of dissolution after this manner
Take one pound of y^e best Rectified Spirit and dissolve in it 4 ounces
of Terra foliata and when dissolved digest the digestion dissolved in
for 10 days, then filter it quickly and being filtered distill gently
of some of y^e Phlegme and lett y^e remainder Crystallize in a
cool place, Take y^e Crystals out and dry them but the remainder
evaporate again and doe Crystallize again and this Reiterate til
all y^e 4 ounces of Terra foliata are Turned into Crystals by this
operation, Take this Crystalline Mass and put them first powdered
into a Large Receiver and this Receiver apply to a retort in a
 Naked fire in that time When after the phlegme the Red fumes
goe over into our Crude Matter, and having Luted it very
well distill also Red Spirit upon this powder with by the power
of this Red Spirit will be dissolved into a serene water with
water You must Rectify 7 times in ashes ^{or Balneo} and after you have dephleg-
med it you may operate with it upon y^e body for to make y^e
mercury & Terra foliata in a short time

After the Terra foliata is extracted out of y^e black earth by the
Lac virginis and Red mercury/ you must take y^e Remaining earth
and calcine it gently in a close vessel, for 4 hours Red hott for by this
calcination y^e Terrestrial part of y^e matter choaking the Terra
foliata is Burned and Calcined, then Dissolve the earth in our
End spirit & after filtration and Congelation extract out of it by y^e
help of our mercury y^e Remaining Terra foliata/

King
Calid
says 3
days

2 parts
of y^e Sp^t
to one of
y^e salt

Keep y^e prepared body in a warm place that it may not Dissolve per
Deliquium and know that y^e body kept in a Liquid forme is in
time putrified by y^e aer and so after Congelating y^e same again you
will find but a Terrestrial mass in place of your best for y^e aer
has by its varying power Volatilized the hard body in a liquid forme
and this is a Secret/

The spirit must be kept in a cool place for that the Vapours of this
water may not be excited by any External heat or warme for it
would breake y^e glass/

Note that some time it happens, that after putrefaction with a sudden
heat y^e spirit rises before y^e phlegme, therefore in all such distillations
put a knife under y^e mouth of your vessel or any other metal by which
you may discern y^e spirit from y^e phlegme, for y^e spirit will
creeke upon y^e knife but not y^e phlegme/

If in any operation the intention of the artist be, to destroy the
Corporal Power of any matter then he must operate in a vaporous
bath and not in a fix or sand, for this heat is powerful both
to resolve and alter any corporal substance whatsoever/

The best way of separating the pure from y^e foule in any
Liquid Substance is that which is done by inclination for filtration
is dangerous, because subtle Liquors lose much of their power
salt Liquors stay long in the filter and saltish Liquors crystallize
in it and especially such Liquid matters as are in dissolution
and must be separated from their impurities grow could in
y^e filter & are spoiled either by Recrudation or growing (cold
Gold before it is used into a medicine must be purified by a
Reguley of Antimony, Silver by lead upon y^e Beest house for
then y^e gold thing with a cube and y^e silver is white as milk /
There is a way of Resolving and Congealing gold & Silver into
a gummi by y^e Temperate water after this manner Take
gold Silver and Terra foliata equal parts, put upon them so much
of the Temperate water that it covers them to y^e breath of one
finger, and in a Vaporous bath Digest them til all is dissolved
then Congeal it in sand into a gummi Take of from y^e gummi also
adhering phlegme.

This gummi is a good medicine

Some divide gold & Silver into Elements, that is Rectify several waters
upon them to extract the Tinctures out of them & alterate them and
then mix the said Liquors with y^e mercury & Terra foliata and so
fix them into a Stone or Elixir but it is a subtle tedious way and
full of manifold dangers.

Note that the Basis of the Liquidity of all our Liquors is of y^e
Crude spirit of y^e mercury and of all other Liquors is Common water

Nas to bring up mercury spirit or other Liquids, into fuses & fix
& fusible matters you must by several Operations deprive the floy
Living matter from y^e person of this aqueous Humidity.

And this is not done by one only operation but by several for what the
one only loosens the other separates, and what the one attenuates
the other makes quite Subtile.

When by several Operations in dissolution you doe bring the
Body with the spirit into a salt matter Take notice, that then
you doe well dephlegme it, and when dephlegmed ad to it new
spirit and so proceed but note that neither such dephlegmation
be done so hard that y^e Remaining matter be quite dry but lett it be
Liquid for it is a great deale better.

When you doe dephlegme the imbibed body or any other digested matter
then in such a dephlegmation you may lett the fire be a little stronger
then before.

You may lett the well imbibed body dissolve per deliquium in a Cellar
or other moist place, and Circulating this dissolved matter bring it
into a gummy & salt substance which substance after dephlegmation
you bring by further imbibition into a gummi.

When our body is dissolved in a large quantity of y^e spirit then observe
that before the abstraction of y^e spirit you doe Circulate the same for
some days and this also observe in Cohobation.

When you abstract your spirit from y^e salt and the salt which in the
first Cohobation was crystalline begins to grow cloudy, then know
that putrefaction begins to worke in the mixed matter.

in Conglutinations in Saltes or any other moist place & new
yolute with close y^e vessel every week for life it dissolves by
y^e Corallant humidity which evaporates from y^e water in Saltes
If it happens that your matters in Circulation grow thicker
then the need to be and you want to have them more Liquid
then take y^e vessel with y^e Matters & put the same into a vaporous
bath til they are Liquid enough & fit for y^e operation

To try the Goodnes and strength of your Rectified Spirit Take &
put a little of it upon the body grind it & if y^e body grows soft
as butter then the spirit is good but if y^e spirit be not good the
body will feel hard as if sand where mixed with it

You may Circulate the oyles of gold & Silver both into Six and
Tinging Tractures in a long time.

and to Multiply these Tractures you must embibe them with the
oyles of O and P.

if in dissolution the fire be strong then Blacknes appears sooner
but it is better to goe Easy

When y^e body is Rubefied you may extract out of it orely by Coho-
tion the red & white mercury and Note that Coho-lation does
containe all the other operations Namely digestion putrefaction
& Alteration

The red body may be mixed with Calx of gold Terra foliata & read
Mercury & fixed into a stone bottle by suppression

When you mix the Terra foliata with the mercury for the
making of the Temperate water, Take y^e mercury and make

the same warm in Sand or ashes and when warm put into it
the Terna foliola finely powdered /

Observe that in the incineration of y^e stone with the ferment
you never make y^e stone alto Liquid for it hinders a speedy
Congelation and fixation /

When y^e body with y^e spirit is dissolved in the acid per deliquium
then you must after circulation deprive them of all superfluous
& heterogeneous phlegme /

Note that you keep the prepared body in a warm place
that it does not dissolve, and lett all these operations be
done in a secret place //

semis

